Free swim Fall 2015 August 31st to December 20th, 2015 Côte-des-Neiges swimming pool 514-342-9988

- Children under 8 years of age must be accompanied by an adult 16 years and over.
- You must have the free membership card to have access to the free swim.

MONDAY

11:30am-12:25pm 07:30pm-08:25pm 08:30pm-09:25pm	Adults with laps (16+) For all* Adults with laps (16+)		
TUESDAY 07:30am-08:15am 11:30am-12:25pm 08:30pm-09:25pm	Adults with laps (16+) Adults with laps (16+) Women and girls		
WEDNESDAY 11:30am-12:25pm 08:30pm-09:25pm	Adults with laps (16+) Men and boys		
THURSDAY 07:30am-08:15am 11:30am-12:25pm 07:30pm-08:25pm 08:30pm-09:25pm	Adults with laps (16+) Adults with laps (16+) For all* Adults with laps (16+)		
FRIDAY 11:30am-12:25pm 07:30pm-08:25pm 08:30pm-09:25pm	Adults with laps (16+) For all (diving board open)* Adults with laps (16+)		
SATURDAY 04:00pm- 04:55pm 05:00pm-05:55pm	For all (diving board open)* Adults with laps (16+)		
SUNDAY 01:00pm-01:50pm 02:00pm-02:55pm 03:00pm-03:55pm 04:00pm-04:55pm	Women and girls* Men and boys For all (diving board open)* Adults with laps (16+)		

*WADIND POOL OPEN:

MONDAY, THURSDAY AND FRIDAY:

07:30PM-08:25PM

SATURDAY: 04:00PM-04:55PM

SUNDAY: 01:00PM-01:50PM AND 03:00PM-03:55PM

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