

DESCRIPTION OF CULTURAL WORKSHOPS FOR ADULTS

Baladi I

Instruction in various styles of baladi, a Middle Eastern dance that traces its origins to Egypt. This class is aimed at women of all ages.

Baladi II

Instruction in various styles of baladi, a Middle Eastern dance that traces its origins to Egypt. This class is aimed at women of all ages. Prerequisite: must have completed the Baladi I workshop.

Calligraphy

Instruction in cursive (italic), a style of handwriting that originated during the Renaissance, as well as in various aspects of "the art of fine writing": alphabets, quills (pens), inks, paper, colours, alphabet primers, embossing, layout, decoration. Cost of materials: approx. \$45.

Contemporary painting (acrylic) – Levels I and II

Instructions on the combination of colours and chromatic effects through the application of simple principles. Cost of material: approximately \$45.

Contemporary painting (acrylic) – Levels II and III

Learn principles of colour combinations and colour effects by experimenting with simple principles. These classes are for participants who already have a basic knowledge of contemporary painting and want to develop their personal expression as well as their creativity. Cost of material: approximately \$45.

Contemporary painting – Mixed techniques – Levels I and II

Instruction in basic contemporary painting and other media during a workshop that promotes personal artistic expression. Exploration of themes, composition techniques, and harmony between colours and tones. Creation of collages, textures and colour bends. Cost of materials: approximately \$45.

Contemporary painting – Mixed Techniques – Level III

Instruction on contemporary painting techniques and on other media during a workshop that encourages personal artistic expression. Exploration of themes, and instruction on composition techniques, and on creating harmony with colours and shades. This course is intended for participants who have basic knowledge and techniques in contemporary painting. Cost of materials: approximately \$45.

Contemporary water colours

This workshop is intended for participants who are interested in using a modern approach to watercolours on different supports (paper, canvas, cardboard, etc.) while using new creative techniques. Each workshop includes the creation of a work of art by the instructor. Cost of materials: approximately \$75

Crochet and knitting

Instruction in various crochet and knitting techniques, leading to the making of clothing and decorative items. Cost of materials: approx. \$25.

Drawing and acrylic painting – Levels I and II

Instruction in and practice of various observational drawing and acrylic painting techniques (colour, contrast, composition and perspective). Cost of materials: approx. \$40.



Drawing and modelling – Long poses with live models

Drawing and clay modelling with live models during six fall and winter sessions and six spring sessions. Costs will apply to cover the models' fees.

Drawing and modelling – Live models

Drawing with live models during six fall and winter sessions and six spring sessions. Costs will apply to cover the models' fees.

Icons – Egg Tempera

Instruction in a specific, antique type of painting using a traditional technique whereby participants create a painting, which traditionally features religious themes, applied on a wooden board. Cost of materials: approx. \$60.

Illuminated letters

Instruction in the art of decorative letters. A trip back in time through the use of colour, paper, gouache and gold leaf. This art will offer participants a glimpse into the Celtic, Romanesque, Gothic, Humanist and modern historical periods. Cost of materials: approx. \$50.

Observational Drawing – Levels I and II

Instruction in and practice of various observational drawing techniques.

Oil painting – Level I

Instruction on basic oil painting techniques. Among other things, participants will learn how to draw and paint landscapes and still-life nature. The instructor will introduce the materials and explain the roles of different solvents and varnishes. Participants will produce still-life nature works and landscapes inspired by modern masters. Cost of materials: approximately \$50.

Oil painting - Levels I and II

Instruction on basic oil painting techniques. The participants will learn, among other things, the rules of composition based on sketches, and will work with oil to create a work. Still-life nature and landscapes will also be taught. Cost of materials: approximately \$50.

Oil painting – Levels II and III

This course is intended for participants with basic oil painting knowledge and techniques. Participants will learn new drawing and composition techniques. Cost of materials: approximately \$50.

Oil painting- Level III

This course is intended for participants with basic oil painting knowledge and techniques. Participants will learn new drawing and composition techniques and will strive to expand and improve their skills with figurative compositions, portraits, and urban scenes. Different creative techniques will be explored including painting with spatulas, glaze, and different textures. Cost of materials: approximately \$45

Painting on porcelain

This workshop is intended for participants who are interested in learning the basic techniques of this centuries-old art by adapting traditional models or creating their own contemporary décor items. Costs will apply to cover the materials.



Pottery, shaping, turning, ceramics

Instruction in various artisanal techniques that will allow participants to explore and practice with clay, in a workshop that favours creativity. Basic materials are included.

Sewing

Step-by-step instruction on how to sew an item of fashion, based on a commercial pattern and adapted to body shape. Students may also learn how to make decorative items for the home. Cost of materials: approx. \$25.

Silk painting

This workshop offers participants the opportunity to explore and discover techniques for painting on raw silk using vibrant, transparent colours. Make a shawl, scarf or other unique creation. Basic colours included. Cost of the silk: approximately \$20.

Stained Glass

Instruction in various steps leading to the creation of stained-glass pieces. Techniques in copper foiling, leading, painting on glass and fusing will be taught. Cost of materials: approx. \$35 for beginners and \$55 for tools.

Stained glass – Fusion

Basic glass fusion techniques for making small items such as jewellery. Costs will apply to cover the materials required for personal projects.

Stone carving

Instruction in basic stone carving techniques in a workshop that favours creativity. Cost of materials: approx. \$35 for beginners.

Yoga

Class in traditional yoga, aimed at improving participants' health and fitness while encouraging relaxation. Participants must bring their yoga mats.

Water colours - Levels I and II

Learn basic water colour techniques: how to work with colour, transparency, composition, shadows and light. Each workshop includes the creation of a work of art by the instructor. Cost of materials: approximately \$75

Water colours - Levels II and III

This workshop is intended for participants who already have basic knowledge and techniques. Each workshop includes the creation of a work of art by the instructor. Cost of materials: approximately \$75

Water colours, creativity and artistic expression

This workshop is intended for participants who are interested in stimulating their creativity and personal artistic expression. Each workshop includes the creation of a work of art by the instructor. Cost of materials: approximately \$75



Direction de la culture, des sports, des loisirs et du développement social

Wood sculpting

Instruction in basic wood sculpting techniques in a workshop that favours creativity. Cost of materials: approx. \$25 for beginners.