

Water Safety Instructor (WSI)

General information and Schedule

Cégep Saint-Laurent swimming pool : 625, boul. Sainte-Croix, Saint-Laurent (the sports complex is in the back of the Cégep)

January 8 - March 20, 2016

Cost : 205\$

Please note: This course is a combination of the Water Safety Assistant-Instructor course and the Water Safety Instructor course.

Objective:

The Water Safety Instructor (WSI) Course prepares candidates to instruct the Red Cross Swim programs. Candidates focus on strategies to introduce and develop swimming and water safety skills in the Red Cross Swim Preschool, Red Cross Swim Kids, Red Cross Swim @ School, Red Cross Swim @ Camp, Red Cross Swim for Adults & Teens, and Red Cross Swim Adapted programs.

Pre-course requirement:

- RCS Kids 10 or equivalent
- 15 years old at the latest for the WSI – Online component
- Have a Bronze Cross (not required to be current)

Required Course Materials:

- WSI Workbook (current)
- Red Cross Swim Deck Book
- PIN and password for WSI – Online (includes the link to the Lesson Plan Generator and Additional Teaching Resources on the Instructor Network)

Participation and Certification:

- Candidates are required to attend and participate in 100% of all WSI Course components.
- All course components must be completed for successful completion of the WSI certification.
- Upon successful completion, candidates are certified for 1 year as a WSI.
- Complete 3 Water Safety Instructor – Online Professional Development Modules within 1 year of WSI expiry date to receive a 1-year extension on the original certification.

Water Safety Instructor (WSI)

General information and Schedule

Cégep Saint-Laurent swimming pool : 625, boul. Sainte-Croix, Saint-Laurent (the sports complex is in the back of the Cegep)
January 8 - March 20, 2016

Components of the course Date (s) and Times	Precisions
Welcome and WSI – Skills Evaluation practice session <ul style="list-style-type: none"> January 8, 2016 : 6 to 10 p.m. 	<ul style="list-style-type: none"> ✓ 1h in classroom, 3 h in pool. ✓ Welcome, information on the WSI course, outline of dates, provide WSI course package, allocation of the Teaching Experience blocks/slots, WSI – Skills Evaluation practice session at the pool. ✓ Candidates must come prepared with: something they can take notes with, agenda, bathing suit and towel.
WSI – Online component <ul style="list-style-type: none"> January 9 - 31, 2016 	<ul style="list-style-type: none"> ✓ Access to a computer is necessary. ✓ Plan 14 to 20 hours to complete the required exercises to be done at home. ✓ Once the WSI - Online component is completed, the proof of success can be saved and then sent via email to the WSIT responsible for teaching the course.
WSI – Teaching Experience (8 hours minimum) <ul style="list-style-type: none"> February 1 - 27, 2016 	<ul style="list-style-type: none"> ✓ The WSI – Online component has to be done before starting the Teaching Experience. ✓ A minimum of 8 hours of Teaching Experience must be done: 4 hours in RCSP and 4 hours in RCSK. ✓ Be available on : Monday night, Saturday and Sunday according to the schedule available ✓ Your Teaching Experience schedule will be confirmed on January 8th, 2016
WSI - Skills Evaluation Final (skills and strokes) <ul style="list-style-type: none"> February 26, 2016 : 6 to 10 p.m. 	<ul style="list-style-type: none"> ✓ 3 hours in pool. ✓ The evaluation of the skills and strokes are based on Performance Criteria of Red Cross Swim Kids level 10. ✓ The WSI – Skills Evaluation Final (skills and strokes) must be successfully completed before the WSI – Classroom and Pool component.
WSI – Classroom and Pool (21 hours) <ul style="list-style-type: none"> Dates for the course : February 28, March 6,13 and 20, 2016 Hours : 10 a.m. to 3:30 p.m. 	<ul style="list-style-type: none"> ✓ The candidates must hand over the following items to the WSIT responsible for teaching the course: WSI Workbook including the Teaching Experience Journal and the proof of successfully completed the WSI – Online component.

November, 2015