

# THE MAYOR'S WALK ACROSS THE BOROUGH

## COME WALK with us

**SUNDAY,  
MAY 29  
AT 10 A.M.**

As part of Physical Fitness Month and the "Montréal Bouge" program, borough residents are invited to join Pierrefonds-Roxboro Mayor, Dimitrios (Jim) Beis, in crossing the borough on foot during the second annual Mayor's walk.



This year, the event holds a special significance as it coincides with the arrival in Pierrefonds-Roxboro of the 2016 Québec Games Flame Tour. Residents are invited to take part in the Québec Games festivities that will take place during this event.

Last year, 115 borough residents accepted the Mayor's invitation and walked through the borough, from Bois-de-Liesse Nature Park to Cap-Saint-Jacques Nature Park, an excursion of more than 15 kilometers.

### Starting point

Sunday, May 29, 10 a.m.

Bois-de-Liesse Nature Park

9432, boulevard Gouin Ouest, Pierrefonds

### Lunch break

From 12 to 12:30 p.m., at the Pierrefonds Cultural Centre

13850, boulevard Gouin Ouest, Pierrefonds

### Arrival

The same day, at 3 p.m.

Cap Saint-Jacques Nature Park, 20099, boulevard Gouin Ouest, Pierrefonds

For the first part of the walk, from Bois-de-Liesse Nature Park to the Cultural Centre, residents will walk a distance of 7.5 km, lasting approximately 2 hours. Upon arrival at the Cultural Centre, participants will be offered a free light lunch. The real enthusiasts will continue their walk to the Cap-Saint-Jacques Nature Park. This 7.8-kilometre journey also has an approximate duration of 2 hours.

Participants are invited to park for free at the Cap-Saint-Jacques Nature Park and take advantage of a shuttle service that will bring them to the Bois-de-Liesse Nature Park starting point at 10 a.m.

### Registration

To register, send by email your name, phone number and address to:

[ms.seguin@ville.montreal.qc.ca](mailto:ms.seguin@ville.montreal.qc.ca). Information: 514 624-1425

All pertinent information will be forwarded to participants by email two weeks prior to the walk.

**THE ACTIVITY AND  
LUNCH ARE FREE,  
AND A T-SHIRT WILL  
BE GIVEN TO ALL  
PARTICIPANTS.**