

Your elected officials

Dear Residents,

Welcome to the latest version of the Leisure Guide—your go-to reference for activities and events aimed at Lachine Borough residents.

We know you'll appreciate the vast array of social, sports, and cultural activities on offer for all ages. It also includes a list of resources for disabled residents, a borough map with handy addresses, and a list of outdoor recreation facilities such as sports fields and skating rinks.

We may be halfway through Lachine's 350th anniversary, but don't worry—there are still plenty of opportunities to celebrate our borough this year. Check out pages 38 and 39 and the Facebook page (<u>facebook.com/350lachine</u>) to make sure you don't miss any of the festivities.

I also suggest you detach and keep the Community Corner insert, which features a wealth of information at a glance, including waste collection schedules, the list of permits and authorizations, dog by-laws, urban safety tips, Lachine Éco-Quartier activities, a directory of community organizations and partners, and much more.

As you may know, we no longer distribute the directory door-to-door to reduce our environmental footprint. But you can find hard copies (in French only) in municipal buildings in Lachine and the electronic version on our website.

The short version of the Leisure Guide is still delivered to Lachine homes and includes activities for all ages offered by the Borough and its partners.

My Borough Council colleagues and I encourage you to make the most of all the activities on offer. Happy 350th!

Sincerely,

Borough Mayor Claude Dauphin



Claude Dauphin Maire d'arrondissement 514 634-3471, poste 501

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Sign up for our newsletter More info: www.lachine.ca



Jean-François Cloutier City Councillor 514-634-3471, ext. 823

The Lachine Borough
Council invites you
to make the most of all
the activities on offer
in Lachine.



Kymberley Simonyik Borough Councillor Fort-Rolland District 514-634-3471, ext. 205



Daniel Racicot Borough Councillor J.-Émery-Provost District 514-634-3471, ext. 280



Maja Vodanovic Borough Councillor Canal District 514-634-3471, ext. 824

The information contained in this guide is, to the best of our knowledge, accurate and up-to-date as of July 4, 2017. Lachine Borough is not responsible for any errors in the list of activities, their classification, contact information, schedules, or rates.

CLICKING ON THE TITLE OF THE PAGE OF INTEREST TO YOU WILL GET YOU DIRECTLY THERE.



2017-2018

Events 6 Libraries **Exhibitions** Museums 17 Registration and Accès Card Activities for all Accès-Loisirs Lachine Program 19 Centre de Loisirs de Lachine Day camp and Specialized day camps Youth activities Adult activities 37 Schedule of activities for the 375 of Montréal Schedule of activities for the 350 of Lachine 38 Resources for people with disabilities 40 Borough's map and municipal addresses 42 45 Outdoor recreational facilities

DIRECTORY OF RESOURCES, ORGANIZATIONS, AND PARTNERS, AND OTHER USEFUL INFORMATION

EVENT	DATE	SCHEDULE	LOCATION	INFORMATION
Lachine Soccerfest	August 19	8 a.m. to 8 p.m.	Dalbé-Viau School	514 639-3573
Lachine Bonneville Half-Marathon	August 20	8 a.m. to 1 p.m.	Boulevard Saint-Joseph and René-Lévesque Park	www.demimarathonlachine.com/en
Organ concerts	September to November and January to June, last Sunday of the month	3 p.m.	Saints-Anges Church	514 571-0012 ou <u>www.concertslachine.ca</u>
Fête de la Paix de Saint-Pierre	September 16 (rain date September 17)	11 a.m. to 5 p.m.	Kirkland Park	514 365-7000 Revitalisation Saint-Pierre
Journées de la culture	Sept. 29-Oct. 1		Various borough venues	311 ou www.lachine.ca
Welcome to Lachine (Lachine's intercultural reflection and action group)	September 29	6 p.m. to 8 p.m.	Saul-Bellow Library	514 872-2787
Show & Sale by Cercle des fermières Ville Saint-Pierre	November 5	10 a.m. to 4 p.m.	69 avenue Saint-Pierre	514-634-3471, ext. 837
Show & Sale by Maison du brasseur	November 10–12	Friday, 6 p.m. to 9 p.m. Saturday and Sunday, 10 a.m. to 5 p.m.	Maison du brasseur	311 ou <u>www.lachine.ca</u>
Christmas Tree Sale	November 19 to December 24		Public Market	Maison des jeunes l'Escalier de Lachine, 514 637-0934
La Guignolée de Lachine	December 3		Borough-wide	514-634-3471, ext. 348
Annual Exhibition by Cercle des fermières Ville Saint-Pierre	April 25 and 26	11 a.m. to 8 p.m.	Martin-Lapointe Arena 183 rue des Érables	514-634-3471, ext. 837



Saul-Bellow Library

3100 rue Saint-Antoine



Hours

Monday to Thursday, 10 a.m. to 9 p.m. Friday, Saturday, Sunday, 10 a.m. to 5 p.m.

Saint-Pierre Library

183 rue des Érables



Hours

Monday–Wednesday, 1 p.m. to 9 p.m. Thursday–Saturday, 9 a.m. to 5 p.m. Sunday, 12 p.m. to 5 p.m.



for all Montréal residents.

All activities are free.
Registration required in person
(at the circulation desk) or over the phone:

Saint-Pierre: 514-634-3471, ext. 826 Saul-Bellow: 514-872-3802/514-872-5008 Youth programs: 514-872-2811

Here are just some of the activities at the library.

With even more events, workshops, lectures, and shows, there's something for everyone!

THEMED ACTIVITIES

All adult activities are held at Saul-Bellow Library.



Singin' Rendez-Vous presents its second music seminar

Friday, September 29, 1 p.m.

Moulins et merveilles :

A Storytelling Performance by Caroline Legault and Robert Payant

Saturday, September 30, 2 p.m.

(Open to the public)

Calligraphy Workshop with La Société de calligraphes de Montréal

Sunday, October 1, 1 p.m. to 4 p.m.

Hands-on calligraphy workshops led by two professional calligraphers (Open to the public)

Public Library Week

Meet the Author, Monique Proulx

Friday, October 27, 1 p.m.

Financial Literacy Month Stratégies d'épargne... plus facile à dire qu'à faire

Wednesday, November 8, 2 p.m.

Stratégies fiscales efficaces

Wednesday, November 22, 2 p.m.

Genealogy Month

Nos "ancêtres" ne sont pas nos "racines" Pourquoi? with Kathleen Juneau Rov

Friday, November 3, 1 p.m.

La piñata, une histoire et une technique

Tuesday, December 5, 1 p.m.

Introduction à l'art japonais with Sylvie Coutu

Friday, December 8, 1 p.m.

Musée de Lachine Lecture Series

Part of Lachine's 350th anniversary



Musée de Lachine: un lieu riche en histoires with Isabelle Lessard, Education Department Manager

Wednesday, September 27, 2 p.m.

La Brasserie Dawes à Lachine with Isabelle Lessard, Education Department Manager

Wednesday, October 26, 2 p.m.

Lachine: 350 ans with François Morissette Thursday, September 28, 7 p.m.

Lecture Series

Part of Lachine's

350th anniversary

Le maire Guy Décary with André Robichaud

Thursday, October 26, 7 p.m.

Les Soeurs de Sainte-Anne à Lachine with Sister Christine Mailloux (SSA)

Lachine Historical Society

Tuesday, November 30, 7 p.m.

La glace dans la glacière with André Laniel (Patrimoine et histoire Île Bizard et Sainte-Geneviève)

Thursday, December 14, 7 p.m.

Performances

Merci Félix: Performance and Talk with André Thériault and Marcel Brouillard

Friday, October 20, 1 p.m.

Sur les traces de Paul de Chomedey de Maisonneuve: Concert with Commentary by François Leclerc (part of Montréal's 375th anniversary celebrations)

sous-marines with Nathalie Lasselin

Movie and Talk: la Nouvelle-Zélande,

1^{re} partie with Alain Bouchard

Syrie: voyage en zone interdite

Assainir sa maison ou son logis

Friday, November 17, 1 p.m.

Exploration des grottes

Friday, October 6, 1 p.m.

Friday, October 13, 1 p.m.

Friday, November 10, 1 p.m.

Friday Workshops

Friday, September 22, 1 p.m.

with André Fauteux

with Jadrino Huot

Speaker Series: Travel

Rivière rouge: Storytelling Performance by Geneviève Falaise

Friday, December 1, 1 p.m.

French Song Classics with Ian Fournier

Friday, December 15, 1 p.m.



Thursday Talks and Workshops

Trouver une place pour tout chez vous! Désencombrer pour mieux s'organiser with Véronique Longpré

Thursday, September 28, 1 p.m.

Discussion for Caregivers on Making the Transition to Housing a Loved One with Groupe des aidants du Sud-Ouest

Thursday, October 5, 7 p.m.

Votre sécurité à domicile et dans la rue with Carlota Santos, SPVM Community Relations Officer

Thursday, October 12, 1 p.m.

Felting Workshop

Thursday, October 5 and November 16, 1 p.m. (Space is limited. Registration required.)

Talk and Workshop on Making Medicinal Ointments with Sylvie Fullum

Thursday, October 19, 1 p.m.

Les fraudes with Carlota Santos, SPVM Community Relations Officer

Tuesday, November 9, 1 p.m.

Glass Blowing Demonstration with Gérald Collard

Tuesday, November 23, 1 p.m.

Film (two screenings, 1 p.m. and 6:30 p.m.)

Miss Sloane, directed by John Madden (2016, 132 min.)

Tuesday, September 19

On ne peut pas faire deux fois la même erreur. NFB documentary directed by Alanis Obomsawin. (162 min.)

Thursday, September 21

Les mots qui dansent, directed by Yves Etienne Massicotte (2016, 44 min.) (part of Universal Accessibility Month)

Tuesday, October 10

Peur blanche, directed by Farren Blackburn (2016, 92 min.)

Thursday, October 19

Une vie entre deux océans, directed by Derek Cianfrance (2016, 133 min.)

Tuesday, November 7

Chez le barbier, réflexions d'hommes arabes. NFB documentary (52 min.)

Thursday, November 16

Everest, directed by Baltasar Kormakur (2015, 121 min.)

Thursday, December 7

Le goût des merveilles, directed by Éric Besnard (2016, 100 min.)

Tuesday, December 12

Regular Activities

Knitting Club, Wednesday at 1 p.m. from September 13 to December 13

Duplicate Scrabble Workshops,

Tuesday at 1 p.m. starting February 12

The Duplicate Scrabble Club is open to newbies, enthusiasts, and experts

Musclez vos méninges, Wednesday September 13, October 11, November 8, and December 6, 10 a.m. to noon

Once a month, seniors are invited to participate in a range of interactive cognitive activities and learn strategies they can apply in their everyday lives

Scrapbooking Workshop: Greeting
Cards Monday Sentember 18 and 25

Cards, Monday, September 18 and 25, October 16 and 23, November 13 and 20, and December 4 and 11, 2 to 4 p.m.

Create your own greeting cards to mark birthdays and other milestones and learn collage and scrapbooking techniques to preserve your cherished memories

La prévention des chutes chez les aînés with Carole Morency Friday, November 24, 2 p.m.

Painting Workshop

Friday, December 1, 2:30 p.m.

Digital Corner: Training, Workshops, and One-on-one Help

iPad Course: Intermediate level in partnership with the centre d'éducation des adultes Jeanne-Sauvé

Thursday, 10:30 a.m. to 12:30 p.m. starting September 28 Participants learn more about using the iPad in this ten-session course

Les médias sociaux, un monde à découvrir!

Workshop: Facebook et Messenger pour tous.

Monday, September 18, 2 p.m.

Workshop: Instagram for Everyone Monday, October 23, 2 p.m.

Workshop: Twitter pour tous Monday, November 20, 2 p.m.

Workshop: bibliothèque numérique pour tous Tuesday, December 5, 2 p.m.

Computer Workshops: Introductory workshops on the Internet, email, Word,

and Excel

Digital Clinic: Bring your device (tablet, e-reader, smartphone, or laptop) and your questions! Wednesday from 2 to 4 p.m. and Thursday from 7 to 8 p.m. Ask us for details!



SAINT-PIERRE LIBRARY

Knitting Workshop with Giovanna Clémenti. Space is limited.
Registration required (bilingual activity)
Thursday, September 14 and 21,
October 12 and 19, and November 9
and 16, 1 to 3 p.m.

Book Club

Thursday, September 28, October 26, and November 23, 1 to 3 p.m.

Computer Workshops: Introductory workshops on the Internet, email, Word, and Excel. Ask us for details!

Digital Library: Training on using the digital library. Ask us for details!

New for Fall 2017

Colouring Workshop, Thursday October 12 and 26, November 2, 9, and 30, and December 14, 1 to 3 p.m. Ask us for details! Excerpts from novels, stories, folk tales, etc.

Music Club

Tuesday, September 26, October 31, November 28, December 12, 1 p.m. Saul-Bellow Library invites music lovers to meet at the library once a month to listen to, discuss, and share music of any genre

French Conversation Workshop Wednesday, September 27, October 25, November 29, and December 13, 10 a.m. to noon (Childcare available for children

age 3 to 5. Ask us for details!)

Literacy Classes

Monday and Tuesday, 6:30 to 8:30 p.m. starting October 1

In partnership with centre d'éducation des adultes Jeanne-Sauvé. Registration night, Wednesday, September 20, 6:30 to 8:30 p.m.

Guided Tours

Get to know your library and make the most of its collections and services with these guided tours. Two tours a month, **Wednesday, 2 to 4 p.m.** Ask us for details!

3D Printer Workshops

Two workshops a month, **Tuesday and Thursday, 2 to 4 p.m.** Ask us for details!

Beginner and Expert Crochet Workshops with Giovanna Clementi Monday, September 11, October 2, and November 6 and 27, 1 to 3 p.m.

SAUL-BELLOW AND SAINT-PIERRE LIBRARIES YOUTH ACTIVITIES – FALL 2017



SP = Saint-Pierre Library

HEURE DU CONTE/STORYTIME

En français/In French (3 à 6 ans)

Activité parent-enfant. Inscription à une session de 7 semaines. Choix de 4 sessions. Limite de 12 enfants/session.

- 1. Mardi à 18 h 30, du 12 septembre au 24 octobre
- 2. Mercredi à 18 h 30, du 13 septembre au 25 octobre
- 3. Mardi à 18 h 30, du 7 novembre au 19 décembre
- 4. Mercredi à 18 h 30, du 1er novembre au 13 décembre
- SP (entrée libre) : samedi à 15 h, du 23 septembre au 16 décembre

En anglais/In English (3 à 6 ans)

Parent-child activity. Registration required for one 7-week session. Choice of 2 sessions. Limit of 12 children per session.

- 1. Thursday at 6:30 p.m., from September 14 to October 26
- 2. Thursday at 6:30 p.m., from November 2 to December 14

Bilingue/Bilingual (2 à 7 ans)

Activité parent-enfant. Entrée libre.

Parent-child activity. No registration required.

Vendredi à 10 h 15, du 13 octobre au 15 décembre *Friday at 10 :15 a.m.*, from October 13 to December 15

SP Mardi à 18 h 30, du 12 septembre au 19 décembre, à l'exception du 3 octobre et du 31 octobre/Tuesday at 6 :30 p.m., from September 12 to December 19, with the exception of October 3 and October 31

OTHER WEEKLY ACTIVITIES

Toddler Time (age 0–5)

Saturday, 10:15 to 11:45 a.m., Sept. 16 to Dec. 2. (except Oct. 21)

Game Club (age 4+)

Thursday, 4 p.m., Sept. 14 to Dec. 14 SP Wednesday, 4 p.m., Sept. 13 to Dec. 13

Art Club (age 7+)

Wednesday, 4 p.m., Sept. 13 to Dec. 13 **SP** Friday, 3:30 p.m., Sept. 15 to Dec. 15

Video Game Friday (age 9+)

Video games on the big screen. Friday, 3:30 p.m., Sept. 15 to Dec. 15

Teen Committee (age 12+)

Help design library programs. Bring a lunch. Saturday, noon, Sept. 2 to Dec. 2. (except Oct. 7 and Nov. 18)

SPECIAL ACTIVITIES

3D Printing: On imprime des porte-clés! (age 8+)

Saturday, September 9, 2 p.m.

Family Craft: Ideas for Showcasing Your Family Photos (age 4+) Sunday. September 10, 2 p.m.

SP La Fête de la Paix at Kirkland Park (all ages)

The library will be there. Stop by! Organized by Revitalisation Saint-Pierre. Saturday, September 16, 2 p.m.

EDUCAZOO: Come See the Animals! (age 4+)

Two groups: age 4 to 7 (with an adult) and 8+ (without an adult) Sunday, September 17, 3 p.m.

NARUTO (age 9+)

Reveal your inner ninja. Friday, September 22, 1 p.m. to 4:30 p.m.

Je lis, tu lis (age 6 to 8)

Word games, readings, and book suggestions for beginning readers Saturday, September 23, 1 p.m.

Bonkers for Books Saturdays: Book Bingo (age 8+)

Saturday, September 23, 3 p.m.

Fabriquer du plastique: A Scientific Workshop with Les Scientifines (age 8+) Sunday, September 24, 2 p.m.

Welcome to Lachine

(all ages)

New Lachine residents are invited to browse booths, take part in activities, and chat. Organized by Lachine's intercultural reflection and action group (TRAIL) Friday, September 29, 6 to 8 p.m.

Contes et canots (all ages)

Listen to stories and construct a miniature boat

SP Saturday, September 30, 3 p.m.

Performance: Moulins et merveilles (age 5+)

Register for this activity at the reception desk. Presented as part of Culture Days Saturday, September 30, 2 p.m.

Post-performance Activity: moulin, pain et écrivains (age 5 to 9)

Open Calligraphy Workshop (all ages) Workshop offered as part of Culture Days Sunday, October 1, 1 to 4 p.m.

La ceinture fléchée (all ages)

Discover the origins of the traditional Québec woven sash and experiment with patterns to make your own

SP Sunday, October 1, 2 p.m.

Les microbes envahissent! Clowning Around with Pafolie and Jaclo (age 4 to 10)

A 30-minute performance followed by a magic show that will teach kids some words in QSL (Québec Sign Language). Sunday, October 8, 2 p.m.

Je lis, tu lis (age 6 to 8)

Word games, readings, and book suggestions for beginning readers Saturday, October 14, 1 p.m.

Bonkers for Books Saturdays: Wonder by R.J. Palacio (age 8+) Saturday, October 14, 3 p.m.

Family Craft: Masks, Hats, and Other Halloween Accessories You Can Make Yourself (age 4+) Sunday, October 15, 2 p.m.

Faites de la glu with Les Scientifines (age 8+)

SP Sunday, October 15, 2 p.m.

Performance: Les contes de ma mère Laie (age 3 to 5)

Open to all. Program offered by the Dorval-Lachine Early Childhood Working Group (TCPE-DL) as part of the Montréal Intercultural Storytelling Festival Saturday, October 21, 10:30 a.m.

IDans la bibliothèque hantée, il y a (age 6+)

A game created by the library's Teen Committee. Saturday, October 21, 2 p.m.

Science Activity: Faites de la glu with Les Scientifines (age 8+) Sunday, October 22, 2 p.m.

Day of the Dead (all ages)

Skeleton stories and skull decorating to celebrate the Mexican holiday Day of the Dead

SP Sunday, October 22, 2 p.m.

Performance: La voix de la jungle (all ages) – No registration required

With Franck Sylvestre. Program offered by the Dorval-Lachine Early Childhood Working Group (TCPE-DL) Saturday, October 28, 2 p.m.

LEGOs: LEGO Creations of All Shapes and Sizes (age 6+)

Sunday, October 29, 2 p.m.

La chasse aux monstres: A Game (age 4+)

SP Sunday, October 29, 2 p.m.

Big Game Day (age 4+)

Organized rounds of games and self-service games for all-day fun! At both libraries. Wednesday, November 1, 10:30 a.m.

to 5 p.m.

SP Wednesday, November 1, 1:30

to 6 p.m.

Video Games for Every Gamer (age 8+)
Saturday, November 4, 2 p.m.

Movie: La Belle et la Bête

(2017, 129 min.)

Sunday, November 12, 2 p.m.

Je lis, tu lis (age 6 to 8)

Word games, readings, and book suggestions for beginning readers Saturday, November 11, 1 p.m.

Bonkers for Books Saturdays: A Book Fair of Your Favourites (all ages)

Saturday, November 11, 3 p.m.

Science Activity: La voiture à air (age 7+)

Sunday, November 19, 2 p.m.

Marionnette Show: Le lièvre et la tortue (age 0-7)

SP Sunday, November 19, 2 p.m.

An Afternoon for Little Ones (age 0–5)

The Saul-Bellow Library's Teen Committee has organized some fun activities to wrap up Big Week for Little Ones

Saturday, November 25, 1 to 3 p.m.

Family Craft: Getting Ready for the Holidays (all ages) Sunday, November 26, 2 p.m.

Science Activity: clin d'oeil lumineux (age 7+)

SP Sunday, November 26, 2 p.m.

Guided Painting: For Budding Painters (age 8+)

Friday, December 1, 1 to 2:30 p.m.

Christmas Performance (age 4+) Sunday, December 3, 2 p.m.

Holiday Craft (all ages)

SP Sunday, November 10, 2 p.m.

Short Movie and Cookies (age 0–5) Saturday, December 16, 10:15 a.m.

Je lis, tu lis (age 6 to 8)

Word games, readings, and book suggestions for beginning readers Saturday, December 16, 1 p.m.

Bonkers for Books Saturdays: Personalized Christmas Cards (age 8+) Saturday, December 16, 3 p.m.

Family Game Time (all ages) Sunday, December 17, 2 p.m.

ACTIVITIES FOR CHILDCARE PROVIDERS AND SCHOOLS

Our libraries can organize age-appropriate activities for groups. Schedule your library visit with our youth librarian, Sueanne O'Hanley: 514-872-2787 or

sueanne.ohanley@ville.montreal.qc.ca



Exhibitions



2901 boulevard Saint-Joseph 514 634-3471, ext. 302 or 828

Hours

Friday and show nights: 6 p.m. to 9 p.m. Saturday and Sunday: noon to 5 p.m. Free admission



Photo credit: Richard-Max Tremblay

Partial view of the To Get a Drink, You Have to Sell exhibition.

For full schedule details: www.lachine.ca





Permanent Exhibition

To Get a Drink, You Have to Sell Advertising and Black Horse Beer in the 20th Century. Information: 514-634-3478

the strategies used by Dawes Brewery to froth up sales of their famous Black Horse Beer.

See Lachine Museum's permanent exhibition and discover

www.blackhorse.museedelachine.com

Temporary Exhibitions/2017–2018 Schedule

L'Entrepôt is both a concert hall and a terrific space dedicated to multidisciplinary exhibitions.

Saison Lachine

October 13-November 12

Gilles Michel Belisle

With the soul of an artist, Gilles Michel Belisle immerses himself in the changing faces of his city, expertly capturing its brilliant light and life in the space of a fleeting glance, a mesmerizing moment.



Canal de Lachine

November 17 to December 17

Céline Bélec

Céline Bélec explores how the past, present, and future of the Lachine Canal intersect with drawings depicting the water, animals, and humans coexisting along its banks.

Impressions d'ici et d'ailleurs

January 19 to February 18

Michel Murgulescu

Artist Michel Murgulescu seeks to capture all that is fleeting—light, colour, a moment in time. A member of Société des arts visuels en direct, the artist brings us an exhibition featuring Impressionist-style landscapes and still lifes.



Rives sud du canal Lachine, Céline Bélec

Fragments de territoire

February 23 to March 25

Geneviève Cartier

The artist breaks down her reality until it becomes a set of shapes, lines, solids and voids, light and shadow that evoke music through their very plasticity. Her superimposed colours, shades, and textures echo polyphonic musical lines with overlapping, dissonant, harmonic, major, minor, bass, and sharp notes.



Shows at L'Entrepôt

A Stellar Season

2017–2018 at L'Entrepôt is a season of big names and bright lights in music, theatre, and comedy. Get your show tickets today!

Ciné-club de l'Entrepôt Monday, 7:30 p.m.

L'Entrepôt's movie club offers diverse, accessible movie programming for your cultural enjoyment. Ticket office: 514-634-3471, ext. 302 or 828, or www.lachine.ca

Venue Rentals

Looking for a warm and intimate setting for your next concert? L'Entrepôt's magnificent 320-seat concert hall has great acoustics and stage equipment and is available for rent. More information: loisirslachine@ville.montreal.gc.ca



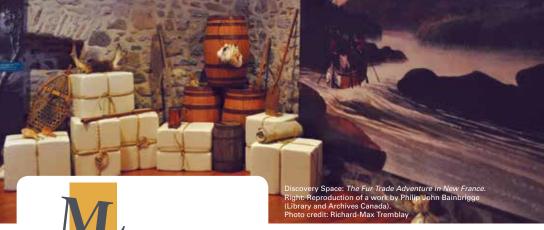
Au fil de l'excellence is a gala that celebrates artistic and sports achievements, the courage and dedication of Lachine residents and associations, and their contribution to the Borough's economic development. A total of 16 awards will be handed out to Lachine residents, groups, and associations that make our community a better place.

If you'd like to nominate a group or individual candidate, please write to us by August 25. Application forms are available at Maison du brasseur (2901 boul. Saint-Joseph) or by request at loisirslachine@ville.montreal.gc.ca.

The Au fil de l'excellence Gala will be held on October 22. By invitation only.

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Registration and Acces Card



1. chemin du Musée • 514 634-3478 museedelachine@ville.montreal.qc.ca www.museedelachine.com

Exhibitions

Maison Le Ber-Le Moyne: un site, un rêve....

Through October 1

A magnificent example of 17th century French architecture, Maison Ber-Le Moyne is a designated historical site. Inside, you'll find over 400 historical and archaeological artefacts illustrating the life of its occupants throughout the centuries.

Guided architectural tour. Saturday and Sunday, 2 p.m., September 2 to October 1

Infiltration artistique

This historic exhibition incorporates aspects of artist Douglas Scholes' project, Wanderer: (re)Marking, part of the national Landmarks2017 event, a Signature Project through Canada 150 created by Partners in Art and presented by TD.

Activity with the artist Douglas Scholes during Culture Days, Saturday, September 30 and Sunday, October 1, 1 p.m. to 4 p.m.

Lachine's Outdoor Museum

Open daily from sunrise to sunset, Musée de Lachine site, René-Lévesque Park, and river parks



With its collection of 50 works, Lachine's open-air museum is one of Canada's largest contemporary sculpture gardens.

Sculp'tour - A 350th/375th Anniversary Tour

Through October 1, Wednesday to Sunday, 9 a.m. to noon

A guided tour of works that echo Lachine's history, exploration in the region, and the eternal quest for new horizons.

Reservations: 514-634-3478

Hours for 2017

Through September 3, Tuesday to Sunday September 6 to October 1: Wednesday to Sunday, Noon to 5 p.m. After that, the museum will be closed until April 2018.



Free admission/Pay parking

L'aventure de la traite des fourrures en Nouvelle-France

Through October 1

In conjunction with the 350th anniversary of Lachine and 375th anniversary of Montréal, learn about how trade between First Nations and Europeans evolved as you handle skins, tools, and other tradeable goods.

Wapikoni mobile : atelier et projection

Sunday, September 10, 1 p.m.

A workshop exploring the culture of Québec's First Nations through a selection of audiovisual and musical creations dedicated to young Aboriginal peoples.



REGISTRATION

Unless otherwise noted, the registration period for all activities that start in September and October (except swimming lessons—see orange section) will be held:

· Wednesday, September 6, from 6:30 p.m. to 8 p.m. at Maison du brasseur (for activities held in Lachine and the Saint-Pierre District through October 1)



Accès Montréal Card

Get a 10% discount on tickets for shows and movies at L'Entrepôt. Available at Bureau du citoyen for \$8 (photo and proof of residence required). Good for one year. Photo for card: \$2.50



Accès Lachine Card

You'll need an Accès Lachine card to sign up for swimming classes, borrow books, or take part in library activities. It is free and good for two years. You can get your Accès Lachine card at one of the Borough's two libraries (photo ID and proof of residence required).

Swimming Lessons

Online Registration

- Online registration starts August 29 at 6 p.m. for the fall session and December 12 at 6 p.m. for the winter
- If the server is unavailable when you try to register, please try again later. If we cannot fix the problem quickly, we following day to give everyone a

Online registration terms and conditions

- The parent and child must have a valid Accès Lachine card at the time of
- The parent must make the payment.
- Parks & Rec staff are available during are unsure of their child's swimming level. 514-634-3471, ext. 820

Refunds

- A \$10 fee (tax included) will be deducted from your refund should you
- No refunds will be offered once an activity has started unless you have a doctor's note or a class is cancelled by the Borough.



Work by Mark Prent, Explorer, 1994

Activities for all



Public swim schedule (free): September 9, 2017, to May 11, 2018 (special holiday and school break hours)

ACTIVITY	LOCATION	SCHEDULE
Families*	Sainte-Anne College	Friday, 7 p.m. to 8:30 p.m. Saturday, 2:30 p.m. to 4:15 p.m. Sunday, 1 p.m. to 3:45 p.m.
Adults (lap swimmers)	Sainte-Anne College	Tuesday, Wednesday, and Thursday, 8 p.m. to 9:45 p.m. Friday, 8:30 p.m. to 9:45 p.m. Sunday, 6 p.m. to 8:45 p.m.

^{*} Depending on attendance, one or two lanes may be kept open for lap swimming. Public swim is free! Pool staff may require a valid Accès Lachine card (see p. 17) as proof of identity and may deny pool access to those without a valid card.

CHILD SAFETY IN AQUATIC FACILITIES

To enter a pool without an adult, children must be at least 6 years old and meet the minimum height requirement (57 in.) posted at the pool entrance or pass a swimming test. They must also be familiar with the pool layout and obey all pool rules. A chaperone (age 16+) may supervise a single child who can't swim and isn't wearing a life vest. In all other cases, the ratio is 1:6, meaning one monitor for every six children. Children who can't swim should bring their own life jacket whenever possible, since there aren't always enough life jackets of the right size on hand at the pool for all users. Users may be required to adhere to additional rules to make sure everyone is as safe as possible in the pool. Pool supervisors are authorized AT ALL TIMES to reduce the aforementioned ratio, tighten up rules, and require swimmers to wear life jackets.

SHOWERING REQUIRED

"All swimmers must shower before entering the water in order to remove germs and contaminants from their skin (e.g., sweat, dead skin, lotions)." Excerpt from the Rules

Public skate schedule (free): September 11, 2017, to March 30, 2018 (Special schedule during holidays and school breaks)

ACTIVITY	LOCATION	SCHEDULE	
Preschool Parent with child age 0–5	Martin-Lapointe Arena	Thursday, 1 p.m. to 2:30 p.m.	
	Pierre "Pete" Morin Arena	Wednesday, 1 p.m. to 2:30 p.m. Friday, 11:30 a.m. to 1 p.m.	
Families	Martin-Lapointe Arena	Saturday, 7 p.m. to 9 p.m. Sunday, 4 p.m. to 5 p.m.	
	Pierre "Pete" Morin Arena	Friday, 8 p.m. to 10 p.m. Saturday, 7 p.m. to 9 p.m. Sunday, 2 p.m. to 4 p.m.	
Adults	Martin-Lapointe Arena	Monday and Wednesday, 11 a.m. to noon	
	Pierre "Pete" Morin Arena	Monday, Tuesday, Thursday, and Friday, 1 p.m. to 2:30 p.m.	

FREE SKATE RENTAL: At Martin-Lapointe Arena, children and teens under 18 get free skate rentals with their Accès Lachine card courtesy of Club Optimiste Saint-Pierre. Ask one of our skate supervisors for more details. **SKATE RENTAL:** Adults can rent skates at the equipment shop (both arenas) for a nominal fee.

Graffiti Program

The Graffiti Program, launched in Lachine in 2003, takes a realistic view of the graffiti phenomenon. Known and respected graffiti artists lead workshops and events to build solid bridges with Lachine youth.

Multimedia Workshops

Free multimedia workshops designed for urban and graffiti artists looking to develop their skills. By appointment only.

More information: 514-634-3471, ext. 360 or

(Lachine Graffiti Program)





Breaking Social Isolation through Physical Activity

A lot of families can't afford recreational activities. This program aims to break the cycle of social isolation by offering free recreational access to those with low incomes.

Packaging the Possibilities

Lachine's Recreation Access Program provides lists of programs with spaces available so people can choose from a variety of activities. Our partners and community organizations are then tasked with contacting and informing the target clientele

(low-income individuals and families) of the program registration period. Our municipal and private recreation partners must add a free spot to each of their classes.

Registration for the fall 2017 session will be confidential and held on Wednesday, September 13, from 1 p.m. to 7 p.m. at the Albert-Gariépy Community Centre (800 rue Sherbrooke).

More info: www.lachine.ca

A big thank you to our Lachine partners who decided to get involved!

Lachine Borough's Urban Safety Action Committee (CASUAL) 800 rue Sherbrooke, Lachine, Québec H8S 1H2 514-634-3471, ext. 825



Montréal is one of the safest major cities in North America.

Like any city, though, it has certain urban problems. The City encourages everyone to be proactive about safety and support local crime prevention and urban safety initiatives.



CASUAL can help everyone living in Lachine to take ownership of public spaces, enjoy the full use of their property, provide their family with a safe living environment, and learn the value of solidarity and helping one another. It's part of the City of Montréal's Tandem group of actors for the Lachine sector.

A few of the initiatives:

- Burglary prevention home visits for residents upon request
- Activities to get people out into public spaces, reduce acts of incivility, and increase the feeling of safety in public spaces
- Awareness and information initiatives aimed at increasing the feeling of safety among women and families (e.g., talks, exploratory walks)
- · Bike labelling activities and bike safety tips
- Security metrics on aspects of life in Lachine that impact the feeling of safety in a given sector: parks, support for citizen initiatives, etc.





The Lachine recreational centre, Centre de loisirs de Lachine, opened a year ago and we are pleased to offer new activities in the following three categories:

Recreation centre

The recreation centre has a broad array of programs for all ages and skill levels.

Club Déclic Lachine



Looking for inexpensive activities to do with your kids?

This is the program for you. Moms and dads will enjoy spending quality family time while experiencing something new.

Registration will be on Saturday, September 23. Follow us on Facebook or visit our website for more information.

Club Déclic Lachine

Phone: 514 465-2635

Le Phoenix de Lachine day camps

Spring Break

Let Le Phoenix de Lachine day camps entertain your kids age 5–12 with fun and exciting activities over Spring Break. You'll have peace of mind and they'll have the time of their lives!

Email: info@centre-de-loisirs-lachine.com

Phone: 438 883-5833

Camps de jour Le Phoenix de Lachine



Win a gift card!

Register online between August 15 and September 5, 2017, for a chance to win one of two \$75 gift cards.

For more information about Centre de Loisirs de Lachine:

www.centre-de-loisirs-lachine.com info@centre-de-loisirs-lachine.com

514 465-2635

Centre de Loisirs de Lachine

DAY CAMPS AND SPECIALIZED DAY CAMPS

ACTIVITY AGE SCHEDULE LOCATION COST PER SESSION ORGANIZATION REGISTRATION

Spring Break day camps, March 5–9, 2018

Le Phoenix de Lachine day camp (with daycare) Age 5–12* Age 5–12* Monday to Friday, 7:30 a.m. to 6 p.m. LaSalle Park	\$130 Centre de loisirs de Lachine <u>www.centre-de-loisirs-lachine.com</u> 514-863-5833 514 863-1934	January 27, 2018, from noon to 4 p.m. at the Albert-Gariépy Community Centre
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^{*5-}year-olds must be in school

Special Spring Break day camps, March 5–9, 2018

Badminton	Age 8–14	Monday to Friday, 8:30 a.m. to 4:30 p.m.	Sainte-Anne College	\$130	Badminton Lachine www.badmintonlachine.com	Online starting January 2018	
Swim and Sports Camp (without daycare)	Age 5–12	Monday to Friday, 9 a.m. to 4 p.m.	Sainte-Anne College	\$90 (includes two outings)	Lachine Swim Club www.clubnatationlachine.com	Monday, Wednesday, and Friday from 5 p.m. to 6:30 p.m. at the Sainte-Anne College pool, by phone or online, January 8 to March 2	
Swim and Sports Camp (with daycare)	Age 5–12	Monday to Friday, 8 a.m. to 6 p.m.	Samte-Arme College	\$130 (includes two outings)	clubdenatationlachine@gmail.com 514 307-3470		
Gymnitours (with daycare)		Monday to Friday, 7:30 a.m. to 5:30 p.m.		\$185	Lachine Gymnitours Club		
Gymnitours (without daycare)	Age 5–12	Monday to Friday, 8:30 a.m. to 3:30 p.m.	Sainte-Anne College	\$135	www.gymnitours.ca 514 639-6510	See website	

22							YOUTH ACTIL	JITIES
	ACTIVITY	AGE	SCHEDULE	SESSION	LOCATION	COST PER SESSION	INFORMATION	REGISTRATION
	Development Activities	Age 3–5	Monday to Friday, 8:30 a.m. to 4:30 p.m.	Sept. to Dec. Jan. to May	Albert-Gariépy Community Centre	Varies	Centre multi-ressources de Lachine www.cmrl.ca 514 634-3658	Onsite
	English (Beginner) English (Intermediate) Arabic (Beginner) Arabic (Intermediate) Arabic (Advanced)	Age 6–13	Saturday, 1 p.m. to 1:45 p.m. Saturday, 3 p.m. to 4:45 p.m. Saturday, 9:30 a.m. to 11 a.m. Saturday, 11 a.m. to 12:30 p.m. Saturday, 1 p.m. to 2:30 p.m.	Sept. 16 to Dec. 2 Dec, 9 to March 10 March 17 to June 2	Albert-Gariépy Community Centre	\$130 for a 12-class session	Centre de loisirs de Lachine www.centre-de-loisirs-lachine.com 514 465-2635	Online or by phone starting August 15 Sept. 16, 6:30 p.m. to 8 p.m., Maison du brasseur
	Jukitae Martial Arts	Age 6–16	See website	See website	Albert-Gariépy Community Centre	\$80 – 1 class/week \$140 – 2 classes/week (kimono purchase not included)	Ass. Art martial moderne inc. www.artmartialmoderne.com 514-634-3471, ext. 355	Sept. 6, 6:30 p.m. to 8 p.m., Maison du brasseur Sept. 8, 6 p.m. to 8 p.m., and Sept. 9, 10 a.m. to 2 p.m., Albert-Gariépy Community Centre
	Art Workshop	Age 6–12 Age 13–18	Sunday, 10 a.m. to 11:30 a.m. Tuesday, 7 p.m. to 8:30 p.m.	Sept. 17 to Nov. 21 Dec. 3 to Feb. 20 March 11 to May 22	Maison du brasseur	\$85 for a 10-class session	Centre de loisirs de Lachine www.centre-de-loisirs-lachine.com 514 465-2635	Online or by phone starting August 15 Sept. 16, 6:30 p.m. to 8 p.m., Maison du brasseur
	Parent/Child (age 0-2) Workshop	Parent with child 0–2 years old	Monday to Friday, 8:30 a.m. to 4:30 p.m.	Sept. to Dec. Jan. to May	Albert-Gariépy Community Centre	Varies	Centre multi-ressources de Lachine www.cmrl.ca 514 634-3658	Onsite
	Track & Field U-10 (Recreational) Track & Field (Junior and Intermediate)	Age 6–9 Age 10–13	Tuesday, 6 p.m. to 7:30 p.m. Tuesday and Thursday, 6 p.m. to 7:30 p.m.	Mid-Sept. to mid-Dec.	Sainte-Anne College and outdoor track	\$85 \$100 + FQA membership	Lachine Track & Field Club www.athletismelachine.ca	Sept. 12 at 6 p.m. at the Lachine outdoor track Sept. 4 at 6 p.m. at the Lachine outdoor track
	Track & Field (Advanced) Badminton (Class) Beginner I and	Age 14–25 Age 6–16	Monday to Thursday, 6 p.m. to 7:30 p.m.	Sept. to Dec.	and outdoor track	\$150 + FQA membership	514 710-6009	Sept. 2 at 1 p.m. at the Lachine outdoor track
	II, Intermediate, Competitive, Elite (feather shuttlecock) Badminton for Families	(up to age 24 for the Elite category) Age 6+ At least one adult	6 p.m. to 8 p.m. (except Elite, see website) Sunday, 1 p.m. to 3 p.m.	Sept. 5 to June 8 Sept. 10 to June 10	Sainte-Anne College	See website	Badminton Lachine www.badmintonlachine.com 514-634-3471, ext. 888	Online starting Sept. 1 and at Maison du brasseur, Sept. 6, 6:30 p.m. to 8 p.m.
	Badminton for Kids (open to all) Classical Ballet and Modern Dance	Age 6–16 Age 4+	Saturday, noon to 2 p.m. Monday to Thursday, 4:45 p.m. to 9:30 p.m. and Saturday,	Sept. 9 to June 9 Sept. 11 to Dec. 16 January 8 to June 1	Maison du brasseur	By level	© Centre de loisirs de Lachine www.centre-de-loisirs-lachine.com 514 465-2635	Online or by phone starting August 15 Sept. 7 and 8, 5 p.m. to 8 p.m., Maison
	Baseball	Age 10–21	9 a.m. to 1:45 p.m. Weeknights	Oct. to Dec. Jan. to Apr.	Saint-Louis College	TBD	Ass. de baseball amateur de Lachine (amateur baseball association) www.baseballlachine.com baseballlachine@hotmail.com	du brasseur See website
	Basketball	Age 7–17	Saturday, 10 a.m. to 1 p.m. Thursday,	Sept. 23 to May 19	Sainte-Anne College	\$125	514-634-3471, ext. 313 Janet Lawrence at 514 601-2317 Squadron 686 Dorval-Lachine	Sept. 6, 6:30 p.m. to 8 p.m., Maison du brasseur Every Thursday onsite
	"Teens: Make It Your Own" Sewing Class "Mommy & Me"	Age 12–18 Age 12–17	6:15 p.m. to 9:15 p.m. Wednesday, 5 p.m. to 6 p.m.	Sept. 7 to June 14 Sept. 20 to Nov. 22 Dec. 6 to Feb. 21	Albert-Gariépy Community Centre	\$120 for a 10-class session		Online or by phone starting August 15 Sept. 6, 6:30 p.m.
23	Sewing Class	Moms and their babies	Wednesday, 10 a.m. to 11 a.m.	March 14 to May 16			514 465-2635	to 8 p.m., Maison du brasseur
							YOUTH ACTIL	JITIES
	ACTIVITY	AGE	SCHEDULE	SESSION	LOCATION	COST PER SESSION	INFORMATION	REGISTRATION
	Curling	Age 10–90	Varies Sunday,	Oct. 1 to April 21	4105 du Fort-Rolland	Varies	Club de curling de Lachine (curling club) 514-637-9521	By phone
	Combined Dance (tap, ballet, jazz, hip-hop) Children's Dance	Age 3–5 Age 6–8 Age 9–13 Ages 14–18 Age 4–6	9 a.m. to 10:30 a.m. Sunday, 10:30 a.m. to 11:30 a.m. Sunday, 11:30 a.m. to 1 p.m. Sunday, 1 p.m. to 3 p.m. Saturday, 9 a.m. to	Sept. 24 to Nov. 19 Nov. 26 to Feb. 4 Feb. 11 to April 8 April 15 to June 10	Fernand-Laplaine Centre	\$113.83 to \$221.21 depending on age and session	Centre de loisirs de Lachine www.centre-de-loisirs-lachine.com 514 465-2635	Online or by phone at 514-431-1895 starting August 15 Sept. 16, 6:30 p.m. to 8 p.m., Maison du brasseur
	Québec Dances and Jigs	Age 7–11 Age 12–17	10:30 p.m. Weds., 6 p.m. to 7:30 p.m. Tuesday, 6 p.m. to 7:30 p.m.	Winter: Week of Jan. 11 to April	70.15	Varies: resident and non-	Les Éclusiers folk group www.eclusiers.com	2August 26, 10 a.m. to 4 p.m., 70 15° Avenue
	International Dances	Age 7–11	Saturday, 10:30 a.m. to noon Friday,	Week of Sept. 21 to May	70 15° Avenue	Varies: resident and non- resident rates	www.eclusiers.com info@eclusiers.com 514 823-7360	August 26, 6:30 p.m. to 8 p.m., 70 15e Avenue
	Drawing	Age 12–17 Age 6–16	6 p.m. to 7:30 p.m. Friday, 6 p.m. to 7:30 p.m.	Sept. 22 to Nov. 24 Nov. 24 to Feb. 9	Maison du brasseur	\$84 for a 10-class session	Centre de loisirs de Lachine www.centre-de-loisirs-lachine.com 514 465-2635	Sept. 6, 6:30 p.m., Maison du brasseur Online or by phone starting August 15 Sept. 16, 6:30 p.m. to 8 p.m., Maison
24		_		Fall /45	Albert Carif	Racidonte: #05	Centre de loisirs de Lachine	Online or by phone starting August 15
	Enamelling on Copper Girl Guides of Canada	Teens Age 5–17	Tuesday, 9 a.m. to 4 p.m. Varies	Fall (15 weeks) Winter (15 weeks) Mid-Sept. to mid-May	Albert-Gariépy Community Centre Summerlea Church 225 50° Avenue	Residents: \$25 Non-residents: \$35 \$140	Centre de loisirs de Lachine www.centre-de-loisirs-lachine.com 514 465-2635 Mary-May Hubert 514 637-7605	starting August 15 Sept. 6, 6:30 p.m. to 8 p.m., Maison du brasseur Sept. 6, 6 p.m. to 8 p.m., Summerlea Church
	Artistic Gymnastics	Age 2–16	Varies Varies	Sept. 23 to June 1 August to April	Sainte-Anne College and Albert-Gariépy Community Centre Martin-Lapointe Arena and Pierre "Pete"	Varies \$270 for one child	Lachine Gymnitours Club www.gymnitours.ca 514 639-6510 Assoc. de hockey sur glace de Lachine (ice hockey association)	Online and onsite starting on August 15 August 19 and 26, 10 a.m. to 2 p.m., Pierre "Pete" Morin Arena
	(Pre-novice to Midget)	Age 4–17 Age 4–6 Age 7+	Tuesday and Thursday, 6 p.m. to 8 p.m. Saturday,	August to April Sept. 3 to July 15	and Pierre "Pete" Morin Arena Fernand-Laplaine Community Centre	(\$140 per additional child)	www.hockeylachine.com 514 634-2471 Karaté-do Lachine karatedolachine.com 514 506-9948	At Fernand-Laplaine Community Centre, Sept. 7, 6:30 p.m. to 8 p.m.
	Karate and Self-defense	Age 5–7 Age 8–17	Tuesday and Thursday, 6 p.m. to 8:30 p.m. Saturday, 9 a.m. to 11:30 a.m.	Sept. 2 to July 14	Curé-Piché Multipurpose Hall	Varies by category	calistru@videotron.ca Karaté-do Lachine karatedolachine.com 514 884-4899 sensi@karatedolachine.com	Sept. 6, 6:30 p.m. to 8 p.m., Maison du brasseur, or onsite anytime
	Music (Harmony)	Youth	Thursday, 7:30 p.m. to 8:30 p.m. Saturday, 9:15 a.m.	Sept. to June Sept. 23 to Dec. 9	Albert-Gariépy Community Centre	\$10/class	Harmonie de Lachine wind band info@harmoniedelachine.com 514 522-5406	Onsite anytime
	Swimming (Juniors age 5 to 12) Swimming Basics and Strokes (Class)	Age 5-12 Age 12–17	to 2:30 p.m. Sunday, 9:15 a.m. to 1 p.m. Sunday, 4 p.m. to 5 p.m.	Jan. 6 to April 7 Sept. 17 to Dec. 10 Jan. 7 to April 8 Sept. 17 to Dec. 10 Jan. 7 to April 8	Sainte-Anne College	Residents: \$39.75 Non-residents: \$85.75 Age 13–14: Residents: \$34 Non-residents: \$80 Age 15–17:	Borough of Lachine 311 or www.lachine.ca	Online via Recreation Online, fall: starting August 29 at 6 p.m.; winter: starting Dec. 12 at 6 p.m.
	Swimming with or without Competition (Training, Beginner)	Age 4–8	Monday, 5:30 p.m. to 6:30 p.m. Wednesday, 5:30 p.m. to 6:30 p.m.	Sept. 11 to May 25		Residents: \$39.09 Non-residents: \$91.98 \$590 * (with competition) \$475 * (without competition) * includes jersey and	clubdenatationlachine@gmail.com	Sept. 6, 6:30 p.m. to 8 p.m. at Maison du brasseur, online or by phone
25	J		Friday, 6 p.m. to 7 p.m.			swim cap	10UTH ACTIL	JITIES
	ACTIVITY	AGE	SCHEDULE	SESSION	LOCATION		INFORMATION	REGISTRATION
	Swimming with or without Competition	Age 8–12	Monday, 5:30 p.m. to 6:30 p.m. Wednesday, 5:30 p.m. to 6:30 p.m.			\$640 * (with competition) \$525 * (without competition)		
	Swimming with or without Competition (Training, Advanced) Pre-team Swimming (Intro)	Age 11–17 Age 4–10	Friday, 6 p.m. to 7 p.m. Sunday, 7 a.m. to 9 a.m. Monday, 4:30 p.m. to 6:30 p.m. Wednesday, 5 p.m. to 6:30 p.m. Friday, 5 p.m. to 7 p.m. Varies by level	Sept. 11 to May 25 Sept. 25 to Nov. 30 Jan. 8 to March 23	Sainte-Anne College	* includes jersey and swim cap \$780 * (with competition) \$665 * (without competition) * includes jersey and swim cap \$65 for a 10-class session	Lachine Swim Club www.clubnatationlachine.com clubdenatationlachine@gmail.com 514 307-3470	Sept. 6, 6:30 p.m. to 8 p.m. at Maison du brasseur, online or by phone
	Swimming – Water Rescue and Lifeguard Training	Age 13+	Saturday, 3 p.m. to 9 p.m. Saturday,	Depends on the training Sept. 23 to Dec. 9		\$140 to \$310, discounts for Lachine residents		Online via Recreation
	Swimming for Preschoolers Adult Ice Skating	6 months to age 5	9:15 a.m. to 2:30 p.m. Sunday, 9:15 a.m. to 1 p.m Monday, 9 p.m. to 10 p.m.	Jan. 6 to April 7 Sept. 17 to Dec. 10 Jan. 7 to April 8	Sainte-Anne College	Residents: \$39.75 Non-residents: \$85.75	Borough of Lachine 311 or <u>www.lachine.ca</u>	Online, fall: starting August 29 at 6 p.m.; winter: starting Dec. 12 at 6 p.m.
	Recreational Ice Skating Recreational Ice Skating (Youth Select)	Age 16+ Age 3–16 Stage 5+ badge	Wednesday evening (time TBD) Thursday, 5:15 p.m. Saturday, 9:30 a.m. Monday, 7 p.m. to 8 p.m. Friday, 6 p.m. to 7 p.m.	Sept. to March	Pierre "Pete" Morin Arena	\$250 + Skate Canada fees (family discount)	Club de patinage artistique de Lachine (figure skating club) www.cpalachine.com 514 634-0015	August 23, 24, and 30, 6:30 p.m. to 8 p.m., Pierre "Pete" Morin Arena
26		·	Tuesday and	Fall	Albert-Gariépy	\$24/30 min.	Centre de loisirs de Lachine	Online or by phone starting August 15
	Piano Pottery By Hand	Age 5+ Age 7–12	Wednesday, 3:30 p.m. to 9 p.m. Saturday, 9:30 a.m. to 11 a.m.	Winter Spring Sept. 16 to Nov. 25 Jan. 13 to March 17	Community Centre	\$34/45 min. \$44/60 min. \$140	www.centre-de-loisirs-lachine.com 514 465-2635 Lachine Pottery Guild	Sept. 6, 6:30 p.m. to 8 p.m., Maison du brasseur Sept. 6, 6:30 p.m.
	Pottery on the Wheel Scouts	Age 15+ Age 11–14	Monday, 7 p.m. to 10 p.m. Thursday, 7 p.m. to 9 p.m.	Sept. 11 to Nov. 20 Jan. 8 to March 12	Maison du brasseur	\$200	514 266-7315 Summerlea Scouts (Geoff Carrie)	to 8 p.m., Maison du brasseur
	Venturer Scouts Beaver Scouts	Age 14–17 Age 5–7	Thursday, 7 p.m. to 9 p.m. Thursday, 6:30 p.m. to 7:30 p.m.	Sept. to June	Summerlea Church 225 50° Avenue	TBD	Summerlea Scouts (Michelle Marsolais) 514 769-5565	Sept. 6, 6:30 p.m. to 8 p.m., Maison du brasseur, or by phone or onsite
	Cub Scouts Rover Scouts	Age 8-10 Age 18–26	Tuesday, 7 p.m. to 8:30 p.m. Thursday, 7 p.m. to 9 p.m.				Summerlea Scouts (Nick Fatica) 514 231-2705 Summerlea Scouts (Geoff Carrie) 514 245-9366	, pulsion onsite
	Open Soccer	Age 6–13	Sunday, 11 a.m. to 1 p.m. Friday,	Sept. 17 to Dec. 17 Jan. 14 to May 27	Sainte-Anne College	Fall: \$40 Winter: \$60	Centre de loisirs de Lachine www.centre-de-loisirs-lachine.com 514 465-2635	Online or by phone starting August 15 Sept. 6, 6:30 p.m. to 8 p.m., Maison du brasseur
	Indoor Soccer	age 5 and 6 born in 2012–2013) Boys age 7 and 8 (born in 2010–2011) Girls	Friday, 6 p.m. to 7 p.m. Friday, 7 p.m. to 8 p.m.	Nov. to April	Catalogna Soccerplex 775 1 ^{re} Avenue	\$180	Lachine SC Soccer Club www.lachinesc.com 514 639-3573	See website
27	Indoor Soccer (Competitive Trials)	age 5 to 8 (born in 2010–2013) Age 9+ (born in 2009+)	Friday, 6 p.m. to 7 p.m. Weeknights	Nov. to Dec.		\$80		
							YOUTH ACTIL	JITIES
	ACTIVITY	AGE	SCHEDULE	SESSION	LOCATION	COST PER SESSION	INFORMATION	REGISTRATION
	Theatre	Age 11 and under Age 11 and under	Saturday, 9 a.m. to 11 a.m. Saturday, noon to 2 p.m.	Sept. 30 to March 24 Performance: March 24		\$300	Prodmultisens@gmail.com	Sept. 6, 6:30 p.m.
	Dance Theatre	Age 12–17 Age 15+	Tuesday, 6 p.m. to 8 p.m. Monday,	Oct. 3 to May 19 Oct. 2 to May 12	735 rue Notre-Dame	\$390	prodmultisens.wixsite.com/ multisens 514 639-8019	Sept. 6, 6:30 p.m. to 8 p.m. at Maison du brasseur or by email
	Trampoline	Age 15+ Age 6–16	Monday, 6 p.m. to 8 p.m. Varies	Sept. 23 to June 1	Sainte-Anne College Albert-Gariépy Community Centre	Varies	Lachine Gymnitours Club www.gymnitours.ca 514 639-6510	Online or in our offices starting August 15
	Violon	Age 5+	Tuesday and Thursday, 3:30 p.m. to 9 p.m.	Sept. 12 to June 15	Albert-Gariépy Community Centre	\$24/30 min. \$34/45 min. \$44/60 min.	Centre de loisirs de Lachine www.centre-de-loisirs-lachine.com 514 465-2635	Online or by phone starting August 15 Sept. 6, 6:30 p.m. to 8 p.m., Maison du brasseur
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	ACTIVITY	AGE	SCHEDULE	SESSION	LOCATION	COST PER SESSION	INFORMATION	REGISTRATION
	Social Activities (Card and Board Games) Social, Recreational, and Physical Activities for People Age 50+ Social Activities – Cards (Bridge and Pepper),	Adults Age 50+	Monday, 1 p.m. to 4 p.m. Monday to Friday, 8:30 a.m. to 4 p.m. Monday to Friday, 9 a.m. to 4 p.m.	Sept. to May Anytime	Albert-Gariépy Community Centre Maison du brasseur 50 15° Avenue	\$15/family \$20, from Sept. to Aug. Member card – Men	Groupe Loisirs plus Union des familles de Lachine 514 634-4842 The Teapot www.theteapot.org 514 637-5627 Le Réveil de Lachine 514 634-8975	Onsite
	Aqua Boot Camp AquaFit for All AquaJogging	Age 16+	Monday and Wednesday, 7:30 p.m. to 8:20 p.m. Tuesday and Thursday, 7 p.m. to 7:50 p.m. Tuesday and Thursday, 7 p.m. to 7:50 p.m.	Sept. 25 to Nov. 30 Jan. 8 to March 23 March 26 to June 1	Sainte-Anne College	\$55 – 1 class \$90 – 2 classes \$130 – 3 classes \$170 – 4 classes	Lachine Swim Club www.clubnatationlachine.com clubdenatationlachine@gmail.com 514 307-3470	Sept. 6, 6:30 p.m. to 8 p.m. at Maison du brasseur, online or by phone
	AquaSwim Maternity/ Stroller AquaFit Martial Arts	Age 17+	Tuesday and Thursday, 6 p.m. to 6:50 p.m Monday and Wednesday, 6:30 p.m. to 7:20 p.m.	See website	Albert-Gariépy Community Centre	\$95 – Once per week \$150 – Twice per week (kimono purchase not	Assoc. Art martial moderne Inc. www.artmartialmoderne.com	Sept. 6, 6:30 p.m. to 8 p.m. at Maison du brasseur, Sept. 8, 6 p.m. to 8 p.m. and Sept. 9, 10 a.m. to 2 p.m., Albert-
29	Art Workshop	Adults	Monday, 7 p.m. to 8:30 p.m.	Sept. 18 to Nov. 27 Dec. 4 to Feb. 19 March 12 to May 28	Maison du brasseur	\$85 for a 10-class session	Centre de loisirs de Lachine www.centre-de-loisirs-lachine.com 514 465-2635	Gariépy Community Centre Online or by phone starting August 15 Sept. 6, 6:30 p.m. to 8 p.m., Maison du brasseur
		Н					ADULT ACTIL	IITIES
	ACTIVITY Workshop for Parents of	AGE Adults	SCHEDULE Monday to Friday,	SESSION Sept. to Dec.	LOCATION	COST PER SESSION	INFORMATION Centre multi-ressources	REGISTRATION
	Children Age 0–5 Workshop/Talk Competitive Badminton	Age 50+	8:30 a.m. to 4:30 p.m. 3 rd Thursday of every month Monday, 7:30 p.m.	Anytime Sept. 11 to June 4	Albert-Gariépy Community Centre	Varies	de Lachine www.cmrl.ca 514 634-3658	Onsite
	Badminton for Families Open Badminton	Families Adults	to 10:30 p.m. Sunday, 1 p.m. to 3 p.m. Tuesday, 8 p.m. to 10:30 p.m. Thursday, 6 p.m. to 8:15 p.m. and 8:15 p.m. to 10:30 p.m. Friday, 8:15 p.m. to	Sept. 10 to June 10 Sept. 5 to June 8	Sainte-Anne College	See website	Badminton Lachine inc. www.badmintonlachine.com 514-634-3471, ext. 888	Online starting Sept. 1 and onsite at Maison du brasseur, 6:30 p.m. to 8 p.m.
	Classical Ballet and Modern Dance	Adults (beginner and intermediate)	Monday to Thursday, 4:45 p.m. to 9:30 p.m.	Sept. 11 to Dec. 16 8 janv. au 1er juin	Maisson du brasseur	By level	Centre de loisirs de Lachine www.centre-de-loisirs-lachine.com 514 465-2635	Online or by phone starting August 15 Onsite at Maison du brasseur, Sept. 7 and 8, 5 p.m. to 8 p.m.
	Bingo	Adults	Tuesday, 1 p.m. to 4 p.m.	Sept. 12 to May 29 Sept. to May	LaSalle Park Club House	Varies (\$2, membership card required)	Club d'âge d'or le Soleil de Lachine Lucette Sullivan 514 634-0219 Club d'âge d'or Saint-Pierre Jocelyne Cardinal	Onsite 514-634-3471, ext. 827
	Bridge for age 50+	Age 50+	1 p.m. to 3 p.m. Tuesday, 12:30 p.m. to 4 p.m.	Anytime	Albert-Gariépy Community Centre	\$15/family	514 363-7400 Union des familles de Lachine 514 634-4842 Choeur Ambiance Choir	cadstpierre@gmail.com Onsite
30	Choral Singing	Adults	Wednesday, 7:30 p.m. to 10 p.m.	August 30 to June 6	Vieille brasserie	\$130	www.choeurambiance.com 514 273-7306	Sept. 6, 7 p.m. to 9 p.m. onsite
	Tap Dancing Tap Dancing (Advanced)		Wednesday, 6 p.m. to 7 p.m. Wednesday, 7 p.m. to 8 p.m.	Sept. 13 to Nov. 8 Nov. 15 to Jan. 31 Feb. 7 to April 11 April 18 to June 13	Fernand-Laplaine Centre	\$137.97 for a 9-class session	Centre de loisirs de Lachine www.centre-de-loisirs-lachine.com 514 465-2635	Online or by phone starting August 15 Sept. 6, 6:30 p.m. to 8 p.m., Maison du brasseur
	Photo Club	Adults	Tuesday, 7:30 p.m. to 10 p.m.	Sept. 5 to Dec. 12 Jan. 5 to April 12	-	\$50/adult	Club Vision Photo de Lachine visionphotolachine@outlook.com	Onsite, Tuesday meeting times
	Sewing Cribbage		Wednesday, 6 p.m. to 7 p.m.	Sept. 20 to Nov. 22 Dec. 6 to Feb. 21 March 14 to May 16 Sept. to May	Albert-Gariépy Community Centre	\$140 for a 10-class session	514 465-2635 Union des familles de Lachine	starting August 115 Sept. 6, 6:30 p.m. to 8 p.m., Maison du brasseur
	Collective Kitchens and Other Social and Recreational Activities	Age 50+	7 p.m. to 10 p.m. Monday to Friday, 8:30 a.m. to 4 p.m.	Anytime	Maison du brasseur	\$20, from Sept. to Aug.	514 634-4842 The Teapot www.theteapot.org 514 637-5627 Club de curling Lachine	Onsite
	Curling Social Dancing (Beginner)	Age 10–90	Varies Tuesday, 8 p.m. to 9 p.m.	Oct. 1 to April 21 Sept. 12 to Nov. 7 Nov. 14 to Jan. 24 Jan. 30 to April 3	4105 du Fort-Rolland Fernand-Laplaine Centre	Varies \$137.97 for a 9-class	(curling club) 514 637-9521 Centre de loisirs de Lachine www.centre-de-loisirs-lachine.com	Online or by phone starting to 5 Sept. 6.6:30 p. m. to 8 p. m.
	Social Dancing (Advanced – 2 nd Year) Dancing (Dances)		Tuesday, 6 p.m. to 7 p.m. 4th Saturday of the month, 7 p.m. to 11 p.m.	Jan. 30 to April 3 April 10 to June 5 Sept. 24 to April 22	Centre LaSalle Park Club	\$8/dance (member) \$9/dance (non-member)	514 465-2635 Club Or et Argent	6, 6:30 p.m. to 8 p.m., Maison du brasseur Sept. 6, 6:30 p.m. to 8 p.m., Maison du brasseur
	Line Dancing Line and Country Dancing (Beginner)	Adults	Wednesday, 10 a.m. to 11:45 a.m. Tuesday, 5 p.m. to 6 p.m.	Sept. 13 to May 9 Sept. 12 to Nov. 7 Nov. 14 to Jan. 24 Jan. 30 to April 3	House Fernand-Laplaine Centre	\$5/class \$50 for a 9-class session	514 912-6179 Centre de loisirs de Lachine www.centre-de-loisirs-lachine.com	Sept. 13, 9:30 a.m. onsite Online or by phone starting August 15 Sept. 6, 6:30 p.m. to 8 p.m.,
	Line Dancing (Beginner)		Friday, 1:30 p.m. to 4:30 p.m.	April 10 to June 5 Sept. 11 to Dec. 18 Jan. 8 to May 20	LaSalle Park Club House	\$4/class (member) \$5/class (non-member)	514 465-2635 Club d'âge d'or Saints-Anges de Lachine 514 422-1075	Maison du brasseur Onsite
31							ADULT ACTU	IITIES
	ACTIVITY (ACE	CCTILD	CECCION:	LOCATION		ADULT ACTIL	
	ACTIVITY Line Dancing and Social Dancing (Dances)	AGE	1st Saturday of the month, 6 p.m. to 11 p.m.	Oct. 3 to May 7	LOCATION	\$8/dance (member) \$10/dance (non-member)	INFORMATION	REGISTRATION
	Line Dancing (Intermediate 1 and 2 and Advanced) Line Dancing (Intermediate 2	Adults	Friday, 4:30 p.m. to 10 p.m.	Sept. 11 to Dec. 18 Jan. 8 to May 20 Sept. 14 to Dec. 14	LaSalle Park Club House	\$4/class (member) \$5/class (non-member) \$8 to \$10 depending on	Club d'âge d'or Saints-Anges de Lachine 514 422-1075	Onsite
	and Advanced) International Dances		6:30 p.m. to 10 p.m. Thursday, 7:30 p.m. to 9 p.m.	Jan. 11 to May 16 Sept. 25 to April	70 15° Avenue	number of registrants Varies: resident and non-resident rates	Les Éclusiers folk group www.eclusiers.com info@eclusiers.com	August 26, 10 a.m. to 4 p.m. onsite, 6:30 pm to 8 p.m.
	Darts (League)	Age 50+	Tuesday, 7 p.m. to 9 p.m.	Sept. to May	Saint-Pierre Community Centre	\$20	514 823-7360 Club d'âge d'or Saint-Pierre Louise Martel 514 538-4616	at Maison du brasseur 514-634-3471, ext. 827 cadstpierre@gmail.com
	Drawing Enamelling on Copper		Friday, 7:35 p.m. to 9:05 p.m. Tuesday, 9 a.m. to 4 p.m.	Sept. 22 to Nov. 24 Nov. 25 to Feb. 9. Fall (15 weeks) Winter (15 weeks)	Maison du brasseur	\$105 for a 10-class session Residents: \$25 Non-residents: \$35	Centre de loisirs de Lachine www.centre-de-loisirs-lachine.com	Online or by phone starting August 15 Sept.
	Spanish (Class)	Adults	Monday or Thursday, 7 p.m. to 9 p.m.	Sept. 11 to Dec. 4 (12 weeks) Jan. 8 to April 9 (12 weeks) April 16 to June 25 (10 weeks)	Albert-Gariépy Community Centre	\$160 for a 12-class session \$134 for a 10-class session	www.centre-de-loisirs-lachine.com 514 465-2635	6, 6:30 p.m. to 8 p.m., Maison du brasseur
	History (Talk)		Wednesdays, 7:30 p.m.	11 octobre, October 11, November 8, February 14, March 14, April 11, May 9	Maison du brasseur	Members: free Non-members: \$5	Lachine Historical Society 514 634-0856 Centre multi-ressources	None
32	Improvisation		Friday, 1:30 p.m. to 3:30 p.m.	Sept. to Dec. Jan. to May	Albert-Gariépy Community Centre	Varies	de Lachine www.cmrl.ca 514 634-3658	Onsite
	Traditional and Recreational Karate and Self-defense Techniques	Adults	Varies	Sept. 2 to July 14	Curé-Piché Multipurpose Room and Fernand-Laplaine Centre		Karaté-do Lachine karatedolachine.com calistru@videotron.ca 514 884-4899	Sept. 6, 6:30 p.m. to 8 p.m., Maison du brasseur, Sept. 7, 6:30 p.m. to 8 p.m., Fernand- Laplaine Centre
	Nordic Walking and Swiss Ball	Adults and seniors	Wednesday and Friday, 9 a.m. to 10 a.m.	Sept. 20 to Dec. 8 Jan. 10 to March 23 (no class March 7 and 9) April 4 to June 8	Maison du brasseur, Fort-Rolland Park	Varies	Centre de loisirs de Lachine www.centre-de-loisirs-lachine.com 514 465-2635	Sept. 6, 6:30 p.m. to 8 p.m., Maison du brasseur, or online starting August 15
	Woodworking Viactive Fitness	Age 50+	Monday to Friday, 9 a.m. to 4 p.m. Monday and Wednesday or	Anytime Sept. to Dec.	50 15° Avenue	Member card – Men	Le Réveil de Lachine 514 634-8975 Centre multi-ressources de Lachine	Onsite or by phone
	Viactive Fitness Music (Harmony)		Tuesday and Thursday (morning) Tuesday, 7:30 p.m. to 9:30 p.m. Saturday,	Jan. to May	Albert-Gariépy	Varies	www.cmrl.ca 514 634-3658 Harmonie de Lachine wind band	Onsite
	Music (Harmony) Train Your Brain		10 a.m. to noon Every other Thursday, 7:30 p.m. to 10 p.m. Thursday,	Sept. to June Sept. to Dec.	Albert-Gariépy Community Centre	None	info@harmoniedelachine.com 514 522-5406 Centre multi-ressources de Lachine	Onsite
	Train Your Brain Swimming (Racies and Strokes)	Adults	1:30 p.m. to 3:30 p.m. Sunday,	Jan. to May Sept. 17 to Dec. 10	Sainte-Anne College	Varies Residents: \$49.99	www.cmrl.ca 514 634-3658 Borough of Lachine www.lachine.ca	Online via "Recreation online" Fall: Starting
	(Basics and Strokes) Painting (Club)		4 p.m. to 5 p.m. Monday, 1:30 p.m. to 3:30 p.m.	Jan. 7 to April 8 Sept. to Dec. Jan. to May	Sainte-Anne College Albert-Gariépy Community Centre	Non-residents: \$110.38	311 Centre multi-ressources de Lachine	August 29, 6 p.m. Winter: Starting Dec. 12, 6 p.m. Onsite
	Painting (Glub)		1:30 p.m. to 3:30 p.m. Wednesday, 7 p.m. to 9:30 p.m.	Sept. 20 to Dec. 13 Jan. 17 to April 25	Community Centre Maison du brasseur	\$125	www.cmrl.ca 514 634-3658 Société d'arts visuels en direct (Visual Arts Association) 514 634-4459	Onsite Sept. 20 and Jan. 17 at 7 p.m.
33							ADULT ACTIL	IITIES
	ACTIVITY	AGE	SCHEDULE	SESSION	LOCATION		INFORMATION	REGISTRATION
	Pepper (League)	,	Every other Friday, 7 p.m. to 10 p.m.	Sept. to May	Albert-Gariépy	\$15/family	Union des familles de Lachine 514 634-4842	Onsite
	Pepper (Tournament) Petangue-atout/		Second Thursday of the month, 1 p.m. to 4 p.m.	Sept. to June	Community Centre Saint-Pierre	,	Groupe Loisirs plus Union des familles de Lachine 514 634-4842 Club d'âge d'or Saint-Pierre	Onsite 514-634-3471, ext. 827
	Petanque-atout/ Pocket Baseball Piano	Adults	Tuesday and Wednesday,	Sept. to May Fall – winter – spring	Saint-Pierre Community Centre Albert-Gariépy Community Centre	\$24/30 min. \$34/45 min. \$44/60 min.	Jocelyne Cardinal 514 363-7400	514-634-3471, ext. 827 cadstpierre@gmail.com
	Pilates		3:30 p.m. to 9 p.m. Monday to Thursday,	Sept. 11 to Dec. 4 (12 classes) Dec. 11 to March 21 (no class	Albert-Gariépy Community Centre (Monday)	\$44/60 min. \$106 – once a week for 12 weeks \$205 – twice a week for 12 weeks	Centre de loisirs de Lachine www.centre-de-loisirs-lachine.com 514 465-2635	Online or by phone starting August 15 Sept. 6, 6:30 p.m. to 8 p.m., Maison du brasseur
			7 p.m. to 8 p.m. Monday,	March 7 and 9) (12 classes) March 28 to June 13 (10 classes) Sept. 11 to Nov. 20	Sainte-Anne College (Thursday)	\$38 - once a week for 10 weeks \$171 - twice a week for 10 weeks		
	Pottery on the Wheel		7 p.m. to 10 p.m. Wednesday, 11:30 a.m. to 2:30 p.m. or 7 p.m. to 10 p.m.	Jan. 8 to March 12 Sept. 13 to Nov. 15 Jan. 10 to March 14 Sept. 13 to Nov. 29	Maison du brasseur	\$220	Lachine Pottery Guild 514 266-7315 Centre de loisirs de Lachine	Sept. 6, 6:30 p.m. to 8 p.m., Maison du brasseur Online or by phone starting
	Qi Gong/Chi-Kung Bean Bags	Seniors	Wednesday, 11 a.m. to noon Monday, 1 p.m. to 2:30 p.m.	Dec. 13 to March 21 (no class March 7 and 9) March 28 to June 13 Sept. to May	Saint-Pierre Community Centre	\$110 for a 12-class session	Centre de loisirs de Lachine www.centre-de-loisirs-lachine.com 514 465-2635 Club d'âge d'or Saint-Pierre Jocelyne Cardinal 514 363-7400	August 15 Sept. 6, 6:30 p.m to 8 p.m., Maison du brasseur 514-634-3471, ext. 827 cadstpierre@gmail.com
34			1 p.m. to 2:30 p.m. Monday, 6 p.m. to 10 p.m.		y contie		514 363-7400 Club de sculpture les Pics-Bois	gman.com
	Wood Sculpture (Open Workshop)	Adults	6 p.m. to 10 p.m. Tuesday, 9 a.m. to 10 p.m. Saturday, 9 a.m. to noon	Sept. to April Sept. 17 to Dec. 17,	Maison du brasseur	\$100/year Fall: \$50	Club de sculpture les Pics-Bois de Lachine Renée Giguère 514 639-6978 giguere.renee@videotron.ca	6 sept., 18 h 30 à 20 h à la Maison du brasseur
	iPads and iPhones (Beginner)	Age 55+	Saturday, 6 p.m. to 8 p.m. Saturday, 10 a.m. to noon	Sept. 17 to Dec. 17, Jan. 13 to May 26 Sept. 16 to Nov. 18 Nov. 25 to Feb. 17 (no class Dec. 18 to Jan. 6)	Sainte-Anne College Albert-Gariépy Community Centre	Fall: \$50 Winter: \$60 \$110/10 weeks	Contro de la	Online or by phone
	Tai Chi		Monday and Thursday, 7:30 p.m.	March 17 to May 19 Sept. 11 to Dec. 4 (12 classes) Dec. 11 to March 22 (12 classes)	Fernand-Laplaine Centre (Monday)	\$110 for a 12-class session	Centre de loisirs de Lachine www.centre-de-loisirs-lachine.com 514 465-2635	starting August 15 Sept. 6, 6:30 p.m. to 8 p.m., Maison du brasseur
			to 8:30 p.m. Friday,	(no class March 7 and 9) March 26 to June 11 (10 classes)	(Thursday) Albert-Gariépy	\$95 for a 10-class session	Centre multi-ressources de Lachine	Surplace
	Tai Chi/Chi Kung Theatre	Δdul+~	Wednesday, 7 p.m. to 9 p.m.	Oct. 4 to May 12	Community Centre 735 rue Notre-Dame	Varies \$390	www.prodmultisens.wixsite.com/multisens@gmail.com 514 639-8019	Sur place 6 sept., 18 h 30 à 20 h à la Maison du brasseur ou par courriel
	Weaving	Adults	Open workshop: Every day, 9 a.m. to 10 p.m. Classes on request	Anytime	Maison du brasseur	Residents: \$35 Non-residents: \$40 Per year	Guilde des tisserandes de Lachine 514 639-4857 (Françoise)	ou par courriel 13 sept., 19 h sur place
	Knitting		Tuesday, 1:30 p.m. to 3:30 p.m.	Sept. to Dec. Jan. to May	Albert-Gariépy Community Centre	Varies	Centre multi-ressources de Lachine www.cmrl.ca 514 634-3658	Sur place Online or by phone starting August 15
35	Violin		Tuesday and Thursday, 3:30 p.m. to 9 p.m.	Sept. 12 to June 15		\$24/30 min. \$34/45 min. \$44/60 min.	Centre de loisirs de Lachine www.centre-de-loisirs-lachine.com 514 465-2635	starting August 15 Sept. 6, 6:30 p.m. to 8 p.m., Maison du brasseur
							ADULT ACTIL	ITIES
	ACTIVITY	AGE	SCHEDULE	SESSION	LOCATION	COST PER SESSION	INFORMATION	REGISTRATION
	Stained Glass and Glass Work		Wednesday, Thursday, Friday, and Sunday (time TBD)	Sept. 20 to Dec. 15	Maison du brasseur	\$60 (open workshops) \$15/family	Centre de loisirs de Lachine www.centre-de-loisirs-lachine.com 514 465-2635 Union des familles de Lachine	Online or by phone starting August 15 Onsite Sept. 6, 6:30 p.m. to 8 p.m., Maison du brasseur Onsite
	Yoga (Beginner)	Adults	1 p.m. to 4 p.m. Tuesday, 7 p.m. to 8:30 p.m.	Sept. 19 to Nov. 21 Jan. 9 to March 20 March 27 to May 29 Sept. 20 to Nov. 22	Albert-Gariépy	\$100 for a 10-class session	514 634-4842 Centre de loisirs de Lachine www.centre-de-loisirs-lachine.com	Onsite Online or by phone starting August 15 Sept. 6, 6:30 p.m. to 8 p.m., Maison
	Yoga (Intermediate) Zumba Gold		Wednesday, 7 p.m. to 8:30 p.m. Wednesday, 10:45 a.m. to 11:45 a.m.	Jan. 10 to March 21 March 28 to May 30 Sept. to Dec.	Community Centre	\$100 for a 10-class session	Centre multi-ressources de Lachine www.cmrl.ca 514 434-3658	to 8 p.m., Maison du brasseur Onsite
	*Online registration: if you d Saul-Bellow Library: 3100 ru		t access, you can reserv	e a computer at a Lachin	e library. e des Érables, Lachine H8F	R 1B1	o 14 034-3658	
		i E	Sec. S.					
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						5-4		
36								



FOR MONTRÉAL'S 375TH ANNIVERSARY



Cultivons nos racines!

September 30, 12 p.m. to 5 p.m., at Lachine's Public Market

A series of workshops and presentations on the use of natural resources in North America since the pre-colonial days.

On se voisine à Lachine

September 16: Canal District September 30: J. Emery-Provost District

Tributes to yesterday and today will be acted, played, and sung on balconies, street corners, and in parks in the neighbourhoods of Lachine.

Nocturnes historiques

On September 16, starting at sunset, in various locations on Boulevard Saint-Joseph.

A nighttime tour hosted by artists and local organizations recounting Lachine's history and, by extension, the history of Montréal.



Celebration of Sport in Lachine and Canadiens Alumni Hockey Game

September 24 POSTPONED TO APRIL 7, 2 p.m. at the Pierre "Pete" Morin Arena

Spectacle de clôture des fêtes du 350° December 9 at Saints-Anges Church

With Les Boréades, Lachine's Choeur Ambiance choir, and many more

See detailed program at www.350lachine.com.

Follow us on Facebook!

For more information on the festivities, call 514-364-4490.





Resources for people with disabilities





AlterGo is a group of one hundred or so organizations that offer sports or recreational activities on the Island of Montréal. Its mission is to support social inclusion of people with functional limitations by eliminating barriers to participation in recreation, sports, and culture. To achieve this goal, AlterGo uses four programs: training and expertise, financial support, awards and recognition, and concerted action and representation.

Have you heard of PANAM organizations?

In 2012, City Council along with the 19 Borough Councils adopted a policy recognizing PANAM (pan-Montréal) organizations. In adopting this policy, Ville de Montréal recognized the essential contribution of Montréal organizations working to develop and implement sports and leisure activities adapted to the specific needs of Montréalers with disabilities and functional limitations.

Twenty-five organizations applied and were accredited as PANAM organizations for 2017.

See the list of all 25 recognized PANAM organizations:

http://ville.montreal.qc.ca/portal/page?_pageid=8258,142553651&_dad=portal&_schema=PORTAL



Universal Accessibility Program

- A number of our community buildings are accessible (see Borough map)
- An FM assistive listening system has been installed at L'Entrepôt so that hearing-impaired guests can hear shows presented at the venue.
- A universal access circuit has been installed in the Borough Meeting Room at City Hall so that all residents can attend Borough Council meetings. This includes signage, an assistive listening system, access ramps, and accessible washrooms.

Recreational Services Tourism Companion Pass for free access to designated recreational sites. www.altergo.net (in French)

Disabled parking permits: 514-873-7620

Parking or drop-off zone in front of your residence: 514-868-5278

Québec Intercity Companion Card www.federationautobus. com/en/accompanying-card 418-522-7131, ext. 22 Online directory of recreational activities offered by AlterGo member organizations. www.altergo.ca (in French)

Directory of Montréal performance venues and movie theatres equipped with assistive listening devices. www.adsmg.org (in French)

Publiphone – Interactive phone service with nearly 350 information guides (in French): 514-277-4401



Home document loans for Montréal library members: 514-872-2901

Free delivery of braille and audiobooks and multimedia documents: Grande Bibliothèque de Montréal, 514-873-4454

Directory of people with limited mobility – Montréal Fire Department: 514-872-3775

Guide to Programs for the Disabled and their Families: www.ophq.gouv.qc.ca (in French), 1-800-567-1465

STM Companion Card: www.stm.info, 514-280-8211, ext. 4



Residential Adaptation Program: 1-800-463-4315

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USEFUL ADDRESSES



1800 boulevard Saint-Joseph Lachine, Quebec H8S 2N4

Monday-Thursday: 8:30 a.m. to 5 p.m. Friday: 8:30 a.m. to noon Phone: 311

Fax: 514-634-8164 www.lachine.ca



Partly wheelchair



Fully wheelchair



Family quality



2901 boulevard Saint-Joseph Lachine, Quebec H8S 4B7 Phone: 514-634-3471, ext. 302 & 308 Fax: 514-634-8177

Hours:

Monday-Friday: 8:30 a.m. to 10 p.m. Saturday & Sunday: 8:30 a.m. to 5 p.m. (closed on Sunday for the summer period)

C Martin-Lapointe Arena 183 rue des Érables H8R 1B1



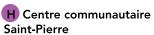
E Saint-Pierre Library 183 rue des Érables H8R 1B1 514-634-3471, ext. 826



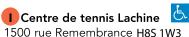
F Saul-Bellow Library 3100 rue Saint-Antoine Lachine, Québec H8S 4B8

514-872-5080 **G** Centre communautaire Albert-Gariépy

800 rue Sherbrooke Lachine, Québec H8S 1H2 514-634-3471, ext. 350



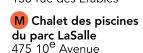
69 avenue Saint-Pierre H8R 1P1

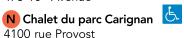


J Centre Fernand-Laplaine 183 rue des Érables H8R 1B1









O Chalet du parc Dixie 257 54^e Avenue

P Chalet du parc LaSalle 801 rue Saint-Antoine

Q ĽEntrepôt

[salles de spectacle et d'exposition] 2901 boulevard Saint-Joseph H8S 4B7

R Maison du brasseur 2901 boulevard Saint-Joseph H8S 4B7

S Musée de Lachine 1 chemin du Musée

Lachine, Québec H8S 4L9 514 634-3478

T Port de plaisance

1800 chemin des Iroquois H8S 4J5 514-634-0646, ext. 414

U Salle polyvalente Curé-Piché 170 15° Avenue H8S 3L9

V Vieille brasserie

2801 boulevard Saint-Joseph H8S 4B7





Ice rink (free skate) Skatepark or ramp Ice rink (hockey) Bocce, croquet — et petanque Tobogganing Running track Basketball Volleyball Football X Baseball Tennis 90 **Parks** Bishop-Whelan Carignan Catherine-Soumillard Dalbé-Viau Dixie du Fort-Rolland Grovehill Kirkland Lakeside Academy LaSalle Meadowbrook Michel-Ménard **Paterson** Rosewood

- Reservation required. Other rooms are available to rent in various municipal buildings. Information: 514-634-3471, ext. 828 or 302
- City employees are onsite to provide access to the washrooms and skaters chalets during the season (mid-December through early March, depending on the weather) at the following times: Kirkland, Carignan, LaSalle, and Dixie Parks, Monday to Friday, 3:30 p.m. to 10:30 p.m.; Saturday and Sunday, 10:30 a.m. to 10:30 p.m. (special holiday hours December 24, 2017, to January 2, 2018). See website.

Health Challenge Municipalities & Families

Saint-Louis

The Health Challenge is Québec's biggest campaign to promote healthy lifestyles. It starts in April and runs for six weeks. During that time, participants throughout Quebec aim to reach the three campaign goals:





30 Goal Get at least 30 minutes of physica activity per day



Wellness Goal Get a good night's sleep for a more balanced lifestyle

The Lachine Borough has made a list of free drop-in activities to help you reach these goals on your own or with your family.

In 2018 the Borough will participate in the Health Challenge for the fifth year in a row.

Thanks to the 327 borough residents who signed up in 2017. Now let's all get moving and sign up for 2018! Information and registration dates will be posted on our website in February 2018.

DIRECTORY

of ressources, organisms, and partners and other information





Emergency Numbers

Police, firefighters, ambulance: 911 Info-santé (health line): 811 Neighbourhood police: 514-280-0108 Poison control: 1-800-463-5060 S.O.S. Violence conjugale (Domestic Violence): 514-873-9010 • 1-800-363-9010

Suicide Action Montreal: 514-723-4000

lear out 2017 2018

COLLECTION SCHEDULE



Recycling

- Sector 1: Monday (year-round)
- Sector 2: Thursday (year-round)



Household Garbage

- Sector 1: Friday (year-round)
- Sector 2: Tuesdays (year-round)



Oversized Items

 Oversized items are picked up on the first garbage day of each month (Friday for Sector 1, Tuesday for Sector 2). Please don't put electronics (TVs, computers, telephones, etc.) on the curb with your oversized items. They will not be collected. Two special collection days for electronics will be held at the Borough technological centre, Centre technique de l'arrondissement, at 2200 rue Saint-Antoine on October 7 and 8.

Secteur '

Secteur 2A

Secteur 2B



Organic Matter

Sectors 1 and 2A: Wednesday (year-round)



Yard Trimmings

• Sector 2B: Wednesday (through December 6)

PLEASE NOTE:

- Even if they're biodegradable or compostable, plastic bags can't be used for yard trimmings.
 Even certified compostable plastics don't biodegrade as quickly as organic matter and can still be seen in the final compost. Please use paper bags, cardboard boxes, or trashcans (plus your brown bin, if you received one).
- To help reduce the spread of the emerald ash borer, branches are collected separately. Call 311 to request a pickup.

Organic Waste Collection

In 2017 the Borough moved into the second phase of this major collection project to keep organic waste out of the landfills, where it produces biogas and contributes to climate change, and turn it into high-quality compost instead.

Some 12,000 households are now using the new service. In the final phase, we will add the entire Saint-Pierre neighbourhood (Sector 2B).

In 2016, Lachine residents diverted 1,035 tons of organic matter away from landfills with the new collection program. And we're already at over 400 tons for January to May 2017!

Répertoire des ressources, des organismes et des partenaires

FOOD AND MATERIAL ASSISTANCE

Carrefour d'entraide Lachine

1176 rue Provost

www.carrefourdentraide.org 514-634-3686, ext. 222 or 228

Offers a sympathetic ear, referrals, a second-hand clothing store, community and emergency kitchens, a food bank, recreational activities, and public education services.

Meals on wheels

Central Lachine: 514 403-0511 Eastern Lachine: 514 634-0398 Provides hot meals for the sick, disabled, and elderly.

Le Relais populaire de Lachine

740 rue Esther-Blondin 514 855-4232, ext. 9 Prepares meals for the disadvantaged, in cooperation with the school network.

SENIORS



Associations offering services, programs, and assistance:

La ligne Aide Abus Aînées

1-888-489-2287

www.aideabusaines.ca

Québec helpline and referral service specializing in mistreatment of the elderly.

The Tea Pot

2901 boulevard Saint-Joseph www.theteapot.org 514 637-5627

Educational, social, recreational, cultural, and community activities, community kitchens, hot lunches, companion services, transportation, and home support.

Centre multi-ressources de Lachine 800 rue Sherbrooke, Suite 204

www.cmrl.ca 514 634-3658

Transportation and companion services, friendly calls and visits, safety check-ins, community activities, breakfast talks.

Recreational Associations (Seniors Clubs):

Club d'âge d'or de l'Annunziata 514 636-4544

Club d'âge d'or

Le soleil de Lachine inc. 514 634-0219

Club d'âge d'or

Saints-Anges 514 422-1075 **Club d'âge d'or** 514 634-3471,

Club d'âge d'or Saint-Pierre

Saint-Pierre poste 827 Club social Or et Argent 514 912-6179

Le Réveil de Lachine 514 634-8975

Directory of resources, organisms and partners

211 Laval, Montréal MRC de l'Assomption/ Service 211 1-844-387-3598 www.211qc.ca/info

VOLUNTEERING

Volunteer West Island

1 rue de l'Église, Sainte-Anne-de-Bellevue www.volunteerwestisland.org 514 457-5445, ext. 222

Centre multi-ressources de Lachine

800 rue Sherbrooke, Suite 204

www.cmrl.ca 514 634-3658

CHARITY

La Guignolée de Lachine

2901 boulevard Saint-Joseph 514 634-3471, ext. 348

Annual food and coin drive for disadvantaged people during the holiday season.

L'Oeuvre soupe maison (Lachine)

1170 rue Notre-Dame 514 469-9954

Provides three hot meals a week (Tuesdays, Wednesdays, and Thursdays) to disadvantaged people. September to May. Registration required.

Resurrection of Our Lord/Society of Saint Vincent de Paul

34 34^e Avenue 514 637-2379 Food bank.

Société Saint-Vincent-de-Paul Saint-Pierre-aux-Liens

514 634-3471, ext. 334 (voicemail) Food bank for residents of Saint-Pierre.

SERVICE CLUBS

Knights of Columbus of Lachine 514 639-1776

Knights of Columbus of Saint-Pierre 514 364-3567

Lions Club of Lachine 514 639-6563

Club Optimiste Lachine inc. 514 634-9253

Lachine Royal Canadian Legion,

Branch 85/90 514 637-8002

CULTURAL ASSOCIATIONS

Airsom Prisme Multiethnic Community Centre 414 rue Lafleur, Suite 1-10

LaSalle

www.airsomprisme.org

514 364-0939

New arrivals, referrals, social and linguistic integration, French classes, job search and workplace integration support, and parent/child activities and outings.

CONCERTATION

Concert'Action Lachine

735 rue Notre-Dame

info@concertactionlachine.com www.concertactionlachine.com

514 300-2045

Fosters cooperation among social development partners and supports and coordinates the community to improve residents' lives with a view to social and sustainable development. With:

- · Lachine Borough's urban safety action committee (CASUAL) 514-634-3471, ext. 825
- Lachine's intercultural reflection and action group (TRAIL)
- · Housing committee
- Education committee
- · Lachine food security working group (GTSAL)
- · Dorval-Lachine seniors roundtable
- Lachine youth roundtable
- · Dorval-Lachine early childhood roundtable

CULTURE

Performing Arts

Choeur Ambiance 514 273-7306

Concerts Lachine

514 571-0012

Éclusiers de Lachine folk group

514 634-7526

Festival de théâtre de rue de Lachine

514 639-6403

Harmonie de Lachine wind band

514 636-2111

Les productions Multisens inc.

514 639-8019

Visual Arts

Les Pics-Bois sculpture workshop

514 634-3471, poste 310

Vision Photo Club

514 366-7416

Lachine Pottery Guild

514 266-7315

Lachine Weavers' Guild

514 453-0752

Société d'Arts Visuels en Direct

514 634-4459

History and Heritage

Lachine Historical Society

514 634-9508

The Fur Trade at Lachine National

Historic Site

514 637-7433

Pôle des Rapides (organizer of Lachine's 350th anniversary)

514 364-4490

Lachine Canal National Historic Site

514 283-6054

ÉCO-QUARTIER LACHINE

735 rue Notre-Dame www.grame.org 514 634-7205

GRAME is an organization that promotes environmental awareness among Lachine residents.

EDUCATION

Centres de la petite enfance

CPE de Lachine

514 637-4323

CPE Familigarde de LaSalle

514 595-9955

Le Jardin des Frimousses

514 637-7733

La Petite Caserne

514 634-4787

Les Petits Pierrots

514 364-3993

Écoles primaires

Catherine-Soumillard

514 855-4231

Des Berges de Lachine

514 748-4662

Jardins-des-Saints-Anges

514 855-4200

Martin-Bélanger

514 595-2057

Maple Grove

514 637-5868

Paul-Jarry

514 855-4201 Philippe-Morin

514 855-4233

Très-Saint-Sacrement

514 855-4234

Victor-Thérien

514 855-4202

High Schools

Collège Sainte-Anne (private) (also a CEGEP since 2011)

514 637-3571

Collège Saint-Louis

514 855-4198

École Dalbé-Viau

514 855-4232

Lakeside Academy

514 637-2505

Vocational Training

Centre d'éducation aux adultes de LaSalle, édifice Boileau

514 855-4197

Centre de formation professionnelle de Lachine

Édifice Dalbé-Viau

514 855-4185

Édifice de la Rive

514 855-4189

PUBLIC EDUCATION AND ADVOCACY

ACEFSOM (Association d'économie familiale du Sud-Ouest de Montréal)

6734 boulevard Monk, Montréal www.consommateur.qc.ca/acef-som 514 362-1771

Defending individual and collective rights to better assess consumer choices.

Lachine-LaSalle Housing Committee

426 rue Saint-Jacques

logement.lachine-lasalle@videotron.ca 514 544-4294

Information and public awareness for renters in need, self-directed public education, collective advocacy, one-on-one support.

Social Accompaniment and Mentorship In Lachine:

750 rue Dawson, Suite 111, Dorval www.volunteerwica.com

514 631-9151

EMPLOYMENT SERVICES

Marquette CJE (Carrefour Jeunesse emploi)

735 rue Notre-Dame www.cjemarquette.qc.ca

514 634-0450 Employment programs and services for teens and young adults age 13 to 35.

Lachine CLE (Centre local d'emploi) 2740 rue Remembrance, Suite 70A

514 634-2425 Corporation de développement économique et communautaire (CDEC)

LaSalle/Lachine 735 rue Notre-Dame

www.cdec-lasallelachine.ca 514 469-0288

Employment and recruitment assistance, economic development, immigration, and local initiatives budget.

West Island of Montreal Chamber of Commerce

Association centre-ville de Lachine

1024 rue Notre-Dame 514 469-0288, poste 236

71870 boul. des Sources, Suite 106 Pointe-Claire

info@ccoim.ca 514 697-4228

Montreal South-West Chamber of Commerce and Industry 410 avenue Lafleur, Suite 32, LaSalle

www.ccisom.ca 514 365-4575

514 366-0660

Club de recherche d'emploi du Sud-Ouest de Montréal inc.

7625 boul. Newman, LaSalle www.cresom.com

PME MTL West Island

7300 autoroute Transcanadienne Pointe-Claire 514 426-2888

Regroupement affaires Lachine inc. (R.A.L.I.) 735 rue Notre-Dame 514 639-4881

FAMILIES

Centre ieunesse de Montréal (DPJ - child protection agency) 4675 rue Bélanger, Montréal

www.centrejeunessedemontreal.gc.ca

514 593-3979

Batshaw Youth and Family Centre

191 place Frontenac, Pointe-Claire www.batshaw.qc.ca 514 935-6196 / 514 989-1885

Protection, support, and rehabilitation for child

victims of abuse or neglect and for children with behavioural disorders.

Centre multi-ressources de Lachine

800 rue Sherbrooke, bureau 206

www.cmrl.ca 514 634-3658

Parent workshop on early childhood stimulation (0 to 2 years). Parent relief (6 months to 5 years). Growth and development activities (3 to 5 years). Social activities for adults.

Fondation de la Visite

www.delavisite.org 514 329-2800

Support and home visits for pregnant women and parents of newborns.

JAME (J'apprends avec mon enfant)

1201 rue Argyle, Suite 203

www.japprendsavecmonenfant.org 514 765-7686, ext. 7017

Fostering a love of reading at home and at school.

Big Brothers Big Sisters of West Island

www.bbbsofwi.org

514 538-6100

Union des familles de Lachine

800 rue Sherbrooke 514 634-4842

Cultural, sports, and social outings and activities.

WOMEN

Cercle de fermières de Lachine 514 639-3788

Cercle de fermières de Saint-Pierre 514 634-3471, ext. 837

Le Parados inc.

514 637-3529

Support for women and families who are victims of domestic violence.

YOUTH

Lachine Club Zone

clubzonedelachine@gmail.com

Computer lab, music, games, and sports for west borough youth age 12 to 17.

Cumulus

www.projetcumulus.ca

514 634-5774

Alcoholism and drug addiction (youth and school-aged children).

Squadron 686 Lachine-Dorval

www.escadron686.com

514 634-3888

Girl Guides of Canada

www.quidesquebec.ca 514 933-5839

Summerlea Scouts

514 639-0407

La Maison des Jeunes l'Escalier de Lachine inc.

560 5e Avenue

www.mdjescalier.com

514 637-0934

In Saint-Pierre:

La Caserne des Jeunes

59 avenue Saint-Pierre

lacaserne@hotmail.com

514 634-3471, ext. 822

School programs and interventions, extracurricular activities for children age 8 to 12. Homework help (by request), activities, sports, outings, cooking workshops, social work.

Collective Community Services

451 de l'Éalise, Verdun 514 937-5351

Activities and support aimed at community development for Greater Montréal's anglophone population, with a focus on mutual assistance, sharing, and solidarity.

TRAC - Street Work/Community Action

Suite 212

75 carré Sir Georges-Étienne-Cartier, 514 939-2122

T.R.A.C delivers general street-level services for people age 12-35. The organization provides ongoing support in natural settings such as streets, parks, and schools to help people who are alienated from their social setting and connects them with appropriate resources.

PEOPLE WITH DISABILITIES

West Island Association for the Intellectually Handicapped

111 avenue Donegani, Pointe-Claire www.wiaih.gc.ca

514 694-7090

Social and cultural activities.

AVA-TIL inc. 387 40e Avenue

www.avatil.org

514 634-8944

Integrated services for individuals with mild and borderline intellectual disabilities.

Club des personnes handicapées du Lac-Saint-Louis

3195 rue Remembrance 514 634-0447

Companion services, adapted transportation, health clinics, tax preparation clinics, snow removal, wheelchair loans, meals, computers, board games, handicrafts.

PANAM

reconnu par la Ville de Montré

Corporation L'Espoir

55 avenue Dupras LaSalle

www.corporationespoir.org 514 367-3757

Adapted services for people with intellectual disabilities.

HEALTH

Dorval-Lachine CLSC

1900 rue Notre-Dame 514 639-0660

Lachine Hospital

650 16e Avenue 514 637-2351

MENTAL HEALTH

Groupe d'entraide Lachine

1310 rue Notre-Dame 514 639-4941

Group meals, community kitchens, supportive housing, and social, recreational, and sports activities.

Oméga

www.omegacenter.org

514 631-2760

Drop-in centre open six days a week. Activities, outings, and special events.

Parents et amis du bien-être mental du Sud-Ouest

www.pabemsom.org 514 368-4824

Services for the friends and family of those suffering from mental illness.

Proiet suivi communautaire

www.projetsuivicommunautaire.com 514 366-0891

Medium- and long-term one-on-one support for adults suffering from mental illness.

PSYCHOLOGICAL SUPPORT

Groupe des aidants du Sud-Ouest

Dorval, Lachine, LaSalle, and Verdun 206-8564 boulevard Newman LaSalle

www.aidantssudouest.org

514 564-3061

groupedesaidantssudouest@videotron.ca A sympathetic ear, information and referrals, psychosocial support, talks, and workshops among caregivers.

Nova West Island

www.novawi.org

514 695-8335

Palliative home care and support groups for grieving children and adults. Volunteer opportunities.

These organizations connect citizens with local resources:

Agoraphobics Anonymous 514 368-0338

Al-Anon/Al-Ateen

www.al-anon-montreal.org 514 866-9803

Alcoholics Anonymous

www.aa-quebec.org 514 376-9230

Allô prof (in French)

www.alloprof.qc.ca

514 527-3726

ANEB Quebec (anorexia and bulimia)

55 rue Dupras, LaSalle www.anebquebec.com

514 630-0907

Montreal Sexual Assault Centre

www.agressionsexuelle.com

514 934-4504

Cocaine Anonymous

514 527-9999

Co-dependents Anonymous (DAA)

www.daa-quebec.org

514 990-4744

Depressed Anonymous

514 278-2130

Drugs: Help and Referrals

www.droque-aidereference.gc.ca

514 527-2626

Emotions Anonymous

www.emotifs-anonymes.org

514 990-5886

Gai Écoute - bilingual sexual orientation and gender identity helpline

www.gaiecoute.org

514 866-0103

Gamblers Anonymous

www.gamblersanonymous.org

514 484-6666

Kids Help Phone

1 800 668-6868

kidshelpphone.ca **Parents Anonymous**

1 800 361-5085

Narcotics Anonymous

www.naguebec.org

514 249-0555

Phobies-Zéro

www.phobies-zero.qc.ca

514 276-3105

S.O.S. violence conjugale domestic violence helpline

sosviolenceconjugale.ca

514 873-9010

Suicide Action Montreal

www.suicideactionmontreal.org

514 723-4000

Montreal Island Seniors Roundtable

www.tcaim.org

514 286-8226

Tel-Aide

www.telaide.org

514 935-1101

Tel-Aînés

514 353-2463

Tel-Écoute

www.tel_ecoute.org

514 493-4484

Tel-Jeunes

www.teljeunes.com

1 800 263-2266

SPORTS AND RECREATION

Association Art Martial Moderne Inc.

www.artmartialmoderne.com

514 634-3471, ext. 355

Association de baseball amateur de Lachine Inc.

www.baseballlachine.com

514 634-3471, ext. 313

Association de basketball de Lachine

514 639-5312

Dixie Pool Association Inc.

(in season only)

www.piscinedixiepool.com

514 637-6149

Association du hockey sur glace

de Lachine Inc.

www.hockeylachine.com

514 634-2471

Lachine Rowing

www.avironlachine.ca

514 639-0006

Badminton Lachine inc.

www.badmintonlachine.com

514 634-3471, ext. 888

Centre de loisirs de Lachine (recreational centre)

www.centre-de-loisirs-lachine.com

514 465-2635

· Recreational activities for all ages

Club Déclic Lachine

· Le Phoenix de Lachine day camps 514-863-1934

Western Lachine Recreation Centre Inc.

(in season only)

www.crlo-wlrc.ca

514 637-0703

Lachine Track & Field Club

athletismelachine@videotron.ca

514 403-4543

Club de canoë de course de Lachine Inc.

www.canoelachine.com

514 634-4402

Club de croquet

514 634-0455

Club de curling de Lachine Inc.

www.lachinecurling.com

514 637-9521

Club de natation de Lachine (2007)

www.clubnatationlachine.com

514 307-3470

Club de patinage artistique de Lachine

www.cpalachine.com

514 634-0015

Club de raquetteurs Le Marquette

de Lachine inc.

450 632-8905

Lachine SC Soccer Club

www.lachinesoccer.com

514 639-3573

Lachine Gymnitours Club

www.gymnitours.ca 514 639-6510

Karaté-Do Lachine

calistru@videotron.ca

514 884-4899

Lachine Sailing School

www.voilelachine.com

514 634-4326

Lac Saint-Louis Game Hunting and Fishing Club

514 634-3908

VIE DE QUARTIER

Saint-Pierre Integrated Urban **Revitalization Committee**

183 rue des Érables

www.revitalisationsaintpierre.blogspot.com

514 365-7000

Engages citizens, social and cultural stakeholders, and corporations. Supports activities and projects with the potential to improve residents' quality of life and revitalize the neighbourhood.

Duff Court Neighbourhood Committee (COVIQ)

1830 rue Duff Court 514 634-5055

Homework help, handicrafts, family workshops, community kitchens, youth activities, intercultural interventions, parent relief, outings, tax preparation clinics, second-hand clothing store (intermittent).

Canine Family of Lachine

chiens.lachine.dogs@gmail.com 514 634-3471, ext. 517



Manages the dog park on Rue Victoria (near 28^e Avenue)

La P'tite maison du quartier Saint-Pierre 41 avenue Ouellette

514 544-1319

"Bonne boîte, bonne bouffe" fruit-and-veggie boxes, coffee 'n' conversation, second-hand clothing store, drop-in daycare, public education workshops, and monthly community kitchens.

Saint-Pierre Market

59 avenue Saint-Pierre

59saintpierre@gmail.com 514 439-3353

Neighbourhood grocery, emergency and community kitchens, meeting and public education space.

OBNL Regroupement de Lachine

735 rue Notre-Dame

Seven community organizations under the same roof.

PRIVATE BUSINESSES OFFERING RECREATION SERVICES IN LACHINE*

Art Premier

514 538-3755

www.artpremier.info

Cardio Plein Air

514 707-2050

www.cardiopleinair.ca lachine-ndg@cardiopleinair.ca

Centre musical de Lachine music centre

L'Oreille Musclée 514 418-1511

www.loreillemusclee.com

Cubaritmo

514 639-6780

www.cubaritmo.ca

Studio Avenue Dance School

514 300-5018

www.studioavenue.ca facebook.com/studioavenue.lachine

Empire Fitness Lachine

514 886-3164

Empirefitnesslachine@gmail.com **Spinning Rossi**

514 910-4240

Studio Panache

514 538-6599 www.studiopanache.ca

Swet Performance Entraînement 514 634-7938

Viveka Yoga

514 634-2200 www.vivekayoga.ca

* If you'd like to be on this list, call us at 514-634-3471, ext. 302

MANDATORY REGISTRATION OF DOGS AND CATS

Permits are mandatory for all dogs and cats in Montréal (see by-laws 16-060 and 16-065).

Pet registration forms are available online and at all city service locations • Phone: 311

Animal Control By-Law

Out of respect for all residents, the by-law establishes certain rules of conduct for dog owners.

- Dogs must be on a leash at all times (leashes must be at least 1.8 m, or 1.25 m for pit bulls) unless they are on a fenced property. The fence must be at least 6 ft. tall.
- Your dog must wear a City-issued identification tag for the current year at all times. If a pet runs away, an identification tag can ensure its safe return home.
- · Dog owners must pick up their pet's excrement using a bag and dispose of it properly.
- Dogs are generally prohibited in parks, playgrounds, and public spaces, except the following:
 - o Promenade du Rail between 10° Avenue and 29th Avenue and between Rue Victoria and Rue William-MacDonald, from 6 a.m. to 11 p.m.
 - o The park on 55° Avenue at the corner of Highway 20, from 6 a.m. to 11 p.m.
 - o The park on rue Victoria at the corner of 40° Avenue, from 6 a.m. to 11 p.m.
 - o Parc riverain Stoney Point, between 45° Avenue and 56° Avenue, 6 a.m. to 10 a.m. and 6 p.m. to 10 p.m. (April 16 to October 14)
 - o The dog park at the corner of Rue Victoria and 28e Avenue
 - o The riverside area that runs along the pedestrian path, with the exception of René-Lévesque Park (October 15 to April 15)

Dog Parks

Lachine has two dog parks. One is located on Rue Victoria near 28° Avenue. Access is for Famille Canine Lachine members only, as the group has been mandated by Lachine Borough to manage the park.

Hours: 7 a.m. to 10 p.m. daily • Registration: 514-634-3471, ext. 517 • chiens.lachine.dogs@gmail.com

The other dog park is in Roger-Richer Park in Saint-Pierre. Hours: 7 a.m. to 10 p.m. daily • Everyone welcome

DID YOU KNOW?

The majority of complaints filed with the Borough are for one of these three things:

- 1. Garbage left on the curb outside of the scheduled times. Whether it's household garbage, recyclables, organic waste, or yard trimmings, items for collection must be left on the curb after 7 p.m. the night before your garbage or recycling day (see Collection Schedule on Community Corner page 2). The Borough also receives complaints for illegal dumping.
- 2. Dogs in areas where they aren't supposed to be, i.e., most parks, squares, and almost the entire waterfront (for a complete list, see the Dog By-law above).
- 3. Speeding in borough streets. Since December 1, 2016, the maximum speed throughout the borough is 30 km/h unless otherwise indicated. The safety of pedestrians, cyclists, and drivers is everyone's responsibility.

Behaviour like this compromises Lachiners' quality of life and safety. Be mindful of your fellow citizens. Help us help you by letting us know if someone fails to uphold these basic rules.



Use Écocentre LaSalle to dispose of residual waste, bulky items, hazardous household waste, electronics, construction waste, plastic #6 (not permitted in green bins), and other materials.

This service is free for residents of the Urban agglomeration of Montréal (proof of residence and photo ID required). Restrictions may apply on some materials.

Écocentre LaSalle

7272 rue Saint-Patrick

(Between Senkus and Léger. Take Avenue Saint-Pierre heading toward LaSalle.)

More info: 514-872-0384 or 311

Website: www.ville.montreal.gc.ca/ecocentres or www.lachine.ca

PERMITS AND AUTHORIZATIONS

For information on obtaining permits and authorizations, contact the Borough's permits and inspections division at 514-634-3471, ext. 296, or visit www.lachine.ca. Note that you are required to obtain a permit or authorization before starting work. Permits and authorizations are as follows:

- o Tree felling
- o Balconies, porches, verandas
- o Outbuildings, garages, sheds
- o Certificate of special authorization
- o Demolition
- o Signs, billboards
- o Driveways
- o Fireplaces and stoves
- o New construction
- o Temporary occupancy of a public space
- o Pools



ÉCO-QUARTIER LACHINE





What is Éco-quartier? It's the sale of trees and ecofriendly products to bring more green into our neighbourhood and day-to-day lives, and a place to get advice and information on environmental questions.

Neighbourhood Trees

Plant a tree to help beat heat islands!

\$25/tree and \$35/fruit tree

Wide variety of species available.

Order online:

www.unarbrepourmonquartier.org



Neighbourhood Clean-ups

Éco-quartier will be organizing neighbourhood clean-ups once again this fall. Sign up for the next clean-up or start your own with support from Éco-quartier by writing to operations@grame.org



Cloth Diapers

The Lachine Borough, in partnership with Éco-quartier Lachine, will subsidize the cost of using cloth diapers. To see the eligibility criteria and apply for a subsidy, visit www.grame.org/coucheslavables.html

Contact Éco-quartier Lachine with questions about:

- Collection of organic matter (brown bins)
- 3R-R initiatives (reduce, reuse, recycle, and reclaim)
- · Environmental education initiatives

Together with Lachine Borough, GRAME is responsible for the Éco-quartier program.

GRAME-Lachine Éco-quartier

735 rue Notre-Dame • 514 634-7205 • www.grame.org ou www.facebook.com/GRAMEHours: Monday, Tuesday, Thursday, and Friday, 10 a.m. to 4 p.m. / Wednesday, 10 a.m. to 8:00 p.m.

