



REGISTRATION FORM

SAINT-LAURENT / LETHBRIDGE EXCHANGE TRIP 2014

History

Since 1967, Saint-Laurent has been twinned with the City of Lethbridge in Alberta. Every year, this twinning takes the form of an exchange trip organized for the citizens of the two communities. The target clientele changes every year, for instance teens aged 14 to 16 or adults aged 55 and over.

In 2013, the program is targeting teens aged 14 to 16.

Dates

Trip to Lethbridge : July 2 to 9, 2014
Trip to Saint-Laurent : August 6 to 13, 2014

What does this trip involve?

Participants from Saint-Laurent are twinned with participants from Lethbridge. The exchange involves a one-week stay in the twin's town followed by a return visit to the home of the other twin. Participants are hosted by their twins. The exchange begins with the trip by the Saint-Laurent delegation to Lethbridge in July and will continue in August when the Lethbridge participants are hosted in Saint-Laurent.

Group activities will be organized throughout the course of the two trips to allow visitors to discover the region. The program consists of both group activities and free time. In the event that no group activities are planned, the participants will be entertained by the host families.

Participants generally have two full days to themselves during the trip.

Terms

- The participant must:
 - ❖ be a resident of Saint-Laurent;
 - ❖ be aged 14 to 16;
 - ❖ be a Canadian citizen or permanent resident;
 - ❖ be available from July 2 to 9 and from August 6 to 13, 2014;
 - ❖ be able to offer accommodation (bed in a private bedroom) to his or her twin.
- The Borough of Saint-Laurent and the City of Lethbridge cover the basic costs of outings (transportation, entrance to activities, meals). Participants need only bring a little spending money for personal items such as souvenirs.
- One Saint-Laurent employee and one elected official will accompany the participants to Alberta and can be reached at any time in case of emergency.
- The selected participants will be twinned with their Lethbridge counterparts based on their interests.
- The exchange trip comprises numerous physical activities and it is recommended that participants be in good health.
- Citizens who have already participated in an exchange trip are not eligible.
- Basic knowledge of English is necessary in order to participate in the exchange trip.

REGISTRATION FORM

- * **Age group:** **Teens 14 to 16 years old**
- * **Visit in Lethbridge:** **July 2 to 9, 2014**
- * **Visit in Saint-Laurent:** **August 6 to 13, 2014**

GENERAL INFORMATION

Last name		First name	
Gender <input type="checkbox"/> M <input type="checkbox"/> F		Date of birth	
Occupation			
Address			
Postal code	Telephone	Cellphone	
Languages spoken			
Email:			
Are you a Canadian citizen? <input type="checkbox"/> Yes <input type="checkbox"/> No If not, what is your status:			

IN CASE OF EMERGENCY Person to contact

Last name	First name
Telephone	Cellphone
Address	
Relationship	

SECURITY

Has the candidate ever been in trouble with the police or the justice system?
In case of an application for a couple, this question applies to both candidates.

☐ Oui ☐ Non

If yes, please specify:

The Borough of Saint-Laurent will check that the adults living at the same address as the participant do not have a criminal record.
The City of Lethbridge will conduct the same checks of its own candidates.

If you agree to these verifications, fill out the section below. Refusal to provide this information will result in the automatic disqualification of the candidate.

Names and dates of birth of all adults living at the same address as the participant

Gender	First name	Last name	Date of birth

HEALTH STATUS

The exchange trip itinerary includes numerous physical activities, and is recommended only for people who are in good health.

Are you able to walk for long periods of time and participate in outdoor activities?

☐ Yes ☐ No

Do you have a disability? ☐ Yes ☐ No

If yes, please specify:

Do you suffer from allergies? ☐ Yes ☐ No

If yes, please specify:

Do you follow a special diet? ☐ Yes ☐ No

If yes, what type?

Do you have any other important information about your health?

PREFERENCES AND INTERESTS

The aim of the following questions is to get to know you in order to match you as closely as possible with a participant from Lethbridge

What countries or regions have you visited?

Are you a member of any clubs or associations? Which ones?

What are your favourite hobbies?

What type of reading do you enjoy? Check all answers that apply

- | | | |
|--------------------------------------|------------------------------------|---|
| <input type="checkbox"/> Novel | <input type="checkbox"/> Cooking | <input type="checkbox"/> Essay / poetry |
| <input type="checkbox"/> Documentary | <input type="checkbox"/> Travel | <input type="checkbox"/> Other: |
| <input type="checkbox"/> Biography | <input type="checkbox"/> Spiritual | |

What type of music do you listen to? Check all answers that apply

- | | | |
|--------------------------------|------------------------------------|--------------------------------------|
| <input type="checkbox"/> Pop | <input type="checkbox"/> Country | <input type="checkbox"/> World music |
| <input type="checkbox"/> Rock | <input type="checkbox"/> Classical | <input type="checkbox"/> Other: |
| <input type="checkbox"/> Blues | <input type="checkbox"/> Jazz | |

What type of outings do you enjoy? Check all answers that apply

- | | |
|--|---|
| <input type="checkbox"/> Cultural (movies, plays) | <input type="checkbox"/> Sports (play and/or watch) |
| <input type="checkbox"/> Educational (museum, tours) | <input type="checkbox"/> Gastronomy (restaurant) |
| <input type="checkbox"/> Outdoors (hiking) | <input type="checkbox"/> Other: |
| <input type="checkbox"/> Urban (shopping, sightseeing) | |

LOGISTICS

Will you definitely be available for the dates scheduled for the exchange trip?

☐ YES

☐ NO

Visit in Lethbridge: July 2 to 9, 2014

Visit in Saint-Laurent: August 6 to 13, 2014

Have you already participated in an organized group trip?

☐ YES

☐ NO

Do you have the necessary space to accommodate your guest(s)?

☐ YES

☐ NO

If not, how do you plan to accomodate your guests?

Do you have a vehicle?

☐ YES

☐ NO

If not, how do you plan to make the transportation to the meeting point (for example : Borough Hall)?

How many children live with you? (Specify age and gender)

Are there any smokers in the house? ☐ Yes ☐ No If yes, please specify :

Would you object to being twinned with someone who smokes? ☐ Yes ☐ No

Are ther any animals in the house?

At which telephone number(s) can we reach you in the days leading up to the departure? (example: cottage number, cellphone,etc.)

MOTIVATION

Tell us in a few lines what are your motivations to take part in this exchange-trip.

[illegible]

I agree that my personal information be forwarded to the person in charge of the exchange in Saint-Laurent and in Lethbridge. This information will be used to better match participants.	
Applicant Signature :	Date
Parent or legal guardian Signature :	Date

Please return this form by **Friday, May 16, no later than 4:30 p.m.** to:
 Saint-Laurent Borough Hall
 777, boulevard Marcel-Laurin
 Saint-Laurent, QC H4M 2M7

Contact: 514 855-6000, ext. 4304
 omar.andres.fernandez@ville.montreal.qc.ca