

# métromag



## RESIDUAL MATERIAL

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Reuse  
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Telephone : 514 286-1066  
Fax : 514 286-9310

**Custom Publishing Director:**  
Martine Ménard  
martine.menard@journalmetro.com

**Advertising Sales:** Marie-Eve Fontaine  
me.fontaine@journalmetro.com

**Publisher :** Daniel Barbeau  
**Deputy Publisher:** Yves Bédard  
**Finance Director:** Bernard Roy  
**Editor:** Rénauld Fortier  
**Editorial Collaborators:**  
Marie Lyan, Marie Gagnon, Anicée Lejeune,  
Catherine Girouard  
**Proofreader:** Thomas Nordlum  
**Translator:** Nicole Kennedy  
**Team Leader, Creative Services:**  
Jimmy Nicolopoulos  
**Creative Services:**  
Linda Hersant, Geneviève Bernard  
**Distribution Manager:** Danielle Tessier

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Notre équipe d'experts en gestion de l'environnement  
est fière d'appuyer le magazine « Consommer autrement »  
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**MONTRÉAL**

3505, rue Isabelle  
Local P  
Brossard (Qc) J4Y 2R2

Téléphone : 514 270-1102  
Télécopieur : 514 270-1104

**QUÉBEC**

4600, boul. Henri-Bourassa  
Bureau 228  
Québec (Qc) G1H 3A5

Téléphone : 418 624-1105  
Télécopieur : 418 624-7057

**MIRABEL**

13 665, boul. Curé-Labelle  
Bureau 203  
Mirabel (Qc) J7J 1L2

Téléphone : 514 270-1102  
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# Message from parliament



Fellow Residents:

As cities grow, they generate more waste. This waste has a significant impact on our environment and our quality of life.

We are developing appropriate solutions here in Montréal to deal with this problem at its source: reusing, recycling, composting, recovering and only then disposing of the waste that remains.

Such a strategy requires the deployment of vast resources. Montréal, for example, has distributed more wheeled recycling bins than any other city in Québec. It is moving forward on pilot composting projects, working with ecocentres and the building of large facilities for treating organic waste. We want Montréal to go completely green in this area over the course of the decade, particularly as “green economy” activities will produce constantly increasing wealth and jobs in the future.

We are deploying substantial efforts throughout the island, but they will still fall short without your participation. Many of you have already started getting involved in this process, alongside public and private organizations. We must continue along this path, knowing that it is through simple and routine activities that we will change our habits and the way we think about our environment.

This magazine will assist you in this process. It provides addresses along with suggestions on the right (and wrong) approaches to waste management.

We thank you for your participation in this collective challenge!

A handwritten signature in black ink, appearing to read 'Gérald Tremblay'. The signature is fluid and cursive.

**Gérald Tremblay**  
Mayor of Montréal

A handwritten signature in black ink, appearing to read 'Alan DeSousa'. The signature is more formal and blocky.

**Alan DeSousa**  
Vice-chair of the Montréal Executive Committee Responsible for Sustainable Development, the Environment and Parks

# RENAISSANCE

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ont changé  
nos vies. »



## RENAISSANCE LE « R » DE LA RÉINSERTION ET DU RÉEMPLOI

Depuis ses débuts, **plus de 2 000 personnes** ont retrouvé le chemin du marché de l'emploi ou les bancs de l'école.

Ce sont aussi plus de **3 000 tonnes de biens de consommation** qui sont détournées des sites d'enfouissement chaque année.

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# RECYC-QUÉBEC, for a waste-free society



I want to congratulate the Ville de Montréal and *Métro* for their responsible initiative in preparing this guide on the management of residual materials and waste.

RECYC-QUÉBEC, marking its 20th anniversary in 2010, promotes reduction at the source, reuse, recycling and valorization (the 3Rs-V of waste management) and strives to influence production and consumption practices. Through its leadership and expertise, and by mobilizing various stakeholders, this government agency aims to make Québec a model of innovative and sustainable waste management for a waste free society.

On the eve of a new governmental waste management policy, Québec is always on the lookout for ways to improve its prevention and management practices. For the first time in 2008, more residual materials were made use of (recovered, reused, recycled and composted) than were eliminated (landfills and incineration).

At RECYC-QUÉBEC, the 3Rs-V approach guides every program, study, information, awareness-raising and education activity, partnership and event. Each

one of us, in our homes, at school and at work, can follow suit. They are simple common-sense actions that all of us can adopt and put into practice in our daily lives.

RECYC-QUÉBEC is active in each of these areas and ready to assist you. Our website features practical tools and programs to help you along the way.

## The 3Rs-V approach

The first “R,” reduction at the source, addresses the general public and businesses: it means avoiding waste production in the manufacturing, distribution and use of a product. For example, by not using unnecessary wrapping or bags that will be thrown in the garbage, we can save resources.

The second “R” signifies reuse. It refers to the repeated use of a product or packaging. Repairing articles, garage sales and second-hand stores are good illustrations of this principle in practice.

The third “R” is recycling. This means using residual materials to replace new materials in the production of an item. You are already participating in this process every day when you fill up your recycling box or choose recyclable goods and packaging.

Finally, “V” signifies valorization, a such as composting, which transforms residual material by giving it a new use.

This year, RECYC-QUÉBEC celebrates its 20 year anniversary. Twenty years since waste management in Québec consisted simply of eliminating it. That’s twenty years of dedicated action to inform, influence, support and partner with the community for a waste-free society. Success—and we can’t stress it enough—depends on everyone actively joining the collective effort.

## Ginette Bureau

President and General Manager  
RECYC-QUÉBEC

# 3Rs-V Glossary

Maybe you're unfamiliar with the vocabulary relating to residual materials? Here are a few words or expressions to remember:

- **3Rs-V:** Reduction at the source, reuse, recycling and valorization.
- **Reduction** at the source : Avoid generating residual materials in the manufacture, distribution and use of a product.
- **Reuse:** Use a product again without changing its appearance or properties.
- **Recycling:** Use residual materials by introducing them into the production cycle as a replacement for fresh materials.
- **Recovery:** First step in the process of valorizing waste materials, for example, putting yesterday's paper into the collection tool (bin, bag or bin with wheels) so that it can be recycled.
- **Valorization:** Transformation of residual materials through the reclamation of some of their properties.
- **Composting:** Type of valorization involving a simple and natural biological process in which micro-organisms break down organic waste, transforming it into compost, which is a rich soil that is great for gardening.
- **Elimination:** Method of managing household waste, among other forms of waste, by burying it.
- **Residual material:** : Used up, discarded or otherwise rejected matter or objects that are either reclaimed or eliminated.

# Going Green and Saving Money

*From being ordinary garbage just a short time ago, our residual materials have become useful resources—at least those that are not reduced at the source.*



Photo : Ville de Montréal

to intercept and valorize all the materials that can be recycled, and of course, we must continue our efforts to reduce them at the source."

A major push is needed to divert household waste from landfills, particularly organic waste. Only 12% of table and garden scraps were recovered in 2008, although they account for almost half of all the residual materials generated by Québec's households.

Québec's new draft policy on the management of residual materials, which is awaiting passage as these lines are being written, proposes an initial action plan. One of the goals is to recover and treat 60% of organic waste, by means of biological processes such as land farming, composting and biomethanation, by 2015. This goal is viewed as a way to help us make the transition to 2020, when it will be prohibited to bury compostable matter.

"The recovery and valorization of organic matter is a must," affirms Jeannot Richard, "especially since it also allows us to reduce our greenhouse gas emissions. The gouvernement du Québec will be assisting municipalities to move quickly in the upcoming years, notably through a \$650 million biomethanation and composting infrastructure program."

For the vice-president of RECYC-QUÉBEC, residual materials are resources that should be taken advantage of: "It's important to stress the value of these materials," he says, "instead of seeing them as harmful to the environment and practically worthless. Not only will this allow us to stop wasting resources, but it actually creates jobs. A ton of residual materials generates 10 times more jobs than a ton of buried waste. That says it all."

In the early 1990s, the Québec government took on the challenge of reducing the quantity of garbage being sent to landfills by initiating the separate collection of waste materials. In 1998, it pursued these efforts with the passage of a policy on the management of residual materials—the term used from that point on to designate garbage. Implementation of this policy continued until 2008. At the end of this 10-year period, recovered waste increased from 3.4 to 6.8 million tons.

Clearly, much has been accomplished since the start of the campaign against waste production and elimination. But much remains to be done, as demonstrated by the roughly 6.2 million tons of residual materials that were eliminated in 2008 – nearly half of all the waste produced in Québec over the year.

"In 2008, 57% of the residual materials were recovered, which was a 9% increase compared to 2006," notes Jeannot Richard, vice-president, Operations and Development at RECYC-QUÉBEC. "We have to keep up the momentum if we want

## 700 kilos per habitant

Between now and 2015, the gouvernement du Québec aims to reduce the quantity of residual materials eliminated per inhabitant to 700 kilograms. In 2008, the total waste eliminated per inhabitant was 810 kilograms.



# Waste Diversion

*Between now and 2015, the agglomeration of Montréal will make an unprecedented effort to divert residual materials from the landfill.*



Photo : Ville de Montréal

Sixty percent. The recovery objective announced in the agglomeration of Montréal's 2010-2014 residual materials management plan, is ambitious and may even soon rise to 80%. It is nevertheless attainable, according to Alan DeSousa, Vice-Chair of the Montréal Executive Committee, and responsible for sustainable development and environment.

"It's a very challenging plan," he agrees, "but it also provides us with the means of reducing, re-using, recycling and valorizing a maximum amount of waste during the five-year period."

Indeed, more than ever before, concerted effort is essential to reduce the volume of household garbage produced in the agglomeration of Montréal. Over one million tons of residual materials were generated in 2008, nearly 750,000 of which ended up at the landfill site: a fact that should quickly convince anyone.

**3.2 million km**

In 2008, most (nearly 84%) of the residual materials eliminated in Montréal were exported to landfill sites located off the island. Result: 3,260,000 kilometres traveled, or 81 times the earth's circumference, with all the greenhouse gas emissions resulting from 81,500 truck trips.

**551 kg per resident**

The average volume of residual materials generated per resident of the agglomeration of Montréal was calculated at 551 kg (over half a ton) in 2008, 330 kg of which had to be eliminated.

"Without question, our priority is the collection and processing of organic waste, including table and garden scraps that account for roughly half of household garbage. Only 8% is currently recovered to make compost, so we're a long way from our minimum goal of 60%."

It's a high standard, but Alan DeSousa believes that it's achievable. First, because by 2013-2014, the agglomeration of Montréal is planning to set up the necessary facilities for processing organic waste in its territory, and second, because of upcoming measures to encourage public participation in the process, notably, the implementation

All of us who are living on the island of Montréal are producing way too much garbage," claims Alan DeSousa. "Recycling more is no longer sufficient; we must also find a way to reduce the volume of our garbage. That's why the 2010-2014 waste management plan features many measures to this end."

## Residual material generated annually per individual



- **343 kg** Landfilled household residual material
- **77 kg** Residential CRD\* residual material eliminated
- **1 kg** Household hazardous waste (HHW) recovered
- **41 kg** Residential CRD\* residual material recovered
- **15 kg** Organic matter recovered
- **64 kg** Recyclable material recovered

\*construction, renovation & demolition

of a door-to-door collection program over the next few years.

"We can provide the infrastructure and adopt measures, but the public holds the key to success, not only in reducing waste at the source, but also in its re-use, recycling and valorization.

"The train is leaving the station and we need Montrealers to get on it with us. I'm confident they'll be on board," he concludes.

## Doing More with Less

Photo : Yves Provancher



**C**hanging the world, one step at a time. Marianne Roberge is a responsible citizen who has lived by *Équiterre's* slogan for many years. "Responsible consumption is one of the values of my generation," explains the young woman, now in her early 30's. "It's a whole range of small actions that do not require a large effort, just a little extra thought."

For Marianne Roberge, being an eco-consumer is mainly about exercising critical judgment, with no need to deprive yourself. Ms. Roberge has used her green box for a long time now, filling it with all the recyclables that result from her consumption habits. But she believes that it's even more important to generate less waste from the start.

"At the supermarket, I choose large formats instead of individual portions and then I store the food in smaller reusable containers. I shop in bulk food stores where the food isn't packaged, and I always bring along my reusable bag."

Marianne Roberge applies this approach to all consumer goods. Instead of giving in to advertisers' urgent messages, she asks herself: is this something I really need? Could I rent, borrow or buy it second-hand? "If I need a tool, I borrow it from a friend or I rent it," she says. "I'm also a regular at selling second-hand clothing and book stores."

Her hobbies are no exception. She makes artisanal jewellery from recovered materials such as fabric ends and fur. So you see, it's possible to have fun and be eco-responsible at the same time.

# Another Approach

*The best way to reduce waste, whether recyclable or otherwise, is to prod*



Our consumption decisions are rarely without consequences. Beyond the economic and social consequences, we must also consider their environmental impact, which can be quite serious. The manufacture, distribution and use of our goods require natural resources, and on top of that, these goods generate waste.

Although we're constantly being incited to buy, buy, buy, we do have the power to resist the temptation. But how? By adopting responsible consumer habits.

"We can both buy less and buy smarter," says Nicole-Sophie Viau, who is in charge of this initiative at the Ville de Montréal. "This applies to clothes, groceries and any other consumer good we might consider."

## We do have the power to resist the temptation. But How?

To escape the trap of overconsumption, minimize our environmental impact—and save money—reduction at the source is the first

step to take. It's the first "R" of the "3Rs-V"—reduce, reuse, recycle and valorize—and is actually the only way to avoid waste production.

# to Consumption

uce less. It's that simple.



Photo : Métro

In short, it means questioning whether we need these things and considering the impact of every item we're thinking of buying: Do I really need this? Am I actually going to use it? Is the packaging going to produce more garbage than necessary? And so on.

We can also consider alternatives that will help us to avoid overconsumption. For example, rather than buying a new tool, the occasional handy person can try to borrow it from a friend or rent it. Or get it second-hand.

The same applies to gardening tools that will only be used in the spring, the ladder we hardly ever need—in fact, anything that is not absolutely necessary.

We should also make choices based on a product's durability. To reduce personal waste production, we should avoid "throw away" goods like razors, lights, "disposable" table cloths, plates, etc., and instead buy things that can be maintained and repaired.

Another way to make responsible choices is to avoid things whose purchase alone is going to generate a lot of garbage, for example, items that come in oversized packaging. You can also use eco-friendly methods instead of hazardous household products for household cleaning jobs (see the brochure, *Maison propre, jardin vert*, at [ville.montreal.qc.ca](http://ville.montreal.qc.ca)).

Everyone can practise reduction at the source. It just means taking the time to think about and change our consumption habits.

"Always remember," concludes Nicole-Sophie Viau, "waste that is not produced doesn't have to be recovered, recycled, valorized, and, worst, eliminated. So there's no cost—social, economic or environmental."

## 5 QUESTIONS TO ASK YOURSELF

When you're about to buy something, ask yourself these questions:

- Do I really need it?
- How often will I use it?
- Do I already have something that meets the same need?
- Can I repair the thing I already own?
  - Could I rent, borrow or buy it second-hand?

When it comes to consumer products, reduction at the source requires making informed choices. It means we must think carefully about the items that are pushed at us every day.

## Wasteful, Me? Never!



Photo : Yves Provencier

Now well into her fifties, Lucie Beaupré has never been carried away by the wave of frenzied consumption. In fact, she has always tried to reduce her consumption to the strict minimum.

"Never waste anything—that was one of our family values," she says. "It would never have occurred to us to buy something we didn't need or throw away something that was still useful." It was only a small step from there to consider her consumption choices based on the waste they generate—a step she made a long time ago. It's an attitude that has led to increasingly eco-friendly choices over the years.

Twenty years ago, people in the grocery line considered Lucie Beaupré a little eccentric because she re-used plastic bags. Today, she always opts for second-hand instead of new items. "If I need to replace my car, I check the classified ads. If I want furniture for the cottage, I scan the garage sales!"

This urban environmentalist also prefers to buy food in bulk. If a product has too much wrapping, she would rather do without it than encourage a practice she disagrees with. Since it's impossible to keep every plastic food container, she checks first to see if it's recyclable.

A mother of three young adults, Lucie Beaupré always believed that processed food was too costly in terms of environmental impact, which made her develop her cooking skills. Lucie believes that by making these consumer choices she is living in harmony with nature.

# All Kinds of Savings

Responsible consumption refers to a whole range of small actions that, together, significantly reduce the quantity of garbage each of us produces. When we apply this principle to grocery shopping, we can save quite a bit. By changing our eating habits, we can eat better for less money and at the same time be more environmentally friendly.

them, and, best of all, fresh produce is bursting with flavour. To say nothing about the fact that buying local helps reduce greenhouse gas emissions. Did you know that in North America, the average distance food travels from the field to the table is 2,500 kilometres?

# 1

Cook more often. It only takes a little effort to make nourishing and economical meals. And it's also a nice way to spend time with the family. And while you're at it, why not maximize your effort by doubling the recipe and putting the leftovers in reusable containers for tomorrow's lunch?

# 2

Buy fruit and vegetables when they're in season. It's a good way to save money, especially if you take the time to conserve or freeze

# 3

Think big. When you choose large formats you save money while generating less garbage. You can do more with five kilos of flour than with a commercially packaged muffin mixture. Similarly, it's cheaper to buy yogurt in the family format than in individual portions. Add a few drops of lemon juice to water you have chilled in the fridge and you have a delicious thirst-quencher.

Keep in mind that although large formats generate less garbage, the principle doesn't apply to fresh produce. There's no advantage in buying large quantities or going for the discounts if you're just going to throw half of it out!

## Wrapping: Less is More

Cartons, plastic, protective wrap, polystyrene trays: there's never been a society as wrapped up as ours! Although most of this single use packaging is now recyclable, too much of it is ending up at the landfill.

mass of material needing to be recovered and processed. Picture the oversized cardboard and plastic boxes containing children's toys and electronics, and the excessive packaging of various food items.

Not to mention over-wrapping, which just swells the

Luckily, you as consumers can help stop this waste, or at least, limit the damage and accelerate change by making good choices. While we're waiting for store owners to be required to recover their product packaging, here are three ways to survive without packaging:

- Take your own reusable grocery bag instead of the store's plastic bag
- Buy in bulk or family format
- Choose products with a minimum of packaging
- And, when you're looking for a gift for someone, give them tickets to cultural, sporting or recreational events.



## Waste Free Lunches

Every day, both at work and at school, the lunch hour leaves unmistakable traces. A glance at the garbage pail reveals the huge amounts of waste—food scraps, juice boxes, plastic bags, and so on—that must be eliminated. Yet, it is possible to eat lunch without generating all this garbage.



Photo : Métro

It's really simple to make a meal to carry with you that won't affect the environment and will even save you money!

### Here are some lunch tips:

- Get a lunch bag or lunch box rather than using a plastic or paper bag.
- Think about your actual food needs so you don't end up with more than you can eat.
- Use reusable containers, dishes and utensils.
- Buy food in bulk or large format and store it in reusable containers rather than the ready-to-serve dishes that come individually packaged.

These are just small actions, but they set an example for our children, friends and co-workers. In the long run, you'll be making a big difference to the environment, and your wallet will be better off too!

# Reuse Centre Address Directory





# MÉTRO, THE GREEN PAPER

*Méto* is made of 40% recycled paper and 60% wood residue. We encourage you to recycle your paper when you're done reading it or to share it. Each Monday, read *Méto's* environment section, featuring the weekly column by Steven Guilbeault. Go green!

**méto** 

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# Turning Used Objects into Great Finds

*Some people's garbage can become other people's treasure. Reuse is as simple as that.*



Photo : Métro

So, it's time to get rid of something you no longer use or are tired of having around. Or, maybe you're looking for an item and don't want to blow your budget? There's a great option: the reuse sector!

Reuse means letting someone else benefit from something you no longer want, and vice-versa. Just like recycling, it gives objects another life, but in this case, without transforming them. Environmentally sound, this age-old practice is second in the 3Rs-V hierarchy, and we should be promoting it more.

"In the past, people hardly threw anything away," notes Danielle Fortin, who is in charge of this initiative for the Ville de Montréal. "But now that families are smaller, perhaps they don't know what to do with clothes their child has outgrown. That's just one example."

The list of things that can be recovered and re-used is long: electronic appliances, decoration accessories, sporting equipment, vinyl records, CDs, DVDs, small and large household appliances, tools—in short, all the objects around us, or almost.

## Diverting an object from the landfill is a practical way to benefit the environment and society

"In today's consumer society, reuse should be second nature," asserts Danielle Fortin. "Especially since it's so easy to make someone else happy by recovering something you don't want anymore."

She notes that reuse can also be a source of creativity, for example, jewellery made out of old utensils, eco-clothing lines, the transformation of outdated furniture into original, never-before-seen pieces, etc.

In fact, it's no accident that reuse is popular, attracting the naturally curious who love to rummage around for great finds: useful and necessary articles that cost practically nothing, raw materials for original creations, unusual antiques, and "previously loved" goods that are no longer commercially available (for example, discontinued books and records).

Diverting an object from the landfill is a practical way to benefit the environment and society. Rather than seeing reuse as a matter of absolute necessity, consider it as a choice: choosing to buy things you like without having to spend much money.

## Green is "In"



Photo : Yves Provender

**M**arie Turgeon, actress and spokesperson for the Literacy Foundation's Gift of Reading campaign, advocates re-use because she doesn't like to waste and set an example for her daughter Béatrice.

*"Reuse is a question of social responsibility and we should be teaching our kids about it."*

*How does she put it into practice? "Every year I recover school supplies, keeping the binders, folders and pencils that are still useable," she explains. "Also, instead of buying tons of books, we borrow them from the library."*

*The actress says that when her daughter Béatrice was younger, she shopped frequently at a used clothing store specializing in children's and maternity clothes. Now that she's older, Marie Turgeon reuses the clothes by giving them to her half-sister and friends.*

*And what about Ms. Turgeon's clothes? "I'm not a big shopper; I'm still wearing the clothes I had in my university days. But I add new things to my wardrobe by buying the clothes I wear for my roles."*

*"Buying second-hand is the new cool trend," the actress says with a laugh. "Attitudes change. Before, rich aunts gave bags of clothes to their less fortunate relatives. Now everyone can give and receive."*

# Furniture Takes on a New Life

We're all familiar with the sight of furniture sitting by the curb waiting to be taken to its final destination: the landfill. It's a common sight, especially at moving time, but one that could easily be avoided. You just have to know how.

Before putting your large objects (furniture, electrical appliances, mattresses, etc.) out on the sidewalk, contact one of a variety of social economy enterprises that are dedicated to recovering and reselling them. Or you can contact one of the shops in this sector. Some of them will even come to your home to pick up your articles.

Here are two other possibilities: bring furniture you no longer want to an ecocentre or have it picked up by the City. More information about this service is available at [ville.montreal.qc.ca/info-collecte](http://ville.montreal.qc.ca/info-collecte).



Photo : Ville de Montréal

The recovery of used furniture reduces the volume of garbage that must be collected and processed on the island of Montréal and gives people a chance to obtain second-hand furniture at a low cost. You can find furniture and even decoration accessories and it's usually in good condition or needs minor repairs or restoration that costs a few dollars.

Just head to one of the many specialized shops, antique and second-hand dealers. There are some 115 businesses that recover furniture and decoration items in Montréal. We don't lack for choice.

Remember, you don't shop for second-hand furniture the way you do for a new piece of furniture. If you're looking for a particular name, you'll probably be disappointed. Instead, you should set criteria such as functionality, size and colour and be ready to check out several shops.

# The Reuse Network

*It's never been so easy to give your things a new life thanks to Montréal's reuse network.*



Photo : Métro

No one you know wants your old couch? Your youngest has grown too big for her bike? Maybe you have something else that could still be of use? Welcome to the re-use network!

In addition to the ecocentres, roughly 350 organizations—parishes, non-profit agencies and shops—are dedicated to re-use on the island of Montréal. The Répertoire des adresses du réemploi de l'agglomération de Montréal is a directory that lists these resources by borough and city. It's a great navigating tool when you're looking for second-hand goods.

The directory's electronic version, available on the Ville de Montréal's website, also lets you search for items by category, type of agency and services provided: household appliances, sporting equipment, musical instruments, furniture and decoration, home pick-ups, etc.

If you have clothes to give away, take advantage of the nearly 500 donation boxes located

in every section of Montréal. To find out where they are, just check the website of these non-profit agencies: Fondation Grands Frères et Grandes Sœurs de Montréal, Fondation québécoise de la déficience intellectuelle and Fripe-Prix Renaissance.

## Other good options for selling or buying second-hand goods are the bazaars...

Whether you're donating to an agency or a parish, it's usually a good idea to call before you go, because every group has its own schedule and procedure. For example, one parish might accept your donations from Monday to Friday, between 8 a.m. and 3 p.m., while another will only receive them on Mondays and in the morning on Tuesdays and Wednesdays.

Other good options for selling or buying second-hand goods are the bazaars organized from time to time by many parishes and groups and, of course, garage sales. And because stock changes all the time, the more often you go, the more likely you are to find what you're looking for.



# Eco-Fashion



Photo : Métro

The kids grow up, fashion trends come and go, your clothes are spilling out the closet—all are good opportunities either to give away clothes or acquire them at an affordable price.

Clothes are easily reusable, which is a good thing because the textile industry is one of the heaviest polluters on the planet. Why? Simply because the material from which textiles are manufactured must go through numerous transformations, resulting in significant energy consumption and environmental impact before it arrives in the store in its finished form.

Montréal boasts a vast choice of used clothing and clothing accessories in its non-profit organizations, bazaars and second-hand clothing stores. There are over 150 centres for the recovery

and reuse of this material on the territory. How to find them? Simple. Flip through the Re-use Centre Address Directory to find a second-hand clothing store or shop near you. Go to one of these addresses to drop off clothes you no longer wear and you can also shop for the whole family.

You'll even find affordable designer clothing items made by eco-responsible designers. You will be amazed and charmed by their creations, many of which are made out of recycled clothing.

Note that if you're planning to drop off clothes to one of the reuse centres, separate damaged clothes from those that are still in good condition. Naturally, they should be cleaned before being donated.

## Don't Discard it, Repair it!

Is your washing machine acting up? Or maybe your TV is about to die. Are your favourite shoes getting a little worn? Have you ever thought about repairing items when they're showing a little wear and tear, rather than just throwing them out?

More than ever, our consumer society encourages us to buy, discard and replace. Yet it's often possible to extend a product's life for a fraction of what it would cost to replace it. Unless, that is, it's so cheap it would cost less to replace

than to repair it, or it's something for which replacement parts are impossible to find. Such products should be avoided because they will inevitably end up in the dump, and it will be sooner, not later.

Although it doesn't take much to repair or revamp certain things, other items, like dented pots and pans, defective electronics or a worn out sofa, need more specialized attention. Repair shops can give such items a new life, sometimes for just a few dollars.

## Reuse when you Renovate

Reuse as you renovate—a good choice! There are nine places in Montréal where you can drop off your construction materials, fittings and fixtures, or buy used articles.

Most of these places don't collect or sell large construction materials due to lack of storage space. But you can give or find doorknobs, hinges, recycled paint, etc.

Éco-Réno is the only Montréal business that specializes in the recovery and resale of construction materials. They collect and sell everything from doors, woodwork, bathtubs, fittings and fixtures.



Photo : Ville de Montréal

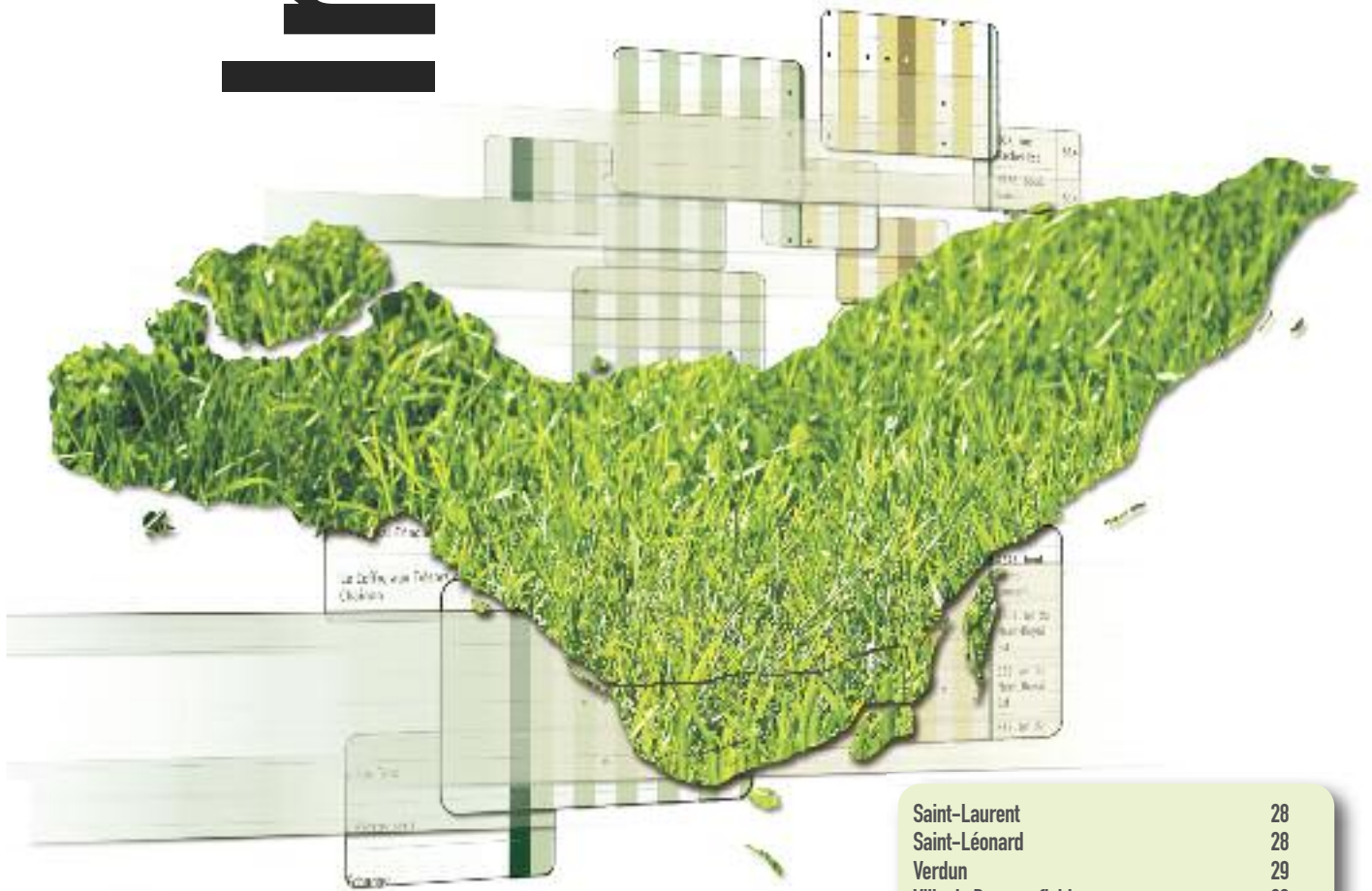
A project completed several years ago on Cuvillier Street, in Hochelaga-Maisonneuve is a great example of how renovation materials can be re-used. It involved the transformation of a turn-of-the-century triplex into a duplex. Major renovation was required and it was carried out according to sustainable development principles. A report commissioned by RECYC-QUÉBEC mentions that over half of the waste generated on the construction site was diverted from the landfill, while nearly a third of it was re-used on site.

Recovered wood was used to consolidate the building structure, build the stairway and cover the floors. Some wood pieces were even used to create furniture items.

Even if your project is on a smaller scale, you can still opt to reuse materials by making informed choices when you renovate. For example, why not revarnish your oak cupboards instead of replacing them? Or use them for storage in your garage? Use your imagination

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## Ahuntsic-Cartierville

AMRAC	•	•																		9015, rue Meilleur	514 388-5338	amrac.org
Carrousel Prêt à Reporter																				343, rue Fleury Ouest	514 389-8590	
Cartier Émilie	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	12395, rue Lachapelle	514 658-3126	cartieremilie.com
Centre ÉcoBrico	•					•														4791, rue de Salaberry	514 744-6984	sites.google.com/site/centreecobrico/
Communauté chrétienne Saints-Martyrs-Canadiens	•		•	•	•	•				•	•	•	•	•	•	•	•	•	•	10005, rue Parthenais	514 388-6529	
Comptoir Christ-Roi	•	•	•	•	•	•			•	•	•	•	•	•	•	•	•	•	•	9475, rue Berr	514 382-6714	ssvp-mtl.org
Comptoir d'entraide Saint-Benoît	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	505, av. du Mont-Cassin	514 387-4434	
Drum Guitare Plus					•															8780, boul. Saint-Laurent, bureau 2	514 276-3786	drumbazar.net
Fabrique Saint-Paul-de-la-Croix	•	•				•			•	•	•	•	•	•	•	•	•	•	•	10215, av. Georges-Baril	514 389-0206	
Friperie Mystik																				1450, rue Fleury Est	514 389-6119	
Joujouthèque de la maison des parents de Bordeaux	•				•	•														2005, rue Victor-Doré, bureau 111	514 332-6552	
Le Rappel					•															1535, rue Fleury Est	514 382-1740	
Le Reliquaire			•							•	•	•	•	•	•	•	•	•	•	1452, rue Fleury Est	514 912-6119	
Lili Café et Cie					•															650, rue Fleury Est	514 544-7181	lilicafe.ca/francais
Service d'Appareils Major		•																		9625, av. Papineau	514 384-0243	
Vestiaire Saint-Antoine-Marie-Claret	•	•	•	•	•	•			•	•	•	•	•	•	•	•	•	•	•	10630, av. Larose	514 321-2002	

## Anjou

Conférence Saint-Conrad	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	6527, rue Azilda	514 351-2887	
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## Côte-des-Neiges—Notre-Dame-de-Grâce

Acte 2																				5465, ch. Queen-Mary, bureau 234	514 739-4162	
Antiques Rich Man Poor Man Arts and Crafts		•		•	•	•			•											6250, rue Sherbrooke Ouest	514 488-4221	
Armée du Salut	•	•	•	•	•	•			•	•	•	•	•	•	•	•	•	•	•	6160, ch. de la Côte-des-Neiges	514 344-9646	armedusalut.ca
Armée du Salut	•	•	•	•	•	•			•	•	•	•	•	•	•	•	•	•	•	5762, rue Sherbrooke O.	514 488-8714	armedusalut.ca
Association Cigogne	•				•	•														3333, ch. de la Côte-Sainte-Catherine	514 341-0254	cigogne.ca
Association des parents de la Côte des neiges	•				•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	6767, ch. de la Côte-des-Neiges, bureau 599	514 341-2844	association-parents-cdn.org

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	OBNL	Appareils électroménagers	Antiquités	Articles de sport	Enregistrement audio-vidéo	Instruments de musique	Jouets et jeux	Livres, revues et documents	Matériaux de construction et quincaillerie	Informatique et télécommunication	Mobilier et décoration	Outils manuels et électriques	Petits appareils électriques	Vêtements et accessoires	Vente d'articles	Dépôt (réception d'articles)	Boîte de dons	Bazar/foire	Livraison à domicile	Collecte à domicile				Réparation	Achat de certains articles	Mise en consignation	Location
Baobab familial	•					•	•		•				•		•										6767, ch. Côte-des-Neiges, bureau 499	514 734-4097	
Centre communautaire MADA	•	•		•				•	•	•	•	•			•										6700, ch. Côte-des-Neiges, bureau 218	514 342-4969	madacenter.com
Centre communautaire Mountain Sights	•						•		•						•										7802, av. Mountain Sights	514 737-4644	
Computer Exchange									•						•					•	•				5355 A, rue Sherbrooke O.	514 487-6882	
Gestion PCNet	•								•						•	•					•				3085, ch. Bedford	514 998-2984	
Head and Hands - Programme jeunes parents	•			•		•	•			•					•										6870, rue de Terrebonne	514 483-0660	headandhands.ca
Kavanagh Vintage		•		•										•	•				•		•				5922, rue Sherbrooke O.	514 903-9334	
Librairie Diamond							•							•											5035, rue Sherbrooke O.	514 481-3000	
Livres presque 9				•			•							•							•				5885, rue Sherbrooke O.	514 482-1494	
Play it Again Sports				•										•	•										2100, boul. Décarie	514 484-5150	playitagainsports.com
PROMIS	•	•			•	•			•	•				•	•										3333, ch. Côte-Sainte-Catherine	514 345-1615	promis.qc.ca
Renaissance Côte-des-Neiges	•	•	•	•	•	•	•		•	•	•	•	•	•	•										Plaza Côte-des-Neiges - 6700, ch. Côte-des-Neiges, local 205	514 733-6330	renaissancequebec.ca
Renaissance Saint-Jacques	•	•	•	•	•	•	•		•	•	•	•	•	•	•	•									7205, rue St-Jacques O.	514 484-0145	renaissancequebec.ca
Service informatique SDS									•					•						•					3543, rue Swail	514 344-7657	
Sport-au-Gus				•										•						•	•				5808, rue Sherbrooke O.	514 369-3063	
Village des Valeurs		•	•	•	•	•	•		•	•	•	•	•	•	•										4906, rue Jean-Talon O.	514 739-1962	villagedesvaleurs.com

## Lachine

Carrefour d'Entraide Lachine	•	•	•	•	•	•	•		•	•				•	•	•									1176, rue Provost	514 634-3686	carrefourentraide.org
Centre Multi-Ressources de Lachine	•			•			•							•		•									800, rue Sherbrooke, bureau 206	514 634-3658	cmrl.ca
Interecycle		•	•	•	•				•		•			•	•						•	•			415, 18 <sup>e</sup> Avenue	514 341-9918	interecycle.com
Les Chapeaux de la Chaudière													•	•	•									•	117, 6 <sup>e</sup> Avenue	514 634-2151	chapeaux-chaudiere.com

## LaSalle

Bazar Sainte-Catherine Labourés	•	•		•	•				•	•	•	•	•	•	•	•									448, rue Trudeau	514 366-2083	
Livres Bronx							•							•	•										7682, rue Édouard	514 368-3543	
Renaissance - Centre de don LaSalle	•	•	•	•	•	•	•		•	•	•	•	•	•	•										8459, boul. Newman	514 367-4746	renaissancequebec.ca

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## Le Plateau-Mont-Royal

Ameublement Elvis	•																	4349, av. Papineau	514 522-9484	ameublementelvis.ca
Ameublement Laurier	•																	1575, av. Laurier Est	514 598-8838	
Ameublement Woodstock enr.																		4665, boul. St-Laurent	514 842-1477	
Antiques Puces Libres		•																3916, rue Saint-Denis	514 842-5931	
Antiques Hubert		•																3680, boul. St-Laurent	514 288-3804	
Antiquités Caroline		•																5601, av. du Parc	514 272-6200	
Appareils R.V. Dupuis	•																	1551, av. Laurier Est	514 522-1785	rvdupuis.com
Aux 33 tours				•														1379, av. du Mont-Royal E.	514 524-7397	aux33tours.com
Avenue Informatique																		1217, av. du Mont-Royal E.	514 524-9333	
Beatnick				•														3770, rue Saint-Denis	514 842-0664	beatnickmusic.com
Bouquinerie du Plateau				•														799, av. du Mont-Royal E.	514 523-5628	
Bouquinerie Saint-Denis				•														4075, rue Saint-Denis	514 288-5567	
Bouquiniste S.W. Welch																		225, rue St-Viateur	514 848-9358	
Boutique TRALALA																		363, av. Fairmount O.	514 656-5522	
Comptoir Irène	•			•														4201, av. Papineau	514 521-4876	
Cul-de-Sac																		371, av. du Mont-Royal E.	514 303-4781	
Cul-de-Sac																		3966, boul. St-Laurent	514 504-8417	
Cycle Pop				•														1000, rue Rachel Est	514 526-2525	cyclepop.ca
Débédé																		3882, rue Saint-Denis	514 499-8477	
Discoteca Portuguesa																		4134, boul. St-Laurent	514 843-3863	
D'un sport à l'autre				•														173, rue Bernard O.	514 278-1909	
Éco-Inkjet																		4450, rue Drolet	514 571-1422	eco-inkjet.com
Ekip				•														1153, av. du Mont-Royal E.	514 526-3805	ekkip.com
Électros Cadet	•																	4360, av. Papineau	514 527-4444	
Eureka																		3878, boul. Saint-Laurent	514 529-5859	
Folles Alliées																		365, av. du Mont-Royal E.	514 843-4904	

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Friperie Coup De foudre														•	•	•						•	•	111, av. des Pins Est	514 657-4004	
Friperie des amis			•		•	•				•		•	•	•	•		•	•	•					4395, av. Papineau	514 527-2150	maisondesamis.org
Friperie Euréka														•	•						•			3878, boul. St-Laurent	514 529-5859	
Friperie Peek a Boo!														•	•	•					•			807, rue Rachel Est	514 890-1222	friperiepeekaboo.ca
Friperie Saint-Laurent														•	•									3976, boul. Saint-Laurent	514 842-3893	
Galerie CO										•		•	•											5235, boul. Saint-Laurent	514 277-3131	galerie-co.com
Garantie Bicycle			•											•	•					•				857, rue Marie-Anne Est	514 527-3021	
Il était deux fois										•		•	•											4539, boul. Saint-Laurent	514 281-6767	
Jeunesse au Soleil	•		•	•		•	•					•	•	•	•									4251, rue Saint-Urbain	514 842-6822	sunyouthorg.com
Kabotine												•	•	•										5116, av. du Parc	514 651-5201	kabotine.com
La Bicycletterie J.R.			•											•						•	•	•		201, rue Rachel Est	514 843-6989	labicycletteriejr.com
Le Cheval Fringué												•	•											448, rue Fabre	514 277-2187	
Le Coffre aux Trésors du Chaïnon	•	•	•	•	•	•	•		•		•	•	•	•	•	•	•	•	•					4375, boul. Saint-Laurent	514 843-4354	lechainon.org
Le Colisée du Livre				•			•							•							•			1809, av. du Mont-Royal Est	514 521-6118	
Le Débarras			•	•		•				•	•	•	•				•	•			•			269, av. du Mont-Royal Est	514 845-2316	debarras.ca
Le Fox Troc				•										•							•			819, av. du Mont-Royal Est	514 521-9856	
Le Rétroiseur												•	•	•							•			751, rue Rachel Est	514 528-1645	
L'Échange				•		•	•						•						•		•			713, av. du Mont-Royal Est	514 523-6389	cdechange.com
Les Trouvailles des Petits Frères des Pauvres	•	•	•	•	•	•	•		•		•	•	•	•	•	•	•	•						1380, rue Gilford	514 523-8280	petits-freres.org
Librairie Bonheur d'Occasion							•							•	•						•			4487, rue de La Roche	514 522-8848	
Librairie Guérin							•							•							•			4440, rue Saint-Denis	514 843-6241	
Librairie Henri-Julien							•							•					•		•			4800, av. Henri-Julien	514 844-7576	
Marché du Disque				•									•								•			793, av. du Mont-Royal Est	514 526-3575	
Mission communautaire Mile-End	•					•	•				•	•	•			•	•							99, rue Bernard O.	514 274-3401	mileendmission.org

Organisation	Catégories d'articles (vente ou don)													Services offerts							Adresse	Téléphone	Site internet				
	OBNL	Appareils électroménagers	Antiquités	Articles de sport	Enregistrement audio-vidéo	Instruments de musique	Jouets et jeux	Livres, revues et documents	Matériaux de construction et quincaillerie	Informatique et télécommunication	Mobilier et décoration	Outils manuels et électriques	Petits appareils électriques	Vêtements et accessoires	Vente d'articles	Dépôt (réception d'articles)	Boîte de dons	Bazar/foire	Livraison à domicile	Collecte à domicile				Réparation	Achat de certains articles	Mise en consignation	Location
Moly Kulte																									5333, rue Casgrain, bureau 1002-B	514 464-1864	molykulte.com
Monastiraki			•		•																		•	•	5478, boul. Saint-Laurent	514 278-4879	monastiraki.blogspot.com
Paroisse Saint-Stanislas	•	•		•	•		•	•		•	•	•	•	•	•		•	•	•						4816, rue Garnier	514 524-3533	
Primitive					•																	•			3830, rue Saint-Denis	514 845-6017	
Réal Giguère Télévision					•	•						•							•	•	•				828, rue Marie-Anne Est	514 523-2348	
Refuge des Jeunes	•												•		•										3767, rue Berri	514 849-4221	refugedesjeunes.org
Rétromania														•	•							•			820, av. du Mont-Royal Est	514 596-2618	
Saint-Pierre-Claver			•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•					4885, rue de Bordeaux	514 527-7563	
Sanctuaire Saint-Sacrement Fraternité Monastique	•	•		•	•	•	•		•			•	•	•	•		•								500, av. du Mont-Royal Est	514 524-1131	
Sonik					•										•	•						•	•		4050, rue Berri	514 288-2113	
Vertige Pop Boutique										•				•								•			806, av. du Mont-Royal Est	514 890-6146	vertigemontreal.com

## Le Sud-Ouest

La Gaillarde	•													•	•	•									4019, rue Notre-Dame Ouest	514 989-5134	lagailarde.blogspot.com
André l'Écuyer Antiquités			•							•					•	•		•	•		•				1896, rue Notre-Dame Ouest	514 932-8461	
Antiquités Landry			•							•					•				•	•					1726, rue Notre-Dame Ouest	514 937-7040	
Antiquités Rowntree			•												•										780, av. Atwater	514 933-5030	rowntreeantiques.com
Armée du Salut	•	•		•	•		•		•	•	•	•	•	•	•	•	•	•	•						1620, rue Notre-Dame Ouest	514 935-7427	armedusalut.ca
ARTE		•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•			•			4865, av. Dunn	514 983-7730	
Au Regratier			•							•					•				•	•		•	•		3734, rue Notre-Dame Ouest	514 227-3758	
Aubaines du Quartier		•	•							•	•				•	•			•	•	•				1940, rue du Centre	514 932-9479	
Brocante Saint-Henri		•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•						4005, rue Notre-Dame Ouest	514 933-5212	
CEDA - Comité d'éducation des adultes Saint-Henri	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•						2515, rue Delisle	514 596-4422	ceda22.com

Organisation	Catégories d'articles (vente ou don)														Services offerts							Adresse	Téléphone	Site internet			
	OBNL	Appareils électroménagers	Antiquités	Articles de sport	Enregistrement audio-vidéo	Instruments de musique	Jouets et jeux	Livres, revues et documents	Matériaux de construction et quincaillerie	Informatique et télécommunication	Mobilier et décoration	Outils manuels et électriques	Petits appareils électriques	Vêtements et accessoires	Vente d'articles	Dépôt (réception d'articles)	Boîte de dons	Bazar/foire	Livraison à domicile	Collecte à domicile	Réparation				Achat de certains articles	Mise en consignation	Location
Entraide Les Amis de Montréal	•		•	•	•	•	•			•	•	•		•	•			•	•		•				3723, rue Notre-Dame Ouest	514 846-9222	entraide-montreal.com
Freddy Weil Antiquités inc.			•												•			•							1654, rue Notre-Dame Ouest	514 846-3710	
Friperie MPC	•													•	•				•						1960, rue du Centre	514 939-9157	
Friperie... Et Plus	•			•	•	•	•			•	•				•	•			•						1966, rue du Centre	514 937-0817	
Gogofrisette										•					•	•									4911, rue Dagenais	514 932-0097	gogofrisette.ca
Grand Central inc.			•												•			•	•	•		•	•		2448, rue Notre-Dame Ouest	514 935-1467	grandcentralinc.ca
Harricana															•	•				•	•				3000, rue St-Antoine Ouest	514 287-6517	harricana.qc.ca
La Maison du Partage d'Youville	•	•				•			•	•		•	•	•	•		•								2327, rue du Centre	514 935-9846	
L'Antiquaire			•												•			•	•	•					2451, rue Notre-Dame Ouest	514 937-0057	
Les Services B&N (1979) Ltée			•												•			•		•					5157, rue Notre-Dame Ouest	514 935-2465	
Milord Antiquités inc.			•												•										1870, rue Notre-Dame Ouest	514 933-2433	milordantiques.com
Mission Bon Accueil	•					•								•	•	•	•								4755D, rue Acorn	514 523-5288	missionbonaccueil.com
Mission du Grand Berger	•	•	•	•	•	•	•			•		•	•	•	•	•	•	•	•						2510, rue du Centre	514 933-9608	missiongrandberger.com
Partageons l'espoir	•													•	•				•						625, rue Fortune	514 933-5599	partageonslespoir.ca
Pas à papier										•					•										4911, rue Dagenais	514 932-0097	pasapapier.com
Point de couture T.L.H.	•	•	•	•	•	•	•			•	•	•	•	•	•				•						1130, rue Charlevoix	514 937-1299	
Réseau-Bureautique										•					•							•	•		4700, rue Saint-Ambroise	514 849-1515	
ReStore	•	•	•				•			•	•	•			•				•						4399, rue Notre-Dame O.	514-907-8991	habitatmontreal.qc.ca
Rien de Neuf			•												•			•	•	•					2660, rue Notre-Dame Ouest	514 932-8838	
Saint-Paul N.D.P.S.	•		•	•	•	•	•			•	•	•	•	•	•										5959, boul. Monk	514 768-2853	
Trésors de l'Île			•	•	•	•	•			•	•	•	•	•	•			•	•	•	•	•			3629, rue Notre-Dame Ouest	514 572-2621	
Tyndale Treasures	•				•	•						•	•	•	•		•								731, rue des Seigneurs	514 935-2084	
Vélamakak inc.				•											•	•			•	•	•	•			215, rue Murray	514 831-4560	
Vestiaire Saint-Charles	•	•	•	•	•	•	•			•	•	•			•		•	•	•						2111, rue du Centre	514 932-5335	



Organisation	Catégories d'articles (vente ou don)													Services offerts						Adresse	Téléphone	Site internet						
	OBNL	Appareils électroménagers	Antiquités	Articles de sport	Enregistrement audio-vidéo	Instruments de musique	Jouets et jeux	Livres, revues et documents	Matériaux de construction et quincaillerie	Informatique et télécommunication	Mobilier et décoration	Outils manuels et électriques	Petits appareils électriques	Vêtements et accessoires	Vente d'articles	Dépôt (réception d'articles)	Boîte de dons	Bazar/foire	Livraison à domicile				Collecte à domicile	Réparation	Achat de certains articles	Mise en consignation	Location	
Viva Galerie		•												•											1970, rue Notre-Dame Ouest	514 932-3200		
Y. Philippe Harvey Antiques		•												•	•		•	•	•	•	•	•	•	•	•	2518, rue Notre-Dame Ouest	514 846-1487	

## L'Île-Bizard—Sainte-Genève

À Cœur Ouvert	•		•	•	•	•	•	•	•	•	•	•	•	•	•										397, rue Cherrier	514 626-8150		
Renaissance - Centre de don Bizard	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•										570, boul. Jacques-Bizard	514 626-8741	renaissancequebec.ca

## Mercier—Hochelaga-Maisonneuve

Antiquités Brocantes André Comeau		•												•												4221, rue Sainte-Catherine E.	514 524-4441	
Armée du Salut	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	3444, rue Ontario Est	514 529-4025	armedusalut.ca
Atelier Violi														•	•											4039, rue Sainte-Catherine E.	514 528-5758	
Boutique de la Récupération du Vélo enr.			•											•	•											8370, rue Hochelaga	514 351-1315	
Carrefour familial Hochelaga	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	1611, av. d'Orléans	514 523-9283	ssvp-mtl.org
Comptoir d'aubaine Saint-François-d'Assise	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	750, rue Georges-Bizet	514 353-2620	
Conférence Longue-Pointe		•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	6055, rue Hochelaga	514 255-5784	
Escale Famille le Triolet	•													•	•											3100, rue Arcand	514 252-0289	
Gene Vélo Sport			•											•	•											3235, rue Ontario Est	514 525-2737	
La Corde à Linge	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	8859, rue Hochelaga	514 354-9780	
La Note				•										•												4301, rue Ontario Est	514 899-5677	
Le Butin		•												•												3687, rue Sainte-Catherine E.	514 523-2138	lebutin.com
L'Idée Fixe				•	•	•																				3320, rue Ontario Est	514 527-2121	
Ordi occasion									•					•	•											8763, rue Sherbrooke Est	514 680-4486	ordioccasion.ca
Paroisse Marie-Reine-des-Cœurs	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	5905, rue Turenne	514 259-3786	
Regroupement Entre Mamans	•					•								•												3363, rue de Rouen, app. 1	514 525-8884	entremamans.qc.ca
Renaissance - Centre de don Cadillac	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•										6002, rue Sherbrooke Est	514 256-4764	renaissancequebec.ca
Renaissance Pie-IX	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•										2030, boul. Pie-IX	514 227-2841	renaissancequebec.ca

Organisation	Catégories d'articles (vente ou don)													Services offerts							Adresse	Téléphone	Site internet						
	OBNL	Appareils électroménagers	Antiquités	Articles de sport	Enregistrement audio-vidéo	Instruments de musique	Jouets et jeux	Livres, revues et documents	Matériaux de construction et quincaillerie	Informatique et télécommunication	Mobilier et décoration	Outils manuels et électriques	Petits appareils électriques	Vêtements et accessoires	Vente d'articles	Dépôt (réception d'articles)	Boîte de dons	Bazar/foire	Livraison à domicile	Collecte à domicile				Réparation	Achat de certains articles	Mise en consignation	Location		
Rétro Pop																										3257, rue Ontario Est	514 893-9839		
Rétro Pop																											3939, rue Sainte-Catherine E.	514 893-9839	
S.O.S. Vélo																											2085, av. Bennett	514 251-8803	sosvelo.ca
Vertige Pop Déco																											4128, rue Sainte-Catherine E.	514 523-1717	vertigemontreal.com
Vestiaire Hochelaga-Maisonneuve																											3944, place Jeanne-D'Arc	514 523-0202	
Vestiaire Le Cap Saint-Barnabé																											1475, av. Bennett	514 251-2081	
Vestiaire Saint-Justin : la Ruhe																											8830, rue de Grosbois	514 356-9541	
Village des Valeurs																											2033, boul. Pie-IX	514 528-8604	villagedesvaleurs.com

## Montréal-Nord

Accueil chez Frédéric																											11900, av. l'Archevêque	514 328-4982		
Ameublement Delorimier																												10530, boul. Pie-IX	514 955-3242	
Bijoux Acces inc.																												5849, boul. Henri-Bourassa E.	514 329-2274	
Collectophile																												3570, boul. Henri-Bourassa E.	514 955-0355	librairiecollectophile.com
Fondation des Grands Frères et Grandes Sœurs de Montréal																												10871, av. Salk, bureau A	514 845-7920	fongfgsmtl.org
Galaxy Musique																												3748, rue Fleury Est	514 327-5722	
Ordinateurs neufs et usagé Orustech																												3316, rue Monselet	514 852-0011	makisoft.net/orustech
Sport Multi Échange																												6085, boul. Henri-Bourassa Est	514 326-3254	
Village des Valeurs																												5630, boul. Henri-Bourassa E.	514 327-7447	villagedesvaleurs.com

## Outremont

Appareils Ménagers Outremont																												5999, av. du Parc	514 271-5297	
Friperie Morgane																												1308, av. Van Horne	514 278-1101	
Julie et Benjamin																												1351, av. Van Horne	514 277-0304	
Librairie Outremont																												1284, av. Bernard Ouest	514 277-5119	
Paroisse Sainte-Madeleine																												750, av. Outremont	514 272-6933	
Via Mondo																												1103, av. Laurier Ouest	514 278-7334	

Organisation	Catégories d'articles (vente ou don)													Services offerts							Adresse	Téléphone	Site internet				
	OBNL	Appareils électromagnétiques	Antiquités	Articles de sport	Enregistrement audio-vidéo	Instruments de musique	Jouets et jeux	Livres, revues et documents	Matériaux de construction et quincaillerie	Informatique et télécommunication	Mobilier et décoration	Outils manuels et électriques	Petits appareils électriques	Vêtements et accessoires	Vente d'articles	Dépôt (réception d'articles)	Boîte de dons	Bazar/foire	Livraison à domicile	Collecte à domicile				Réparation	Achat de certains articles	Mise en consignation	Location
Yazz Boutique		•		•	•	•	•				•			•	•				•	•					44, av. Van Horne	514 543-6659	boutiqueyazz.com

## Pierrefonds-Roxboro

Antiquités Jean-Claude enr.		•									•			•						•	•				10394, boul. Gouin Ouest	514 683-1959	
Armée du Salut	•	•	•		•	•	•			•		•	•	•	•				•	•					11815, boul. de Pierrefonds	514 683-6414	armedusalut.ca
Aspirateur Desjardins		•										•		•	•				•	•					10450, boul. Gouin Ouest	514 421-2289	
Friperie du fond de dépannage de l'Ouest-de-l'Île	•					•	•			•		•	•	•	•					•					9, rue Centre-Commercial	514 683-0456	

## Rivière-des-Prairies—Pointe-aux-Trembles

Le Grenier d'Ozanan	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•							700, boul. Saint-Jean-Baptiste	514 645-0452	
M&M Sports inc.				•								•	•							•	•				11685, rue Victoria	514 645-3255	
Renaissance Pointe-aux-Trembles	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•							1530, boul. Saint-Jean-Baptiste	514 640-0245	renaissancequebec.ca
Secret Bien Gardé														•	•										3463, rue Robert-Chevalier	514 644-9527	
Vestiaire Sainte-Marthe	•	•	•	•	•	•	•			•	•	•	•	•	•	•	•	•							8280, boul. Gouin Est	514 881-1655	
Vestiaire Saint-Joseph R.D.P.	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•							11627, boul. de la Rivière-des-Prairies	514 643-0590	

## Rosemont—La Petite-Patrie

Armée du Salut	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•							7066, rue St-Hubert	514 276-0349	armedusalut.ca
Bazar Masson		•	•		•					•	•								•	•	•	•	•	•	3818-3826, rue Masson	514 721-1515	
Boutique Oui je le Voeux												•	•												6924, rue Saint-Hubert	514 276-2945	ouijevoeux.com
Computation Ltd.														•	•				•	•	•				7080, rue Alexandra	514 773-2847	computation.ca
Coopérative de solidarité DesÉquilibres	•		•											•		•							•		15, rue Bellechasse	514 495-2828	desequilibres.org
Éco-Réno	•	•					•	•						•	•				•	•		•	•		6631, av. Papineau	514 725-9990	ecoreno.com
Électro Beaubien P.J.		•																	•	•	•				1530, rue Beaubien E.	514 273-1881	
Grossesse-Secours	•					•			•				•	•	•										79, rue Beaubien E.	514 271-0554	grossesse-secours.org
Importations du Palais									•		•								•	•	•	•			1960, rue Beaubien E.	514 277-7995	
Insertech Angus	•								•					•	•						•				2600, rue William-Tremblay, bureau 110	514 596-2842	insertech.qc.ca



Organisation	Catégories d'articles (vente ou don)													Services offerts						Adresse	Téléphone	Site internet						
	OBNL	Appareils électroménagers	Antiquités	Articles de sport	Enregistrement audio-vidéo	Instruments de musique	Jouets et jeux	Livres, revues et documents	Matériaux de construction et quincaillerie	Informatique et télécommunication	Mobilier et décoration	Outils manuels et électriques	Petits appareils électriques	Vêtements et accessoires	Vente d'articles	Dépôt (réception d'articles)	Boîte de dons	Bazar/foire	Livraison à domicile				Collecte à domicile	Réparation	Achat de certains articles	Mise en consignation	Location	
Musique Kitts						•									•										5350, rue Jean-Talon E.	514 725-7473		
Play It Again Sports				•											•	•										8295, rue Langelier	514 259-5355	playitagainsportsstleonard.com
Renaissance - Centre de don Métropolitain	•	•	•	•	•	•			•	•	•	•	•		•	•									5580, boul. Métropolitain	514 253-9220	renaissancequebec.ca	
Sports aux Pucés Métropolitain				•											•						•	•	•		5727, boul. Métropolitain E.	514 955-5585	sapmetro.com	

## Verdun

Ameublement Delorimier		•													•				•	•					539, rue de l'Église	514 766-6615	
Association Entre tes Mains	•		•			•	•					•	•	•	•	•				•					4924, rue Wellington	514 767-2444	
Le magasin des économies	•		•	•		•	•					•	•	•	•	•									4949, rue Verdun	514 766-2349	
Meubles restaurés et antiquités de Verdun			•			•	•								•				•	•	•	•	•		4835, rue Wellington	514 761-1541	
Récupération R.E.G. enr.					•		•					•	•	•	•	•		•	•	•					3795, rue Wellington	514 362-9181	
Renaissance - Centre de don Île-des-Sœurs	•	•	•	•	•	•	•		•	•	•	•	•		•	•									750, chemin du Golf	514 768-9835	renaissancequebec.ca
Renaissance Verdun	•	•	•	•	•	•	•		•	•	•	•	•	•	•	•									4261, rue Wellington	514 766-5059	renaissancequebec.ca

## Ville de Beaconsfield

Boutique d'occasion pour Nova	•					•									•	•				•					449, boul. Beaconsfield	514 694-8417	
Renaissance - Centre de don Beaconsfield	•	•	•	•	•	•	•		•	•	•	•	•		•										42B, boul. Saint-Charles	514 426-4765	renaissancequebec.ca

## Ville de Dollard-Des Ormeaux

Book Market						•									•										3343H, boul. des Sources	514 683-9890	bookmarket.ca
GM Appliances Entreprises		•													•				•	•					149, rue France	514 684-1270	
Village des Valeurs			•	•	•	•	•								•	•									3399, boul. des Sources	514 684-1326	villagedesvaleurs.com

## Ville de Dorval

Geep Ecosys Montréal															•	•			•	•	•	•			1615, 55 <sup>e</sup> Avenue	514 636-9625	geepecosys.com
Renaissance - Centre de don Dorval	•	•	•	•	•	•	•		•	•	•	•	•		•	•									660, chemin du Bord-du-Lac	514 636-4746	renaissancequebec.ca
The used clothing, Boutique Parish	•												•	•											865, chemin du Bord-du-Lac	514 631-3601	montreal.anglican.org/parish/dorval/index.htm

## Ville de Kirkland

Book Market						•									•	•									2935, boul. Saint-Charles	514 694-1546	bookmarquet.ca
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Catégories d'articles (vente ou don)

Services offerts

Organisation	OBNL	Appareils électroménagers	Antiquités	Articles de sport	Enregistrement audio-vidéo	Instruments de musique	Jouets et jeux	Livres, revues et documents	Matériaux de construction et quincaillerie	Informatique et télécommunication	Mobilier et décoration	Outils manuels et électriques	Petits appareils électriques	Vêtements et accessoires	Vente d'articles	Dépôt (réception d'articles)	Boîte de dons	Bazar/foire	Livraison à domicile	Collecte à domicile	Réparation	Achat de certains articles	Mise en consignation	Location	Adresse	Téléphone	Site internet
Boutique d'occasion pour Nova	•												•	•	•										2750, boul. Saint-Charles	514 697-6692	
Play it Again Sports 2				•									•	•	•						•	•			2973, boul. St-Charles	514 697-1079	playitagain sportskirkland.com

## Ville de Montréal-Est

Les lutins verts	•						•								•	•	•								421, avenue Marien	514 640-0101	leslutinsverts.ca
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## Ville de Montréal-Ouest

Échange de Ski				•											•										54, av. Westminster Nord	514 486-2849		
Ultrasoft Innovations inc.									•						•											37, av. Westminster Nord	514 487-9293	1-800-notebook.com

## Ville de Pointe-Claire

Boutique Annie & Sue													•	•	•											304, chemin du Bord-du-Lac	514 697-3204	
Boutique Au Jardin D'Enfant							•				•		•	•												325, chemin du Bord-du-Lac	514 428-0820	
La Book-tique					•		•						•	•					•	•	•					79-81, av. Donegani	514 694-5553	usedbookcircle.com
Trading Post													•	•												19, avenue de la Baie-de-Valois	514 695-1872	boutiquetrading post.ca

## Ville de Sainte-Anne-de-Bellevue

Bazar de la Paroisse Sainte-Anne-de-Bellevue	•		•	•	•	•	•		•		•	•	•	•	•											1, rue de l'Église	514 457-5499	
Boutique d'occasion pour Nova	•			•		•							•	•	•											43, rue Sainte-Anne, bureau 2	514 457-1642	
Boutique d'occasion pour Nova	•				•		•								•	•										43, rue Sainte-Anne, bureau 3	514 457-1948	

## Ville de Westmount

Lapidarius Antiquaire			•												•											1312, av. Greene	514 935-2717	lapidarius.com
Le Pays d'OZ							•	•							•	•										342B, av. Victoria	514 485-9610	
Sharyn Scott															•	•										4925, rue Sherbrooke Ouest	514 484-6507	

## Ville-Marie

À l'Antiquité Curiosité										•					•				•	•						1769, rue Amherst	514 525-8772	
Accueil Bonneau	•						•						•	•												427, rue de la Commune Est	514 845-3906	accueilbonneau.com

Organisation	Catégories d'articles (vente ou don)														Services offerts						Adresse	Téléphone	Site internet				
	OBNL	Appareils électroménagers	Antiquités	Articles de sport	Enregistrement audio-vidéo	Instruments de musique	Jouets et jeux	Livres, revues et documents	Matériaux de construction et quincaillerie	Informatique et télécommunication	Mobilier et décoration	Outils manuels et électriques	Petits appareils électriques	Vêtements et accessoires	Vente d'articles	Dépôt (réception d'articles)	Boîte de dons	Bazar/foire	Livraison à domicile	Collecte à domicile				Réparation	Achat de certains articles	Mise en consignation	Location
Ameublement Frontenac inc.		•	•								•				•				•	•	•	•			1840, rue Frontenac	514 522-6988	ameublementfrontenac.com
Antiquités A@Z			•			•				•					•		•		•	•	•	•			1840, rue Amherst	514 598-0144	
Appareils Ménagers Cobra enr.		•													•				•	•	•				1345, rue Ontario Est	514 596-1822	cobraelectro.com
Atelier-Meubles	•	•	•	•						•		•			•				•	•					1930, rue de Champlain	514 525-2491	
Audio d'Occasion				•								•			•				•				•	•	1325, rue Ontario Est	514 522-2020	audio-occasion.qc.ca
Boutique Eva B		•	•	•	•	•	•			•		•	•	•	•							•	•		2015, boul. Saint-Laurent	514 849-8246	
Boutique Jack's										•		•			•				•	•	•	•	•		1883, rue Amherst	514 596-0060	jacks70.com
Boutique Spoutnik			•							•					•							•	•		2120, rue Amherst	514 525-8478	boutiquespoutnik.com
Boutique Volume				•			•								•							•			277, rue Sainte-Catherine E.	514 844-3475	monvolume.com
Centre d'Amitié Autochtone de Montréal	•	•	•	•		•	•		•	•	•	•	•	•	•					•					2001, boul. Saint-Laurent	514 499-1854	nfcsm.org
Centre d'information Communautaire et de dépannage			•			•	•								•	•									2766, rue de Rouen	514 526-4908	cam.org/~cicdsm/index.html
Chapeau Melon Bottes de Cuir															•	•	•					•	•		1028, rue Ontario	514 527-2333	
Cheap Thrills				•			•								•							•			2044, rue Metcalfe	514 844-8988	cheapthrills.ca
Dans la rue	•	•																		•					895, rue de la Gauchetière Ouest, niveau 90, bureau 220	514 526-5222	danslarue.com
Entraide Léo Théorêt	•	•		•		•	•					•	•	•	•			•		•					2000 B, rue Alexandre-DeSève	514 521-0095	
Faucher le Roi des Bas Prix		•													•	•			•	•	•	•			1881, rue Ontario Est	514 328-2437	faucherleroidesbasprix.ca
Fénomène		•	•		•	•	•			•					•	•	•		•	•	•				1072, rue Saint-Dominique	514 449-8213	fenomene.org
Frip Chic Prix	•		•				•								•	•	•								105, rue Ontario Est, bureau 101	514 288-8314	
Frip Frap										•					•	•	•					•			87, rue Ste-Catherine E.	514 522-8355	vertigemontreal.com
Friperie Boutique Fringues & Cie.															•	•	•								55, boul. René-Lévesque Ouest	514 866-9941	fringues.qc.ca
La Maison du Père	•	•		•	•					•		•	•	•	•	•				•					550, boul. René-Lévesque Est	514 845-0168	maisondupere.org
La Voie libre	•		•												•	•					•				1500, boul. de Maisonneuve, bureau 204	514 999-4885	rtn-lvl.org

Organisation	Catégories d'articles (vente ou don)													Services offerts						Adresse	Téléphone	Site internet					
	OBNL	Appareils électroménagers	Antiquités	Articles de sport	Enregistrement audio-vidéo	Instruments de musique	Jouets et jeux	Livres, revues et documents	Matériaux de construction et quincaillerie	Informatique et télécommunication	Mobilier et décoration	Outils manuels et électriques	Petits appareils électriques	Vêtements et accessoires	Vente d'articles	Dépôt (réception d'articles)	Boîte de dons	Bazar/foire	Livraison à domicile				Collecte à domicile	Réparation	Achat de certains articles	Mise en consignation	Location
Le 1863		•				•	•																		1863, rue Amherst	514 816-8111	montrealantique.com
Le Bon Dieu dans la Rue	•	•	•		•																				1664, rue Ontario Est	514 526-7677	danlarue.org
Le Comptoir 1930 Champlain	•		•	•	•	•	•																		1930, rue de Champlain	514 526-5937	ssvp-mtl.org
Les Antiquités Montréal Universel			•																						269, rue Sherbrooke Ouest	514 288-1001	montreal-universal.com
Librairie Astro enr.					•																				1844, rue Sainte-Catherine Ouest	514 932-1139	astrolib.com
Librairie Bibliomania																									460, rue Sainte-Catherine O., bureau 406	514 933-8156	abebooks.com/home/block/
Librairie coopérative de solidarité de l'Université Concordia	•																								1250, rue Bishop	514 848-2046	co-opbookstore.ca
Librairie Marché du livre																									801, boul. de Maison-neuve Est	514 288-4350	marchedulivre.qc.ca
Librairie Mona Lisait					•	•	•																		2054, rue Saint-Denis, 2 <sup>e</sup> étage	514 849-0987	librairiemonalisait.com
Librairie Québécoise					•																				924, rue Sainte-Catherine E.	514 848-9888	
Librairie Westcott																									2065, rue Sainte-Catherine Ouest	514 846-4037	
Maison Adrianna		•		•	•	•	•																		2704, rue de Rouen	514 597-0404	
Marina Achat et vente		•		•	•	•	•																		1175, rue Ontario Est	514 529-3008	
Mission Old Brewery	•	•																							902, boul. Saint-Laurent	514 866-6591	oldbrewerymission.ca
Odysée																									1439, rue Stanley	514 844-4843	
Paroisse Saint-Eusèbe-de-Verceil	•	•	•	•	•	•	•																		2151, rue Fullum	514 523-5571	
Saint-Michel Jules Luthier inc.						•																			57, rue Ontario O.	514 288-4343	luthiersaintmichel.com
Seconde Chance			•			•																			1691, rue Amherst	514 523-3019	
St. James United Church	•			•	•	•																			1435, rue City Councillors	514 288-9245	
The Word Bookstore																									469, rue Milton	514 845-5640	



Organisation

Catégories d'articles (vente ou don)

Services offerts

OBNL	Appareils électroménagers	Antiquités	Articles de sport	Enregistrement audio-vidéo	Instruments de musique	Jouets et jeux	Livres, revues et documents	Matériaux de construction et quincaillerie	Informatique et télécommunication	Mobilier et décoration	Outils manuels et électriques	Petits appareils électriques	Vêtements et accessoires	Vente d'articles	Dépôt (réception d'articles)	Boîte de dons	Bazar/foire	Livraison à domicile	Collecte à domicile	Réparation	Achat de certains articles	Mise en consignation	Location
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Adresse

Téléphone

Site internet

## Villeray–Saint-Michel–Parc-Extension

Ameublement Bon choix																									750, rue Jean-Talon Ouest	514 495-3444		
Appareils Ménagers Cobra enr.	•																									522, rue Villeray	514 271-8787	cobraelectro.com
Bureaubaine									•	•															•	9719A, 8 <sup>e</sup> Avenue	514 728-0458	bureaubaine.com
Centre Communautaire la Patience	•	•		•	•	•			•	•		•	•	•	•		•									8961, 12 <sup>e</sup> Avenue	514 326-4766	ssvp-mtl.org
Centre communautaire rendez-vous 50 plus									•							•										3330, rue Jarry Est	514 374-3470	
Cyclo Nord Sud	•			•								•				•										7235, rue Saint-Urbain	514 843-0077	cyclonordsud.org
Entraide diabétique	•		•	•	•	•	•			•		•	•	•	•	•	•	•	•	•						8550, boul. Pie-IX, bureau 300	514 259-3422	entraide diabétique.org
Friperie Au coin de l'Entraide Saint-René-Goupil	•		•	•	•	•	•		•	•	•	•	•	•	•	•	•	•	•	•						4251, rue du Parc-René-Goupil	514 722-2842	
Joujouthèque Saint-Michel	•			•	•	•																		•	9480, rue Irène-Joly	514 381-9974	lajoujouthequest michel.qc.ca	
Maison des Grands-Parents de Villeray	•		•	•	•	•			•		•	•	•	•	•	•	•	•	•							8078, rue Drolet	514 383-9108	
Meubles Usagés Jarry									•								•									637, rue Jarry Ouest	514 270-0275	
Micro-Recyc Coopération	•								•							•					•					7000, av. du Parc	514 227-5776	microrecyccoop.org
PC et Mac Usagés inc.									•																	7175, rue St-Hubert	514 388-3603	
Poubelle du Ski				•																						8278, boul. Saint-Laurent	514 384-1315	
Pro-Tech Électroménagers	•																									9309, boul. Pie-IX	514 326-3838	
Quinnski Quasi-Neuf	•									•																3250, boul. Crémazie Est	514 728-4484	
Renaissance Saint-Laurent	•		•	•	•	•	•		•	•	•	•	•	•	•	•	•	•	•	•						7250, boul. Saint-Laurent	514 906-0804	renaissancequebec.ca
Ressource Action-Alimentation Parc-Extension	•			•	•	•			•		•	•	•	•	•	•	•	•	•							419, rue Saint-Roch, bureau SS-05	514 948-3246	
Saint-Mathieu			•																							2596, rue Jean-Talon Est	514 722-5652	
Spazio antiquités architecturales			•																							8405, boul. Saint-Laurent	514 384-4343	
Vélogik	•		•																							2584, rue Jarry Est	514 623-8729	velogik.org
Vestiaire Notre-Dame-du-Rosaire	•		•	•	•	•					•	•	•	•	•	•	•	•	•							950, rue du Rosaire	514 272-8265	

# Ecocentres are There for Your Use



Photo : Ville de Montréal

Ecocentres are residual materials reuse and recovery centres that are open to all residents of the Montréal metropolitan area. Materials that are not accepted in the regular household waste pick-up can be taken there such as: clothing, household appliances, large objects, construction and demolition materials, used tires, household hazardous waste (HHW), wood, dirt, etc.

Residents can drop off reusable articles at these centres for future use by others.

Just bring your reusable items to the ecocentres. Four out of six centres also have shops with items for sale, though no longer at the Saint-Michel and Côte-des-Neiges centres.

## Articles accepted at the re-use centre

- Household appliances
- Sports clothing and equipment
- Toys and games
- Books, records and CDs
- Heritage renovation materials and fittings
- Furniture and decoration items
- Manual tools
- Small electric devices
- Clothing, household linens

## Ecocentre Addresses

For directions to the ecocentres or for further information, dial **514 872-0384**.

### Borough of Ahuntsic-Cartierville

Écocentre de L'Acadie

1200, boul. Henri-Bourassa Ouest

### Borough of Côte-des-Neiges – Notre-Dame-de-Grâce

Écocentre de Côte-des-Neiges

6925, chemin de la Côte-des-Neiges

### Borough of Rivière-des-Prairies – Pointe-aux-Trembles

Écocentre Rivière-des-Prairies

11400, rue Léopold-Christin

### Borough of Rosemont– La Petite-Patrie

Écocentre de La Petite-Patrie

1100, rue des Carrières

### Borough of the Sud-Ouest

Écocentre d'Eadie

1868, rue Cabot

### Borough of Villeray – Saint-Michel – Parc-Extension

Écocentre de Saint-Michel

2475, rue Des Regrattiers  
(formerly Michel-Jurdant)

### Borough of LaSalle

**PLANNED OPENING: WINTER 2011**

Écocentre LaSalle

7272, rue Saint-Patrick

## Other Reuse Resources

### Centre de rénovation ReStore

4399, rue Notre-Dame Ouest

514 907- 8991

[www.habitatmontreal.qc.ca/magasin/index\\_fr.htm](http://www.habitatmontreal.qc.ca/magasin/index_fr.htm)

This store sells end of the line renovation and decoration materials. Profits earned from the sale of these goods go to Habitat pour l'humanité.

### Centre ÉcoBrico

4791, boul. de Salaberry

514-744-6984, ext. 227

(call for business hours)

[projetecobrico@hotmail.com](mailto:projetecobrico@hotmail.com)

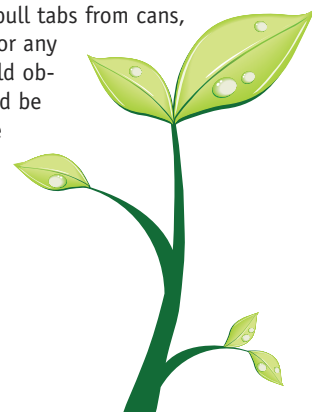
[sites.google.com/site/centreecobrico](https://sites.google.com/site/centreecobrico)

This non-profit group recovers waste materials from businesses, institutions and residents. The materials are then made available to educational and arts groups, to be used for different projects.

### Examples of acceptable materials (for Centre ÉcoBrico only)

**BUSINESSES** : Paper, cardboard, rope, string, metal wire, glass beads, springs, mosaic tiles, ceramics, keys, Coroplast, clothes pegs, furs, pipes, fabric, buttons, leather, Plexiglas, carton tubes, bottles, corks, art materials (paint, pencils, etc.), sewing materials, aluminum, wood, etc.

**RESIDENTS** : Lids, corks, water tubes for flowers, chopsticks, buttons, twist ties, straws, metal pull tabs from cans, metallic rings or any other household objects that could be put to creative use.



# Do You Know About Éco-quartiers?

An Éco-quartier is a non-profit community group that receives funding from the borough to plan and carry out activities aimed at improving the neighbourhood environment.

Firmly rooted in their communities, the Éco-quartiers are great at encouraging residents to contribute and make Montréal a good place to live.

Here are some of activities organized:

- Distribution of recycling bins
- Visits to multi-dwelling buildings to teach people how to sort recyclables
- 3Rs-V workshops in schools and day camps
- Spring alley clean-ups
- Promotion of pesticide alternatives
- Distribution of annuals and perennials
- Beautification contests
- Greening of schoolyards
- Responsible consumption campaign

## Look up the Éco-quartier near you:



### Ahuntsic – Cartierville

**Embellissons Fleury**  
10326, boulevard Saint-Laurent  
Tel.: 514 387-9505  
[www.ecoquartierahuntsic.ca](http://www.ecoquartierahuntsic.ca)

**Éco-quartier Cartierville**  
5090, rue De Salaberry, suite 102  
Tel.: 514 856-9053  
[www.ecoquartier.ca](http://www.ecoquartier.ca)

**NRJ Ahuntsic**  
2425, rue De Salaberry, suite 113  
Tel.: 514 331-6775  
[www.eco-quartier-lacadie.ca](http://www.eco-quartier-lacadie.ca)

**Éco-quartier Saint-Sulpice**  
1105, avenue Émile-Journault  
Tel.: 514 382-5879  
[www.eco-quartier.ca](http://www.eco-quartier.ca)

**Voisins du Sault**  
2575, rue Fleury Est  
Tel.: 514 385-0084  
[www.voisinsdusault.org](http://www.voisinsdusault.org)

### Côte-des-Neiges – Notre-Dame-de-Grâce

**Société environnementale de Côte-des-Neiges**  
6767, chemin de la Côte-des-Neiges, suite 591  
Tel.: 514 738-7848  
[www.socenv.ca](http://www.socenv.ca)

**Prévention Notre-Dame-de-Grâce**  
6575, rue Somerled, suite 206  
Tel.: 514 486-2727  
[www.preventionndg.org](http://www.preventionndg.org)

### Plateau-Mont-Royal

**Comité Saint-Urbain**  
3986, rue Saint-Urbain  
Tel.: 514 288-1402  
[www.ecojm.org](http://www.ecojm.org)

**Vélo Québec Association**  
1251, rue Rachel Est  
Tél.: 514 521-8356, poste 326  
[www.velo.qc.ca/eco\\_plateau](http://www.velo.qc.ca/eco_plateau)

### Sud-Ouest

**Pro-Vert Sud-Ouest**  
6071, boulevard Monk  
Tel.: 514 768-2709  
[www.provert.org](http://www.provert.org)

**Pro-Vert Sud-Ouest**  
75, square Sir-Georges-Étienne-Cartier, room 021 (in the basement)  
Tel.: 514 935-8120  
[www.provert.org](http://www.provert.org)

**YMCA - Pointe-Saint-Charles**  
255, avenue Ash  
Tel.: 514 935-4711 ext. 233  
[eco.Psc@ymcaquebec.org](mailto:eco.Psc@ymcaquebec.org)  
[www.ymcaquebec.org/fr/communautaires/eco\\_quartier](http://www.ymcaquebec.org/fr/communautaires/eco_quartier)

### Mercier – Hochelaga-Maisonneuve

**Comité de surveillance Louis-Riel**  
3980, rue La Fontaine  
Tel.: 514 521-2280  
[www.ecoquartier-louisriehochelaga.org](http://www.ecoquartier-louisriehochelaga.org)

**Comité de surveillance Louis-Riel**  
6751A, rue Beaubien Est  
Tel.: 514 899-0642  
[www.ecoquartier-louisriehochelaga.org](http://www.ecoquartier-louisriehochelaga.org)

**Y'a quelqu'un l'aut'bord du mur**  
5878, Hochelaga  
Tel.: 514 253-5777  
[www.info-yqq.com](http://www.info-yqq.com)

**Y'a quelqu'un l'aut'bord du mur**  
8676, rue De Grosbois  
Tel.: 514 529-2023 ext 225  
[ecoquartier@info-yqq.com](mailto:ecoquartier@info-yqq.com)  
[www.info-yqq.com](http://www.info-yqq.com)

### Pierrefonds-Roxboro

**Sos planète**  
13, rue Centre-Commercial  
Tél. : 514 752-0778  
[www.eqpr.ca](http://www.eqpr.ca)

### Rivière-des-Prairies – Pointe-aux-Trembles

**Éco de la Pointe-aux-Prairies**  
9140, boulevard Perras  
Tel.: 514 648-9177  
Tel.: 514 642-8379

### Rosemont – La Petite-Patrie

**Société de développement environnemental de Rosemont inc**  
3311, rue Masson  
Tel.: 514 727-6775  
[www.soder.qc.ca](http://www.soder.qc.ca)

**Société de développement environnemental de Rosemont inc.**  
226, rue Saint-Zotique Est  
Tel. : 514 495-8825  
[www.soder.qc.ca](http://www.soder.qc.ca)

### Saint-Laurent

**Centre de recherche et d'action pour le bien-être environnemental**  
1480, rue De L'Église  
Tel.: 514 744-8333  
[www.eqsl.ca](http://www.eqsl.ca)

### Ville-Marie

**Éco-quartier Sainte-Marie**  
2113, rue Sainte-Catherine Est  
Tel.: 514 523-9220  
[www.eco-quartiersm.ca](http://www.eco-quartiersm.ca)

**Union des étudiants et étudiantes de Concordia inc.**  
1414, rue Pierce  
Tel.: 514 933-1069  
[www.eco-quartierpm.org](http://www.eco-quartierpm.org)

**Association sportive et communautaire Centre-Sud**  
2022, rue de la Visitation  
Tel.: 514 522-4053  
[www.ecoquartierst-jacques.org](http://www.ecoquartierst-jacques.org)

### Villeray – Saint-Michel – Parc-Extension

**PARI Saint-Michel**  
7501, rue François-Perrault, suite 105  
Tel.: 514 727-0914  
[www.ecoquartierstmichel.com](http://www.ecoquartierstmichel.com)

**Parc-Extension**  
7001, rue Hutchison, suite 101  
Tel.: 514 270-4049

**Patro Le Prevost**  
7355, avenue Christophe-Colomb  
Tel.: 514 273-9161 poste 283  
[www.patroleprevost.qc.ca](http://www.patroleprevost.qc.ca)

# REUSE

# REDUCE

# RECYCLE

# COMPOST



[ville.montreal.qc.ca/consommezautrement](http://ville.montreal.qc.ca/consommezautrement)

Montréal 

# How to Recycle

*Using your green box is good—even great! But make sure that everything in it is recyclable.*

The number of Montrealers who recycle keeps growing. But Montréal households could be recovering more still, and diverting that much more from the landfill.

“We not only have to recover more waste, we have to get better at doing it,” says Alain Leduc, the man in charge of recycling for the Ville de Montréal. “If people follow the instructions and take their cast-offs to the proper place it makes all the difference,” he adds. “It’s always cheaper to recycle than to dump it in the landfill. And, it could be costing us even less.”

In 2008, the City changed the process to one in which people no longer had to separate paper, cardboard, plastic, glass and metal. Still, it’s important not to let any non-recyclables get into the box.

Alain Leduc explains: “When people put non-recyclable items in the green box all Montrealers end up paying the bill. They end up being rejected at Montréal’s sorting and recovery centre (Centre de tri et de recuperation). Each rejected item makes sorting less efficient, and the City must assume the financial consequences.”

Recycling tools are key to enabling residents to more easily recover larger quantities of recyclable material. To this end, several associated cities and the Ville de Montréal have launched an initiative, to be completed in 2011, involving the gradual distribution of nearly 300,000 boxes on wheels.

Most of the boxes have a capacity of 360 litres, but there are also 240- and 120-litre boxes for some locations, and they will be provided to buildings with eight apartments or less.

## RECYCLABLES



### *In the fibre category:*

- Newspapers, advertising circulars, periodicals and magazines
- Sheets of paper (even with staples) and envelopes (including those with windows)
- Cereal, frozen food, laundry soap and shoe boxes, cardboard tubes, etc.
- Flattened cardboard boxes—they should be tied with string and placed next to the recycling box
- File folders
- Paper bags
- Phone and other books

### *In the container category:*

- Glass—bottles, flasks and pots of all shapes and colours (with or without labels)
- Milk cartons, juice boxes and any other rigid multilayer wrapping material that has contained liquid
- Metal—cans, lids and caps, clothes hangers, aluminum cans, plates and unsoiled foil paper
- Rigid plastics (except No. 6)—soft drink, mineral water and food containers (including all yogurt containers), household cleaning, cosmetics and health product containers, flower pots, lids and caps
- Flexible plastic—grocery and shopping bags, dry-cleaning bags, bread and pastry bags (non-greasy), clean bags that have contained food items, milk bags, paper towel bags, etc.

## NON RECYCLABLES

The list of products that will not be accepted for separate recycling are:

- Soiled pizza boxes
- Greasy paper and cardboard
- Painted papers and stickers
- Photo paper
- Metallic gift wrap
- Bubble wrap envelopes
- Electronic and electrical devices
- Pans, pots and muffin tins
- Plastic wrap (packaging for pasta, meats, cheese, etc.)
- CD boxes
- Objects made of several materials (toys, tools, etc.)
- No. 6 plastics (polystyrene and polystyrene foam)
- Porcelain, pyrex and ceramics
- Light bulbs
- Aerosol spray cans
- Screws, nails, etc.



## Me and My Green Box



Photo : Yves Provencier

**B**éatrice Nyambirigi does what she can every day to protect the environment. This is why she strives to reduce waste at the source to prevent it from ending up in the landfill.

Since it’s impossible to avoid producing waste, recycling has become second nature to this Côte-des-Neiges-Notre-Dame-de-Grâce resident. Milk cartons, newspapers, metal containers and other recyclable materials go directly into her green box after she uses them.

“It does require a little work at home,” she agrees. “You have to take the time to rinse out containers that are smelly or greasy and might leak onto the other things. But it’s really easy and only takes me a few minutes.”

She notes that some things might be hard to identify at first, like the polystyrene foam containers that aren’t recyclable. “But once you know what it is,” she says, “you just automatically know not to put it into the recycling box.”

When it comes to hazardous household waste, Béatrice Nyambirigi makes sure it doesn’t get thrown in the garbage or in the green box. She takes it to a location that will send it off to the proper recycling resource: paint goes to the paint store, medications go back to the drugstore, etc.

“By making sure that I recycle everything that can be recycled,” she says proudly, “every day I’m doing something to protect the environment and preserve our natural resources. It hardly takes any time at all and in the long run, I know I’m making a difference.”

# Discarding Computers and Electronics

These days it's hard to imagine daily life without a host of information and communication technology (ICT) devices: computers, screens, cell phones, TVs, MP3 players, etc. What should you do with them when their useful life is up?



Photo : Métro

These work and recreational tools contain lead, mercury, cadmium and other metals that are harmful to human beings and the environment if they are not disposed of properly.

When ICT devices are no longer useable they should be taken to an ecocentre that will send them on to an organization charged with dismantling them and disposing of the components in accordance with Canadian standards for the recycling of electronic products.

The process begins with the recycling or recovery of recyclable components. If the device still works, but you want to get rid of it anyway, you can redistribute it by giving it to relatives or friends. A computer that no longer meets your needs may be perfect for your child.

If no one you know wants your old devices, you can give them to one of the organizations that recover used computers and cell phones, etc. To find out where to give or buy these items, consult the directory published by the Ville de Montréal, the Reuse Centre Address Directory.

And, when you're purchasing an ICT device, find out where these items end up when they're thrown away—maybe you'll make a different choice!

# Unplugging that Old Fridge

Everyone has to get rid of a fridge or freezer at some point. If they're out of just anywhere, they will definitely pollute the air, water and soil. It's better to dispose of them as safely as possible.

If your fridge or freezer doesn't work, it can be picked up by the Ville de Montréal's large objects and appliances pick-up.



Call 311 or check the City's website for information about the procedure and pick-up schedule in your borough.

You can also bring the items to an ecocentre where the refrigerating gas will be drained and metal components recovered.

For more information about the ecocentres and their schedule check the website at: [ville.montreal.qc.ca/ecocentres](http://ville.montreal.qc.ca/ecocentres).

If your old fridge or freezer still works, contact the Recyc-Frigo program at [www.recyc-frigo.com](http://www.recyc-frigo.com). This is an initiative of Hydro-Québec to recover appliances that are more than 10 years old. You will receive \$60 in exchange for your energy-consuming appliance.

Recyclage Écosolutions, a partner of Recyc-Frigo, takes them apart and recovers any usable parts. Non-recyclable components are destroyed in accordance with environmental standards.

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# Protection from Hazards



Photo : Ville de Montréal

recognize them because they're labelled with one or more hazard pictograms indicating that they are corrosive, inflammable, toxic or explosive.

Although HHW represents less than 1% of all the garbage produced by Québec households, it is a major source of toxicity in landfill sites. And let's not forget the damage caused when hazardous materials are thrown into storm sewers: a single litre of oil will contaminate no less than a million litres of water! Need we say more?

Despite their dangerous nature, at least 90% of these materials can be recycled simply by making sure they are taken to the proper place. There are several categories of HHW, each with its specific destination, depending on whether the process involves energy recovery, recycling, reuse or secure disposal.

Household hazardous waste (HHW) as the term clearly implies, is a serious threat, both to the environment and to our health. That's why it must be recovered and processed safely.

Household hazardous waste is all around us: compact fluorescent bulbs, dry cell batteries, paint, cleaning products, pesticides, etc. You'll

Montrealers can discard HHW by using neighbourhood pick-up services or taking it to an eco-centre. Acceptable materials:

- Leftover paint
- Used motor oil
- Alkaline batteries (AAA to D)
- Used up rechargeable batteries, Ni-Cd, Ni-MH, Li-ion or Pb
- Car batteries (acid/lead)
- Cleaning products, drain cleaners, grease removal products
- Turpentine, varsol, etc.
- Pesticides
- Chemicals for pools
- Adhesives, epoxy, dyes, etc.
- Aerosol cans
- Propane tanks
- Fluorescent tubing
- Fluorescent bulbs

Also, rechargeable batteries and cell phones ([www.cellarecycler.org](http://www.cellarecycler.org)) can be taken to fire stations, expired drugs to most drugstores, car batteries and used motor oil to garages ([www.soghu.com](http://www.soghu.com)) and leftover paint to most hardware stores ([www.eco-peinture.ca](http://www.eco-peinture.ca)).

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## What's More Natural than Composting?



Photo : Yves Provancher

**C**omposting: The word is music to the ears of Jean-François Casabonne. Not only because it's a practice that helps prevent waste, but also because it allows us to reuse waste in another form.

Composting has long been second nature to this actor and resident of the borough of Rosemont-La Petite Patrie. His European father explained the benefits of the practice to him when he was a boy, living on the South Shore.

"My father came from a family that raised sheep and goats," he explains. In the Basque Country, where they lived, composting was just part of life. So when he came to Québec, he naturally continued composting to feed our huge, very fertile garden."

When he arrived in Montréal 12 years ago, Jean-François Casabonne continued the practice. As soon as he settled in, he bought a composter and set it up in the backyard of the family home.

Ever since, he's never stopped recovering scraps from the table and the garden. His partner, Audrey Murray and their daughter, Léa, do likewise. "I think they're even more zealous than I am about it," he says, adding that they use the household compost in the yard and garden.

"It's really not hard to compost and it requires hardly any effort," he says. "For me, it's really worth it, because instead of becoming garbage to be disposed of, the waste is transformed into good soil that we can use. It's about returning to nature what nature has given to us."

# It's Quick and Easy to Compost

*Composting isn't complicated. Just learn the ABC's and go to it! Follow the guide!*



Photo : Ville de Montréal

Domestic composting is an environmentally responsible practice that is becoming more and more popular in Montréal. When you compost you can reduce your garbage by half and put your food and gardening waste to good use right at home!

The driving principle is to return to the earth what comes from the earth, in other words, vegetable waste (fruit, vegetables, tea bags, pasta, egg shells, etc.) from the table, home or garden (dead leaves and flowers, etc.). All you have to do is put the material in a domestic composter where the air, moisture, insects and micro-organisms will work together and break it down into compost, which is simply soil that you can use to fertilize your garden.

"Composting is very easy. All you need is a household composter, which is easily found, and a fork or stick to stir the ingredients," explains Christiane Gélinas, responsible for the composting initiative at the Ville de Montréal. Bins can go in the yard or garden, as they take up only one square metre.

Getting the compost going is simple: "You just put a first layer of green material at the bottom of the bin, then add a layer of brown material (dead leaves or shredded newspaper)," explains Christiane Gélinas. She describes the inside of a composting bin as "like a layer cake, with a layer of green materials (nitrogen) alternating with a layer of brown materials (carbon)."



## WHAT ABOUT WORM COMPOSTING?

Those who don't have a yard can also try vermicomposting or worm composting, a composting method in which earthworms digest food waste. Waste material is placed in an opaque container containing shredded newspaper.

To make good compost, you need to aerate it by gently stirring it on a regular basis. Domestic compost shouldn't include meat and fish leftovers to avoid attracting errant animals.

Monitor the moisture level of the compost regularly as well. It should have the texture of a wrung out sponge. If the compost is too wet, add dead leaves, shredded or paper; if it's too dry, water it to restore the proper balance.

After about a year you can use the material at the bottom of the bin, which has turned into compost. You'll know it's ready by its pleasant fresh earth aroma. This rich soil is perfect for gardening or indoor plants.



# Turn over a greener leaf

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# Recycle Your Green Waste

*It's easy! Just leave it on your street curb.*



Photo : Ville de Montréal

Green waste is generated from gardening and landscaping activities and also includes waste from vegetable gardens and fruit trees, and branches less than a metre long and five centimetres wide. It also includes dead leaves and Christmas trees, which have been collected for many years now. Your green waste is transformed into compost at the Complexe environnemental de Saint-Michel. Twice a year, the City distributes compost to you, free of charge.

Food waste is already being collected in some

boroughs and cities. The food waste collection program will be deployed gradually over the next few years as organic waste treatment facilities are set up across the Island of Montréal.

Organic waste (green waste and food waste) account for over 47% of the household garbage we produce on the Island of Montréal.

You can check collection schedules on the website of the Ville de Montréal ([ville.montreal.qc.ca](http://ville.montreal.qc.ca)) or call 311.



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## Cut Short on Mowing

Grasscycling is a fancy word for something that anyone can do: leave grass clippings on the lawn after mowing. It's a good way to help your lawn and you're protecting the environment by diverting the clippings from the landfill.

Grass clippings left on the ground provide more shade to new shoots, suffocate weeds, and keep soil moist. Just what's needed for a beautiful lawn, and you don't have to do a thing!

All you need to do is make a few small changes: adjust the lawnmower blades so you don't cut the grass too short—about 7 centimetres. Mow your lawn regularly from spring until autumn, and keep lawnmower blades sharp.



Photo : Métro

Lawns protected in this way are more resistant to disease and dry periods and require less fertilizer. In short, you don't have to mow as often, plus you save time because you don't have to collect the clippings!

# Cultivating the Art of Composting



Photo : Yves Provencier

Technopôle Angus, a major business park located in Rosemont, has just added composting to their existing recycling program, for which it received, in 2008, the ICI ON RECYCLE ! performance certificate. The complex developed a composting pilot project in 2009. The project was implemented in September 2009 at the Coeurs de l'île childcare centre and La Maison André-Gratton, a residence operated by Le Phare, Enfants et Famille. These neighbouring organizations share a domestic composter into which they regularly empty their organic waste materials, in particular, waste from their institutional kitchens.

The director of Coeurs de l'île childcare centre, Marie-André Auclair, says the compost has already been used for a landscaping project this sum-

mer and to fertilize the indoor plants tended by the children. "Both of our organizations generate enough organic waste to fill a whole domestic composter by ourselves!" she claims.



## EVERY DAY

Children are responsible for putting table scraps, especially fruit, in the small container that the childcare has made available to them. The cook then empties it into the domestic composter every two or three days.

"We already have 1,875 people working here, so proper and thorough waste management is far from being a luxury for the environment," affirms Christine Lamarre, architect and director of sustainable development for the Société de développement Angus.

The project was made possible with the assistance of the Société de développement environnemental de Rosemont and the financial support of the Fonds d'action québécois pour le développement durable. It's an initiative that is benefiting the entire community!



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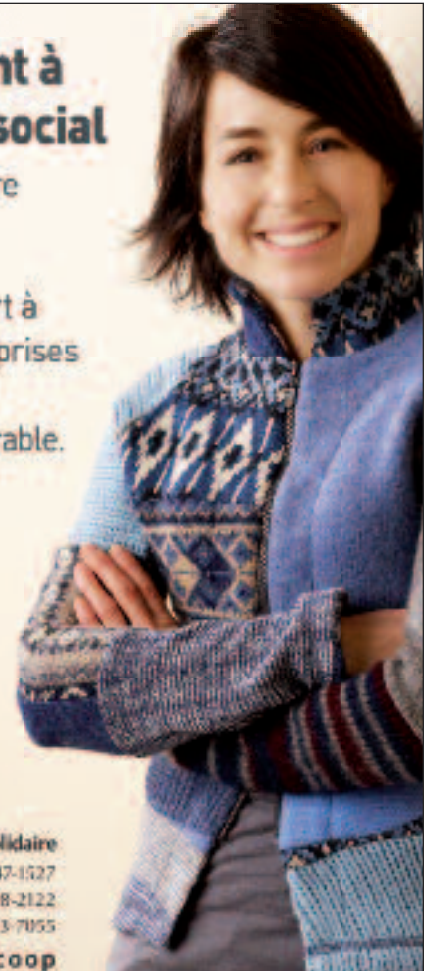
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\* L'appareil doit avoir plus de 10 ans, avoir un volume intérieur entre 10 pi<sup>3</sup> et 25 pi<sup>3</sup> et être fonctionnel et branché.



Le programme RECYC-FRIGO, une initiative d'Hydro-Québec, est administré par le Consortium MRE ENVIRONNEMENT. Hydro-Québec fera parvenir un chèque de 60 \$ au propriétaire de l'appareil, une fois celui-ci récupéré. Une limite de deux appareils par foyer s'applique. Les appareils commerciaux ne sont pas admissibles. Hydro-Québec se réserve le droit de mettre fin à ce programme sans préavis. Certaines restrictions peuvent s'appliquer.

# The STM Thinks and Drives Green



Photo : STM

The STM does more than talk green: they implement a whole range of eco-friendly measures every day. The company has been motivated by a strong environmental conscience for many years now, as shown by its environmental concerns and actions. If, like us, you're concerned about the environment, you'll be happy to learn about some of the measures, some less well known than others, which the STM has implemented to preserve the fragile balance of our environment. One green initiative at a time.

## Tire Retreading

For 40 years already, the STM has retreaded used bus tires in an effort to extend their useful life. How is it done? Used tire treads are sanded down and new treads are fitted onto the tire carcass. A new tire goes roughly 120,000 kilometres; retreaded, it can go another 60,000 kilometres. Depending on the state of the tire, it can be retreaded up to three times. When they can no longer be retreaded, the tires are sent to Recyc-Québec to be recycled in different ways. Metro car tires are not subject to the same regulations as bus tires, so the STM has taken the initiative of ensuring that every year, 110 tons of used metro car tires are sent to recycling companies to be made into products such as rubber mats, or to cement factories, where they're used as a source of energy. Pretty smart, wouldn't you agree?

**Did you know** that manufacturing a bus tire consumes nearly 84 litres of oil, while retreading it consumes only 27 litres? Every year, approximately 3,000 tires are retreaded at the STM.

## Energy-efficient Escalators

When an escalator in the metro remains unused for a period of time, it automatically slows down until it reaches standby mode. As soon as a passenger steps on, his or her presence is automatically detected, and the escalator gradually speeds up until it is running at normal speed. Several escalators (identified with stickers) in the metro have been fitted with this mechanism, the purpose of which is to extend their useful life while minimizing maintenance and electrical costs. Don't be surprised if you see an escalator that seems to be running in slow motion: it's not an illusion; rather, it's a carefully planned energy saver.

## Waste Water Recovery

Have you noticed the water droplets on the ceilings in metro tunnels? It's perfectly normal. The metro lines intersect with underground streams

that flow through the tunnels, causing water seepage that appears on the ceilings. The moisture falls on to the invert (tunnel floor) before returning to nature. The STM must prevent this water from contributing to the release of contaminated materials, notably transmission oil from metro cars and escalators. They have developed state-of-art processes including one in which oily wash water is recovered and pumped out. And, as for the new escalators, they are equipped with mechanisms to recover oil drips at the source and prevent infiltrated water from becoming contaminated. Keeping things clean and tidy!

## Eco-friendly Driving

Fluctuating prices at the gas pump have raised everyone's awareness of how our driving habits affect fuel consumption. In response to this reality, the STM innovated by training bus drivers on eco-friendly driving. The principle is a simple one: CO2 emissions (directly proportionate to the quantity of fuel consumed) are primarily linked to the pressure applied to the accelerator. In barely three years, the eco-friendly driving training has resulted in a reduction of over two million litres of fuel. This initiative, now being deployed throughout the country, is the envy of our neighbours to the South.



### FOUR TIPS FOR MORE ECO-FRIENDLY DRIVING

Want to be like our eco-friendly drivers?  
Here's how:

- Start and stop the car gradually
- Anticipate traffic movements
- Prepare for traffic light changes
- Don't let the motor run when the vehicle has been stopped for more than four minutes.

### ECO-FRIENDLY DRIVING STATISTICS

- 6,500 fewer tons of greenhouse gas emitted into the atmosphere
  - 5% less fuel consumed

## Biodiesel Fuel

Since June 2008, STM buses have operated with biodiesel, a fuel made from non-fossil materials, which generates considerable energy savings without harming the environment. Did you know that not all types of biodiesel fuel are beneficial to the environment? The STM was very careful in selecting a biofuel, known as B5. Now used by all the fleet's buses, it is manufactured from recycled cooking oil (80%) and animal fats (20%) rather than oils derived from commercial grain crops like corn.

**Did you know** that the STM burns nearly 50 million litres of fuel annually to operate their buses? The use of B5 biodiesel has cut CO2 emissions by about 4,000 tons, or the equivalent of 800 fewer vehicles on the roads.



Photo : STM

## Recycling Fluorescent Tubes

At the STM, fluorescent tubes are a common light source. When one burns out, it is re-born by means of recycling. Every year, over 80,000 fluorescent tubes are recycled. Each of the components is re-used in a new form; for example, the glass is washed and sent to non-food related industries and the brass and aluminum are recycled in a foundry. Phosphor powder is treated to separate out the mercury, which is used in industry. The treated phosphor is used to make paint pigments. Who knows? Maybe part of an STM fluorescent tube has contributed to the colours on your living room walls!

# Learn About our Green Islands!



Photo : Métro

Sustainable development is a guiding principle of the STM's 2007-2011 business plan, and a pilot project is now underway that will culminate in the application of its residual materials management plan in all metro stations.

In addition to increasing cleanliness in stations and metro cars, the STM is aiming to improve its waste management practices and meet the goals set by the Québec Residual Materials Management Policy.

## Sustainable development is a guiding principle of the STM

The pilot project being conducted in the Mont-Royal, Place-D'Armes, Champ-de-Mars and Snowdon metro stations consists of the implementation of three-way selective sorting and the withdrawal of single-use garbage containers from these stations. By installing strategically positioned green islands along the path of transit users, the STM is facilitating the recovery of recyclable waste (plastic, glass and metal). The third section is for non-recyclable garbage.

Findings from a client survey indicate that 78% of the transit users would like to recycle when they take the metro; 93% said they were strongly in favour of installing green islands in the stations.

The results so far are very encouraging, thanks to user participation, and they will be used to define the deployment strategy that is set for gradual implementation throughout the network starting in spring 2011.



# What's wrong with this picture?

As the saying goes,  
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