



2008 MOULINS D'OR

Gloria Ann Cozier

AWARD CATEGORY – SUCCESSION

Gloria Ann Cozier inspires respect and appreciation from the members of her community and from everyone who comes into contact with her. Overcoming the obstacles she encounters, Mrs. Cozier continues on her way, with the main objective of helping others. Backed by solid experience in social work and with many years of volunteering to her credit within various organizations, she established the LaSalle Black Resources Centre, a dynamic, promising association offering support to people of all ages in the Black community.



*"The key
is putting your
heart in it!"*

A few minutes is all it takes to be overcome by Mrs. Cozier's incredible generosity. Open and empathetic, she devotes some 20 hours a week to volunteering in addition to raising her three children and working at the Jewish General Hospital in Montréal. She maintains that it's always possible to find time to do some volunteering. It's just a matter of wanting to open your heart to others and being well organized. She plans, in advance, the moments when she can give of her time. And sometimes, she gets her children involved in her volunteering activities as well, in order to increase their awareness of the importance of giving. "Helping others gives us a chance to appreciate the true value of what we have."

From a very young age, her parents initiated her in the importance of helping others. She nostalgically recalls

her childhood in Guyana, where a true community spirit reigned. "Volunteering is a way of life, a way of being." Wanting to recreate this atmosphere of mutual assistance and sharing, she spares no effort to help others. Since the establishment of the LaSalle Black Resources Centre, Mrs. Cozier has been recruiting volunteers. Perseverant, she spurs on the people in her circle to give a bit of their time, to give wholeheartedly. "We don't do volunteering to be appreciated or thanked; we do it with our heart because we love people."

The borough of LaSalle is proud to award Gloria Ann Cozier the 2008 *Moulin d'or* 2008 in the Succession category. Her renewed, dynamic energy revitalizes the volunteering scene in LaSalle.

The French version of this page is available on the borough of LaSalle's website (ville.montreal.qc.ca/lasalle).

The Moulins d'or are awards presented by the borough of LaSalle to volunteers who have particularly distinguished themselves. Eight Moulins d'or will be awarded this year—one per month: Cultural Activities, Sports, Recreational Activities, Community Activities, Succession, Loyalty, Young Volunteer and Organization. Each month, a small ceremony is held in honour of the award winner selected. Through these awards, the members of Borough Council want to pay tribute to the generosity and outstanding value of these residents or organizations.