

Dear Residents,

You are holding the latest edition of the Leisure Guide recreation schedule, an excellent source of information on all the activities and events taking place in Lachine.

As you'll see, Lachine offers a wonderful variety of sports, education, recreation, and entertainment programming. As always, the guide also contains a whole lot of useful information, including a map of the Borough and a list of outdoor recreational facilities, from sports fields to skating rinks.

Be sure to take a look at the page on Lachine's 350

th anniversary, where you'll find information about the many activities planned for this major Lachine event. Visit us on our anniversary Facebook page (<a href="facebook.com/350lachine">facebook.com/350lachine</a>) and join in this exciting adventure.

You may notice that we've changed the format for the Community Corner insert. It still provides helpful information about municipal services, including collection schedules, permits and authorizations, the dog by-law, urban safety, and Éco-quartier de Lachine activities. We've also added a list of Lachine organizations and partners that are getting involved and making a difference in your neighbourhood. Since Community Corner is designed to be pulled out and kept handy, you'll now have a long list of useful phone numbers, street and email addresses, and website URLs to help you make the most of the many services Lachine has to offer.

As you probably know, the community directory is no longer distributed door to door. This change was made some time ago to reduce our ecological footprint. Of course, it's still available at municipal buildings in Lachine and on our website, in both French and English.

The short version of the Leisure Guide is still delivered to Lachine homes. and contains the schedule of activities for children and adults offered by the Borough and its partners.

My colleagues and I wish you a summer full of invigorating activities and joyful moments. Happy 350th!!!

Sincerely

Claude Dauphin, Borough Mayor



Claude Dauphin Borough Mayor 514-634-3471, ext. 501

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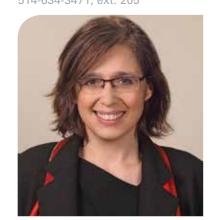
Flickr ••

Sign up for our newsletter! Information at www.lachine.ca

The Lachine Borough
Council invites you
to make the most of all
the activities on offer
in Lachine.



Kymberley Simonyik Borough Councillor Fort-Rolland District 514-634-3471, ext. 205



Maja Vodanovic Borough Councillor Canal District 514-634-3471, ext. 824



Daniel Racicot Borough Councillor J.-Émery-Provost District 514-634-3471, ext. 280



Jean-François Cloutier City Councillor 514-634-3471, ext. 823

The information contained in this guide is, to the best of our knowledge, accurate and up-to-date as of March 15, 2017. However, Lachine Borough is not responsible for any errors in the list of activities, their classification, contact information, schedules, or rates.

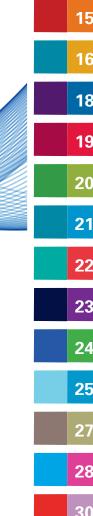
CLICKING ON THE TITLE OF THE PAGE OF INTEREST TO YOU WILL GET YOU DIRECTLY THERE.

COMMUNITY

DIRECTORY OF RESOURCES,

ORGANIZATIONS, AND PARTNERS, AND

OTHER USEFUL INFORMATION



LEISURE GUIDE **RECREATION SCHEDULE** 2017

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EVENTS	DATE	SCHEDULE	LOCATION	INFORMATION
Spring Cultural Activities	April 1–May 31	Schedule varies	Various Borough locations	311
Big Family Party	May 13	10 a.m. to 2 p.m.	Dalbé-Viau Secondary School	514 634-3658
Centre multi-ressources de Lachine's 16 <sup>th</sup> Annual Book Fair	May 25, 26, 27	Thursday: 3 p.m. to 8 p.m. Friday: 10 a.m. to 8 p.m. Saturday: 9 a.m. to 1 p.m.	Pierre "Pete" Morin Arena	514 634-3658
686 Dorval/Lachine Squadron Annual Review	May 20	10 a.m.	Pierre "Pete" Morin Arena	514 634-3888
Montréal Museums Day	May 28	9 a.m. to 6 p.m.	All Lachine museums	311
Aviron Club Canal Challenge	May 28	8 a.m. to 5 p.m.	Lachine Locks (Chemin du Musée)	514 639-0006
Music at Saints-Anges	May 28, June 25, July 30	3 p.m.	Saints-Anges Church	311
Vintage Car Show	June 4		Rue Notre-Dame between 6° Avenue and 16° Avenue	311
Lachine Cyclin' Tuesdays	June 6, 13, 20, and 27; July 4, 11, 25; August 1, 8, and 15	6 p.m.	LaSalle Park	514-634-3471, ext. 318
Lachine Youth Cycling Tournaments	June 10, July 8, and August 13	8 a.m. to noon	Dalbé-Viau Outdoor Track	514 639-6812
Neighbours Day	June 10		Various Borough locations	311
Lachine "Optimiste" Triathlon Challenge – Québec Games Regional Finals	June 11	8 a.m.	LaSalle Park	514 367-6438
Dragon Boat Festival	June 11	8 a.m. to 6 p.m.	Lachine Racing Canoe Club	514 634-4402

Canal Sundays	June 18 to August 6	11 a.m. to 4 p.m.	Promenade Père-Marquette	311
Saint-Jean-Baptiste Day Concert	June 24	8 p.m.	Saint-Louis Park	311
2017 Street Games: Cosom Hockey, Basketball, and Soccer Preliminaries	June 28	11 a.m. to 10 p.m.	Dalbé-Viau Park and Gymnasium	Everyone welcome, registration required 514 637-0934
Lachine Classical Music Festival	June 29 to July 16	8 p.m.	L'Entrepôt and Saints-Anges Church	311
Canada Day Concert	July 1	7:30 p.m.	Lachine Marina	311
Drowning Prevention Week	July 15–22	Schedule varies	Municipal pools	514-634-3471, ext. 327
World Music Concert	July 19	7:30 p.m.	Lachine Marina	311
Painting Symposium	August 6	10 a.m. to 6 p.m.	Promenade Père-Marquette	311
Pro Bass Canada Fishing Tournament (150 Series) )	August 18	6:30 a.m. to 4 p.m.	Lac Saint-Louis (Club des chasseurs et pêcheurs sportifs du lac Saint-Louis)	www.probassquebec.com
Lachine Soccerfest	August 19	8 a.m. to 8 p.m.	Dalbé-Viau Park	514 639-3573
Lachine Half Marathon	August 20		Boulevard Saint-Joseph and René-Lévesque Park	www.demimarathonlachine.com/en
World Music Concert	August 23	7:30 p.m.	Lachine Marina	311
Lachine Street Theatre Festival	August 24–26	Evenings	Saint-Louis Park on Boulevard Saint-Joseph	311
Lachine Days	August 24–27		LaSalle Park and Centre d'accueil de Lachine	311

## Summer Celebrations



Les Cowboys Fringants, June 24





Saint-Jean-Baptiste **Family Day at** the marina park starting at 1 p.m.

#### June 24 starting at 8 p.m.

Come celebrate on the outdoor stage in Saint-Louis Park. It promises to be an unforgettable evening!

With Les Cowboys **Fringants** 

Opening act: Tire le Coyote



Tire le Coyote

#### **Lachine Days and Street** Theatre Festival

August 24 to 27

#### **Lachine Street Theatre Festival**

Evenings, August 24 to 26 Creativity, culture, and imagination come together in a terrific all-ages festival. At Saint-Louis Park along Boulevard Saint-Joseph and on Rue Notre-Dame. www.theatrederue.com

#### **Lachine Days**

There's something for everyone during Lachine Days: concerts, shows, activities, and games for the whole family.

#### Lachine Centre d'hébergement **Festivities**

August 26 - Seniors Day Corn on the Cob Feast Concert at 2 p.m. - André Lejeune

#### **LaSalle Park Festivities**

August 24 to 27 - Softball Tournament

#### **Teen Party at LaSalle Park**

August 26 - Lachine Days for Teens New format! Afternoon and evening schedule, including extreme activities, obstacle courses, inflatable games, and much more!

#### **LaSalle Park Family Day**

August 27 - Italian lunch, face painting, inflatable games, performances by Lachine kids and teens, and a concert for kids (Théo et Fredo).

Let's get the party started!

#### Shows at Marina d'escale

Lachine presents six outdoor summer concerts at Marina d'escale (24e Avenue and Boulevard Saint-Joseph) at 7:30 p.m.

Radio Tango (Lachine Classical Music Festival), August 16

July 1: Karim Ouellet (Canada Day)

July 5: Campbell Concert: Kletzory

July 19: The Beatdown August 2: Karim Dabo

August 16: Radio Tango

August 30: Key of Groove



#### **Lachine Classical Music Festival**

From June 29 to July 16, Concerts Lachine presents a free concert series at l'Entrepôt and Saints-Anges Church.

www.concertslachine.ca

#### **Outdoor Movie Theatre**

At the town square on Rue Notre-Dame at the corner of 11e Avenue.

Dates: June 29, July 13 and 27, August 3 and 17.

Screenings start around 8:30 p.m., right after sunset. Bring your chairs! In case of rain, the screening will be cancelled.

Info: 311 or 514-634-3471 ext. 302 or 828

#### NEW!

Sunday puppets at Marina d'escale Park for kids ages 4 and up.

A free puppet show for young children will be presented on the stage of a traditional puppet theatre. Inspired by folk tales, this funny, colourful show breathes new life into old stories forgotten by all but a few.

Sundays at 1:30 p.m. on the following dates:

July 9: Ti-Jean au Royaume des fla-flas

July 23: Ti-Jean et le pauvre diable

August 6: Ti-Jean chez les revenants

August 20: Le trésor du Buttereau

Bring your chairs and blankets!

In case of rain, the shows are cancelled.

Info: 311 or 514-634-3471 ext. 302 or 828



Ti-Jean au Royaume des fla-flas

## **Canada Dav** July 1, 7:30 p.m.

Come and celebrate at the marina park with Théâtre La Roulotte and Karim Ouellet!

Fireworks to follow.





#### Saul-Bellow Library

3100 rue Saint-Antoine



Monday to Thursday, 10 a.m. to 9 p.m. Fridays, Saturdays, and Sundays, 10 a.m. to 5 p.m.

Summer hours - June 24 to Sept. 4, 2017: Mondays, 10 a.m. to 5 p.m.

## Saint-Pierre Library



Wi Fi

183 rue des Érables **Hours** 

Monday to Wednesday, 1 p.m. to 9 p.m. Thursday through Saturday, 9 a.m. to 5 p.m. Sunday, 12 p.m. to 5 p.m.

Summer hours - June 24 to Sept. 4, 2017 **Closed Sundays** 

With more activities, workshops, lectures, and shows, there's something for everyone!

#### **THEMED ACTIVITIES**

All adult activities are held at Saul-Bellow Library.

#### 2017 World Book and Copyright Day

(In French) Readers. The joy of reading out loud. Sur le territoire de Michel Tremblay, with Sylvie Potvin

Friday, April 21, 1 p.m.

Readings from novels by Michel Tremblay (in French)

#### **Dance Month**

Show: FLAMENCO DE LUCES, LOS JARDINES PERDIDOS, with Centre de danse flamenco and Julia Cristina

Friday, April 28, 2 p.m.

Artistic director:

Julia Cristina, musical director: Pierre Le Duc

Expo67, with Ginette Charbonneau 50th anniversary Friday, June 30, 1 p.m.

# DE LACHINE ON GRANDIT AVEC VOUS!

Free access and registration for all Montréal residents.

**ALL ACTIVITIES AND WORKSHOPS ARE IN FRENCH UNLESS OTHERWISE** INDICATED. All activities are free. Registration required, in person at the loans counter or over the phone:

Saint-Pierre: 514-634-3471, ext. 826 Saul-Bellow: 514-872-3802 / 514-872-5008 Youth activities: 514-872-2811

Here are just some of the activities at the library.

For the full schedule, go to: http://lachine.ville.montreal.qc.ca/ bibliotheques Facebook: bibliothequesdelachine

#### Concerts

Vibrer de joie, with Loize (Louise Aubé): Songs from the francophone repertoire

Friday, May 12, 1 p.m.

Le temps de cerises, with François and Audréanne Leclerc: Musical gems

from France and Québec

Friday, May 26, 1 p.m.

**Lecture & Concert: La Guitare** et l'Espagne, with Sébastien Deshaies

Friday, June 2, 1 p.m.

## **Speaker Series: Travel**

Lecture & Movie: Pologne, with Alain Bouchard

Friday, April 7, 1 p.m.

Lecture & Movie: La Grèce, with Yannick Gervais

Friday, July 7, 1 p.m.

Lecture: Les îles hawaiiennes, with Alain Benoît

Friday, August 18, 1 p.m.

#### **Friday Workshops**

Orient-arts, si loin si proche, with Mohamed Makhfi

Registration required. Space is limited. Friday, May 5, 1 p.m.

**Lecture & Demonstration** Histoire de la photographie, with Pilar Hernandez & Rafakir Benitez

Registration required. Space is limited. Friday, May 19, 1 p.m.

Lecture & Workshop: La musicothérapie, with Sylvain Larouche Friday, July 14, 1 p.m.

#### Movie Fridays at 1 p.m.

Chocolat. Roschdy Zem. 2015.

119 minutes

Friday, July 21, 1 p.m.

Le jeu de l'imitation. Morten Tyldum. **2016.** 114 minutes

Friday, July 28, 1 p.m.

Le jugement d'Hadwin. Sasha Snow.

2015. 87 minutes

Friday, August 4, 1 p.m.

Exil - Enquête sur un mythe. Ilan Ziv. **2012.** 97 minutes

Friday, August 11, 1 p.m.

#### Alzheimer's Café

Alzheimer's coffee talk. The public trustee and office for the guardianship of dependent adults, with the Alzheimer **Society of Montreal** 

Wednesday, April 5, 1 p.m.

Alzheimer's coffee talk. Porter plainte lorsque des soins apportés à notre proche sont inadéquats, presented by Nathalie Déziel, an advisor with the centre for complaints assistance and guidance (CAAP) for the Island of Montréal.

Wednesday, May 3, 1 p.m.

Alzheimer's coffee talk. Aider l'aidant. with the Alzheimer Society of Montreal.

Wednesday, June 7, 1 p.m.

**Tuesday and Thursday** movies. Two showings: 1 p.m. and 6:30 p.m.

Brooklyn. John Crowley. 2015.

111 minutes

Tuesday, April 11

Terre (Disney Nature). Alastair Fothergill and Mark Linfield. 2007. 90 minutes

Tuesday, April 18

Le volcan : une réflexion sur la vie et la mort de Malcolm Lowry. **Donald Brittain and John Kramer. 1978.** 99 minutes

Thursday, April 20

Anton Tchékhov 1890. René Féret. **2015.** 96 minutes

Thursday, April 27

À la poursuite du Phantom. Todd Robinson. 2013. 98 minutes

Thursday, May 11

Henri Henri. Martin Talbot. 2014. 99 minutes

Thursday, May 25

Le fils de Saul. László Nemes. 2015. 107 minutes

Thursday, June 15

Cheval de guerre. Steven Spielberg. **2011.** 146 minutes

Thursday, June 29

#### **Thursday Talks & Workshops**, 7 p.m.

L'Islande terre de feu, with Daniel **Charbonneau.** Thursday, March 23

Médecine chinoise, with Gisèle Lespérance. Thursday, May 18

Terre de jazz, as part of the Jazz **Festival, with Damian Nisenzon** and Oscar Salazar Varda.

Thursday, July 6

Artistic Workshops, 1 p.m. (Bilingual workshops, registration

required, space is limited)

Watercolours—colour and light! With Indra Singh.

Thursday, April 20

Make a Floral Card for Mother's Day, with Nicole.

Thursday, May 11

#### **New in 2017**

**Duplicate Scrabble Workshops**, Tuesdays at 1 p.m. starting February 7.

Bla bla bla: French conversation and discussion workshops, Fridays, April 28, May 12 and 26, June 9 and 23, 11 a.m. to noon

# **Saint-Pierre Library**

**Knitting Workshop, with Giovanna** Clémenti. Space is limited. Registration required (bilingual activity)

Thursdays, April 13 and 20, May 11 and 18 June 1 and 8, 1:30 p.m. to 3:30 p.m.

Cercle littéraire, Thursdays, April 27, May 25, June 29, 1 p.m. to 3 p.m.

#### SAUL-BELLOW AND SAINT-PIERRE LIBRARIES

#### **YOUTH ACTIVITIES - SPRING/SUMMER 2017**



SP = Saint-Pierre Library

**Storytime and crafts hour** (3–5 yrs.) **At both libraries. Registration required.** 

Stop by for more information. See our website for the full schedule!

#### **Toddler time** (0–5 yrs.)

Saturdays, April 8, April 29, May 13, and June 17, 10:15 a.m. to 11:30 a.m. Saturdays, from 10:15 to 11:30 a.m. on the following dates: April 8, April 29, May 13 and June 17

#### Creativity Club (5 yrs+)

Wednesdays at 4 p.m. **SP** Fridays at 3:30 p.m.

#### Game Club (5 yrs+)

Thursdays at 4 p.m. **SP** Wednesdays at 4 p.m.

#### **Teen committee** (12 yrs+)

Saturdays at 4 p.m., except June 3

# Poisson d'avril : April Fool's games (3-6 yrs)

Saturday, April 1, 10 a.m. Registration required.

# Samedi de lire et d'écrire...et rire! (6-9 yrs.)

Saturday, April 1, 2 p.m.

#### Family Movie: Winnie l'Ourson

(2011: 69 min.) (Everyone welcome) Sunday, April 2, 2 p.m. and 3:30 p.m.

Lapins cousus (8 yrs+): A craft workshop on making a stuffed bunny as a gift or to keep Saturday, April 8, 2 p.m. Registration required.

#### **Eggshell Mosaics** (4 yrs+)

Sunday, April 9, 2 p.m. Registration required.

#### Egg Hunt (everyone welcome)

Saturday, April 15, 10 a.m. and 2 p.m. SP Saturday, April 15, 10 a.m. and 2 p.m.

#### FestivÉLÉ: French Early Reading and Writing Festival (0-5 yrs)

Organized by Table de concertation petite enfance de Dorval-Lachine, FestivÉLÉ is a celebration of reading activities and early childhood. The festival includes a number of activities for young children and their families. For the complete FestivÉLÉ schedule, go to tcpe-dl.com

Friday, April 21, 9 a.m. to noon and Saturday, April 22, 10 a.m. to noon

# **Recycled Crafts for Earth Day** (4 yrs+) Saturday, April 22, 2 p.m.

# Show: Contes du ciel et de la terre, with Frank Sylvestre (3 yrs+)

Presented as part of World Book and Copyright day.

Sunday, April 23, 2 p.m.

#### À la manière de... (everyone welcome)

Learn to write and illustrate in the style of a favourite author.

SP Sunday, April 23, 2 p.m.

#### Mon Lachine en photo (12 yrs+)

Photography workshop and first day of a photography project that will become a library exhibit. / Photo workshop and beginning of a photography project which will become a library exhibit. Saturday, April 29, 2 p.m.

# Video game: NHL 17 tournament (10 yrs+)

Sunday, April 30, 2 p.m.

#### Video game: Just dance (7 yrs+)

SP Sunday, April 30, 2 p.m.

#### SP Manga mania (9 yrs+)

Love mangas? Come and share your favourites. Tuesday, May 2, 2 p.m.

#### Free Play (everyone welcome)

Sunday, May 7, 2 p.m.

#### SP Science Workshop: Rayonnement solaire et bille UV (6 yrs+)

Sunday, May 7, 2 p.m. Registration required.

# **Reading and Writing Saturdays: J'écris ma BD** (6 yrs+)

Saturday, May 13, 2 p.m.

# Science Activity: Quel est le meilleur avion? (6 yrs+)

Sunday, May 14, 2 p.m. Registration required.

# Ma famille : contes et mini-arbre généalogique (4 ans+)

There are all kinds of families. What does yours look like?

SP Sunday, May 14, 2 p.m.

#### Petit cinéma (2-6 yrs)

Saturday, May 20, 10 a.m.

SP Sunday, May 21, 2 p.m.

#### **Génies en BD: blitz version** (9 yrs+)

Saturday, May 20, 2 p.m.

SP Sunday, May 28, 2 p.m.

# Movie: Star Wars VII - Le réveil de la force (2016: 135 min.)

2017 marks the 40th anniversary of the first Star Wars movie. Come watch the latest instalment dressed in your Star Wars best! There will be a prize for the best costume. This movie is not recommended for young children.

Sunday, May 21, 2 p.m.

#### **Family Crafts: Summer is Here!**

Saturday, May 27, 10 a.m.

# Video game: FIFA 17 tournament (10 yrs+)

Sunday, May 28, 2 p.m.

# **Guide de la route: Preschool Version** (2–6 yrs)

A game for learning the meaning of road signs.

Saturday, June 3, 10 a.m. Registration required.

#### Free Play (everyone welcome)

Sunday, June 4, 2 p.m.

SP Sunday, June 4, 2 p.m.

#### JUNE 10-AUGUST 19: TD SUMMER READING CLUB

Children 13 years and under are invited to sign up for the TD Summer Reading Club.

Children 13 years and under are encouraged to sign up for the TD Summer Reading

#### How to sign up for the club

Registration is free. You can sign up starting Saturday, June 10, at either Lachine library. Each child will receive a reading kit designed for their age group (0-5 yrs or 6 yrs+) containing a reading club passport, stickers, suggested titles, and more.

You can register as of Saturday June 10th at one or the other of Lachine's libraries. Each child who signs up will receive a kit including a reading club passport, stickers, reading suggestions, and more.

See our brochures at the library or our website for complete club programming and weekly summer activities!

#### KINDERGARTEN AND DAY CAMP ACTIVITIES

Bring your group of kids to the library and enjoy the air conditioning! We offer activities geared towards various age groups. Book your trip to the library with our youth librarian, Sueanne O'Hanley, at 514-872-2787 or sueanne.ohanley@ville.montreal.gc.ca

## **Libraries in the Community**

#### LA BIBLI-AU-PARC

This summer, we're bringing the library to you. From June 27 to July 28, you'll have the chance to read in a park near you:

Between June 27 and July 28, you can read in a park near you:

Tuesdays, 9:30 a.m. to 11 a.m. at LaSalle Park

Wednesdays, 9:30 a.m. to 11 a.m. at Dixie Park

Wednesdays, 4:30 p.m. to 6 p.m. at Michel-Ménard Park

Fridays from 4:30 p.m. to 6 p.m. at Kirkland Park

#### **READING TENTS**

The reading tents are back! A initiative of Table de concertation petite enfance de Dorval-Lachine, young children (0-6 yrs) are invited to read in the shade in Lachine Park. Reading hosts will be onsite to suggest stories for your little ones.

Thursdays at 10 a.m., with the following schedule:

July 6: LaSalle Park

July 13: Kirkland Park

July 20: Albert-Gariépy Park

July 27: Michel-Ménard Park

August 3: Kirkland Park

August 10: LaSalle Park

#### **BOOKS IN THE STREET**

A blanket and a backpack full of books, once a week in a park near you! Books in the Street (Livres dans la rue) has been bringing reading fun to children ages 4-12 since 1982. Get the summer 2017 schedule from a Lachine library or online at the Montréal library portal: bibliomontreal.com

# Expositions

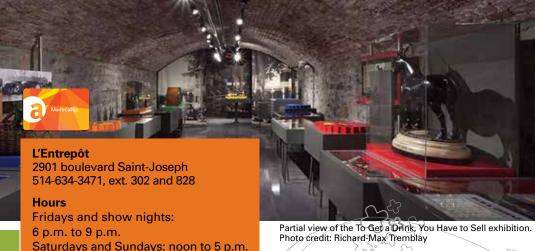


Photo credit: Richard-Max Tremblay

Retrouvez la programmation complète au www.lachine.ca

# **Temporary Exhibitions**

L'Entrepôt has both a concert hall and a terrific space for multicultural and multidisciplinary exhibitions.

salledespectacleentrepot

#### Lachine s'expose

Free admission

#### Club Vision Photo de Lachine

A selection of photos from the members of Lachine's Vision Photo photography club April 21 to May 21, launch party April 23, 1 p.m.

culture

#### Des îles dans les îles

July 7-August 20, launch party July 7, 6 p.m.

David Lafrance, painter. Part of Montréal's 375th anniversary celebrations.

Curated by Nathalie Bachand for Accès culture. Accès culture network's exhibition project for Montréal's 375th anniversary celebrations: Une île, 19 plages – un million d'horizons  $(1 \times 19 = 1000000)$ .

With support from Ministère de la Culture et des Communications and the Ville de Montréal as part of the agreement on Montréal's cultural development.

#### Plus que des barbeaux

12th edition of Lachine's Graffiti Program Exhibition

May 26-July 2, launch party May 26, 5 p.m.



Photo: Au fil des ans, de Michel Ross (Club Vision Photo)



Des îles dans les îles,





1 chemin du Musée • 514-634-3478 museedelachine@ville.montreal.gc.ca museedelachine.com



#### Ber-le Moyne House, a site, a dream...

#### May 3-October 1

A magnificent example of 17th century French architecture, Ber-Le Moyne House is a designated historical site. Inside, you'll find over 400 historical and archaeological artefacts illustrating the life of its occupants throughout the centuries.



Photo: Paul Litherland

#### Infiltration artistique May 24-October 1

As part of Repères 2017, remains of the Le flâneur: (re)Marquer project will be added to the museum's historical exhibition. Repères 2017 is an exploration of the Lachine Canal through the eyes, actions, and experience of a character created by artist Douglas Scholes with the help of various contributors. A Partners in Art initiative for Canada's 150th anniversary celebrations.

Repères2017.ca

#### Hours for 2017

May 3-October 1, Wednesdays to Sundays June 20-September 3, Tuesdays to Sundays Noon to 5 p.m.

Closed June 24 and July 1 Free admission/Pay parking





#### Activities for Lachine's 350<sup>th</sup> anniversary

In this historic year, relive the fur trade era in New France:

#### Saturday, July 8, 7 p.m.

Stories and songs with woodsman Francis Désilet

#### Sunday, July 16, noon to 5 p.m.

Demonstrations and a chance to chat with members of Lanaudière's Association des artisans de ceinture fléchée

#### Sunday, July 23, noon to 5 p.m.

Bark canoe workshop with adventurer Billy Rioux

To see the full program: www.museedelachine.com



#### Archeology Rally

#### Every Saturday in August at 2 p.m.

An interactive way for families to discover the archeological artefacts on display at Le Ber-Le Moyne House. 8 years and older

#### Workshop -Stone Carving Workshop

#### Sunday, August 13, 1 p.m. to 4 p.m.

Workshop on the making of traditional Indigenous objects, with artisan Martin Lominy. 8 years and older

#### Lachine's outdoor museum

#### Open every day from dawn to dusk

With its collection of 50 works, Lachine's open-air museum is one of Canada's largest contemporary sculpture gardens.

See works by renowned artists such as Linda Covit, André Fournelle, Michel Goulet, David Moore, and Bill Vazan. Three sectors to explore on foot or by bike along the water's edge.



Le portage, by Dominique Valade, 1992. Photo: Michel Dubreuil

#### Sculp'tour

#### May 3-October 1, Wednesdays to Sundays, between 9 a.m. and noon

These guided tours are a unique opportunity to delve into contemporary sculpture, on foot or by bike. Duration: 90-120 minutes

#### New 350<sup>th</sup>/375<sup>th</sup> Anniversary Circuit

A guided tour of works that echo Lachine's history, exploration in the region, and the eternal quest for new horizons. Follow a Lachine Museum guide and see if you can spot graphic representations of beaver hides, fish, explorers' faces, and more.

Reservations: 514-634-3478

#### **Heritage Sites**



#### The Fur Trade at Lachine National **Historic Site**

This warehouse for storing furs is one of the last vestiges of the voyageurs' westward iournevs in the 18th and 19th centuries. Tour the building and discover the many secrets of Canada's fur trade. A fascinating visit for children and adults!

For more information: 1255 boul. Saint-Joseph

www.pc.gc.ca/fourrure • 514-637-7433

#### **Lachine Canal National Historic Site**

Lachine Canal is a great place to visit in a kayak, canoe, or rabaska. Landlubbers can take in the scenery and enjoy this peaceful park by bike, on rollerblade, or on foot. Follow the canal along the multi-use path and discover charming neighbourhoods and local markets. To celebrate the 150th anniversary of Canadian Confederation, Parks Canada invites you to discover Lachine Canal's rich industrial and maritime heritage.

Information: www.pc.gc.ca/canalachine • 514-283-6054



## Mobile app

#### Montréal, What a Story!

Follow history, by bike or on foot, along the St. Lawrence River between Saint-Gabriel House and the Lachine Museum, past Nivard-De Saint-Dizier House and the Fleming Windmill. App available for download starting May 3: \_.

Project funded as part of Montréal's 375th anniversary celebrations.



## Parks Entertainment and Activities



#### **Batobus**



A water taxi service that runs between Saint-Louis and René-Lévesque parks. The Batobus does not sail in rain or strong winds. For more information: 514-634-0646, ext. 414

- May 27 to June 25: Saturdays, Sundays, and statutory holidays, noon to 6:30 p.m.
- June 29 to August 13: Thursdays to Sundays, 11:30 a.m. to 7 p.m.
- August 19 to August 27: Saturdays and Sundays, 11:30 a.m. to 6:30 p.m.
- September 2 to October 9: Saturdays, Sundays, and statutory holidays, noon to 6 p.m.

#### **Boarding**

- Saint-Louis Park, 34<sup>e</sup> Avenue and Boulevard Saint-Joseph
- At the entrance of René-Lévesque Park, Chemin des Iroquois and Chemin du Canal

#### 2017 Schedule of Fares: One Way

- Regular: \$2
- Children 0-5 years: Free



# Lachine-Châteauguay Siver Shuttle

A lovely 50 minute crossing between René-Lévesque Park in Lachine and De La Commune Park in Châteauguay.

#### Hours and boarding schedule for 2017

June 17 to September 4. Saturdays, Sundays, and statutory holidays.

Leaves Lachine: 8:45 a.m., 11:15 a.m., 1:45 p.m., 4:15 p.m.

Leaves Châteauguay 10 a.m., 12:30 a.m., 3 p.m., 5:30 p.m.

Regular: \$10 6-12 years: \$5 0-5 years: Free

Families (2A + 2C): \$25

#### **NEW IN 2017:**

Heritage Cruises on Lake St. Louis, leaving from René-Lévesque Park.

Information, hours, and rates: online at <a href="https://www.navark.ca">www.navark.ca</a> or by phone at 514-871-8356.

# Catamaran, Dinghy, and Windsurfing Rentals (16 yrs+)

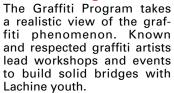
#### École de voile de Lachine

3045 boulevard Saint-Joseph www.voilelachine.com, 514-634-4326

· April 29 to September 24



#### **Graffiti Program**



Plus que des Barbeaux, a graffiti exhibition, runs May 26 to July 2. The launch party is on May 26 at 5 p.m. at L'Entrepôt. All are welcome.

#### **Authorized Walls Workshop**

Up-and-coming graffers can practice their craft starting in May on authorized walls mounted in Carignan, Michel-Ménard, Kirkland, and LaSalle parks.

During the summer, street artists will be painting onsite and leading a number of activities. Graffiti workshops are also available by appointment.

#### **Multimedia Workshops**

Free multimedia workshops designed for urban and graffiti artists looking to develop their skills. By appointment only.

For more information: 514-634-3471, ext. 360

#### **Activities and Park Monitors**

Park staff will organize games and activities for kids in Kirkland Park. Park monitors will be onsite at the following times:

# Carignan, Dixie, Kirkland, and LaSalle parks

April 24 to June 18
Monday to Friday, 5 p.m. to 10:30 p.m.
Saturdays and Sundays, 10:30 a.m. to 10:30 p.m.

June 19 to August 27 Monday to Friday, 3:30 p.m. to 10:30 p.m. Saturdays and Sundays, 10:30 a.m. to 10:30 p.m.

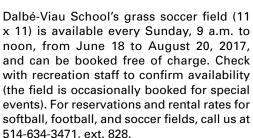
#### Dalbé-Viau Park

#### **April to September**

Monday to Friday, 5 p.m. to 10:30 p.m. Saturdays and Sundays, 8:45 a.m. to 10:30 p.m.

For more information: 514-634-3471, ext. 350

#### Free Soccer



#### Outdoor Dance Floor\*

#### May 23 to August 19

\*Weather permitting

- o Line dancing, Mondays, 7 p.m.
- o Country, Tuesdays, 7 p.m.
- o Hip-hop, Wednesdays, 6:30 p.m.
- o Zumba gold, Wednesdays, 7:30 p.m.
- o Zumba, Thursdays, 7 p.m.
- o Yoga, Saturdays, 9 a.m. (bring your own mat)

Free dance nights on the outdoor dance floor, set up for the summer on the banks of Lake Saint-Louis (behind 3051 boul. Saint-Joseph).

#### **Public Piano**

For the second year in a row, Lachine is teaming up with the Public Pianos Program launched in Montréal in 2012. You can play away from June 17 to October 1 at the corner of rue Notre-Dame and 11e Avenue. Play on!



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# **Pools**





#### **Collective Gardening**

For residents who'd like to garden as a group and share the fruits of their labours, Lachine has four collective gardens.

Tuesdays from 6 p.m. to 8 p.m., starting mid-May

#### Gariépy Park Garden

8° Avenue and Rue Sherbrooke For more info: 514-634-3658

#### **Du soleil Garden:** 2270 rue Duff Court

For more info: 514-634-5055, ext. 222

#### **Triangle fleuri Garden:**

Rue Léo-Pétrin and Rue Ouellette For more info: 514-365-7000

#### Regroupement de Lachine Garden:

735 rue Notre-Dame

For more info: 514-634-7205

#### **Community Gardens**

Three community gardens are available from April to October for kitchen gardening and horticulture.

#### Remembrance Garden (210 plots): Rue Remembrance and 32° Avenue

Cost: \$20

For more info: 514-634-3471, ext. 520

#### Sherbrooke Garden (30 plots):

Rue Sherbrooke and 4e Avenue

Cost: \$20

For more info: 514-634-3471, ext. 520

#### Wilfrid-Vincent Garden (30 plots):

Rue des Érables

For kids and seniors only Fee, refundable at year's end:

\$1 per year

For more info: 514-366-0230

#### Pool Schedules June 12 to 23 and August 26 to September 4 (off-season)

#### **LaSalle Park**

- Monday to Friday, 3 p.m. to 6:45 p.m.
- Saturdays and Sundays, noon to 6:45 p.m.

#### June 24 to August 25 (peak season)

#### **Michel-Ménard Park**

• Daily from 11 a.m. to 7:45 p.m.

#### **Kirkland Park**

- Mondays, Fridays, Saturdays, and Sundays, 11 a.m. to 7:45 p.m.
- Tuesdays, Wednesdays, and Thursdays, 1 p.m. to 7:45 p.m.

#### **LaSalle Park**

LIBRES

BAINS

• Daily from 10 a.m. to 7:45 p.m.

Free swim schedule may vary depending on the weather. Entrance for free swims is free! Pool staff may ask for a valid Accès Lachine card and deny pool access to those without . To book a group, call 514-634-3471, ext. 820.

#### National Drowning Prevention Week

From July 15 to 22, our lifeguards will be hosting activities aimed at informing the public about potential swimming hazards.

For more information: 514-634-3471, ext. 327

#### **Swimming Competition**

Dive into the world of swimming with LaSalle Park's Introductory Competitive Swimming Club. Friendly competitions, ribbons, and fun are all part of the bargain!

Must know how to swim to join.

Details online under Recreation online.

# Wading Pool Schedules June 24 to August 25 (peak season)

#### **Carignan Park**

• Daily from 1 p.m. to 6:45 p.m.

#### **Michel-Ménard Park**

• Daily from 11 a.m. to 6:45 p.m.

#### **LaSalle Park**

• Daily from 10 a.m. to 6:45 p.m.

#### Splash Pad Schedules June 24 to August 25 (peak season)

#### **Kirkland Park**

• Daily from 11 a.m. to 7:45 p.m.

#### LaSalle Park

• Daily from 9 a.m. to 8 p.m.

# **LACHINE SWIM CLUB**





Lachine's swim club is pleased to offer an AQUATIC FITNESS program at Lachine's LaSalle Pool. See our website for complete schedule and registration details.

The club offers a swimming instructor and emergency (EAU) program recognized by the Lifesaving Society and the Canadian Red Cross, as well as all levels of lifesaving and swim teacher training.

 $\frac{www.clubnatationlachine.com}{or\ by\ phone\ at\ 438-821-6958}.$ 

#### **CHILD SAFETY IN AQUATIC FACILITIES**

To enter a pool without an adult, children must be at least 6 years old and meet the minimal height requirement posted at the pool entrance or pass a swimming test. They must also be familiar with the pool layout and obey all pool rules. An accompanying monitor (16 yrs+) may supervise a single child who can't swim and isn't wearing a life vest. In all other cases, the ratio is 1:6, meaning one monitor for every 6 children. Children who can't swim should bring their own life jacket whenever possible, since there aren't always enough life jackets of the right size on hand at the pool for all users. Users may be required to adhere to additional rules to make sure everyone is as safe as possible in the pool. Pool supervisors are authorized AT ALL TIMES to reduce the aforementioned ratio, tighten up rules, and require swimmers to wear life jackets.

#### **Showering Required**

All swimmers must shower before arriving on the pool deck to go swimming in order to remove germs and contaminants from their skin (sweat, dead skin, lotions).

#### **Private Pools**

#### Western Lachine Recreation Centre Inc.

June to September Membership required 4070 rue Victoria www.crlo-wlrc.ca 514 637-0703



#### Dixie Pool Association Inc.

June to September Membership required 695 54° Avenue

www.piscinedixiepool.com 514 637-6149

## Centre de Loisirs de Lachine



Centre de Loisirs de Lachine has all kinds of sports and recreational activities for babies and toddlers, children, adults, and seniors. We strive to listen to your needs, offer a variety of innovative and high-quality services, and be your partner for health and wellbeing!

Centre de Loisirs de Lachine is a one-stop service centre for information and registration for our three programs:

#### 1. Recreational Activities

Three times a year, you'll find a rich and diverse schedule of activities for children 0–12, teens 13–17, adults, and seniors.

The activities are led by certified instructors and cover a broad range of interests, with language courses, a wide variety of dance classes, culinary activities, physical activities and sports, music lessons, and artistic activities. Find your favourite activities!

Visit our website for the full schedule at www.centre-de-loisirs-lachine.com

#### 2. Introductory Activities

Club Déclic Lachine is a discovery series offered by Centre de Loisirs. Come and try a new sport or recreational activity at an affordable rate with your family or among adults.



The best way to try a new activity is to pay for single classes. That way you can try activities of all kinds at different times to find what works for you.

There's a new program in tune with your needs and lifestyle every season. Visit our Facebook page for more information and to see an overview of the schedule.

Facebook: Club Déclic Lachine

#### 3. Day Camp

Sign up online today on our new website, www.centre-de-loisirs-lachine.com, to book your spot for one of our 2017 summer camps for children ages 5–12 ans. This year there'll be plenty of outings on the Island of Montréal and lots of fun and rewarding activities on a variety of themes. Every morning will be dedicated to physical activities and the kids will get to learn all kinds of sports. Take a look at the schedule on our website and discover all the activities offered by Les Camps de Jour le Phoenix de Lachine.



Follow us on Facebook: Camps de Jour le Phoenix de Lachine

#### We're recruiting new directors!

Want to get involved? Have ideas, and the skills to bring them to life? Be a part of Centre de Loisirs de Lachine and share your enthusiasm for sports and recreation! Contact us at <a href="info@centre-de-loisirs-lachine.com">info@centre-de-loisirs-lachine.com</a>.

There are lots of ways to volunteer!

For more information about Centre de Loisirs de Lachine

www.centre-de-loisirs-lachine.com info@centre-de-loisirs-lachine.com 514 465-2635

# DAY CAMPS AND SPECIALIZED DAY CAMPS

ACTIVITY	AGE	SCHEDULE	SESSION	LOCATION	COST PER SESSION	INFORMATION	REGISTRATION				
Day Camp											
Day Camp (with daycare)		Monday to Friday 7:30 a.m. to 6 p.m.		Dixie, Carignan,	\$130/wk + \$10 registration fee Non-res.: \$145/wk + \$10 registration fee	Day Camp Phoenix de Lachine	Maison du brasseur April 22, noon to 5 p.m.				
Day Camp (without daycare)	5–12*  Monday to Thursday, 9 a.m. to 4 p.m. Fri., 9 a.m. to 3 p.m.		June 26 to August 25	Kirkland, and LaSalle parks	\$75/wk + \$10 registration fee Non-res.: \$90/wk + \$10 registration fee	www.centre-de-loisirs-lachine.com 438 883-5833	April 25, 4 p.m. to 9 p.m. or Internet				
	*5 year olds mus	t be in school									
Special Day Camps											
Rowing	8+	Monday to Friday, 9 a.m. to 4 p.m.	June 26 to August 18	2801 boul. Saint-Joseph	\$180/wk	Lachine Rowing Club www.avironlachine.ca 514 639-0006	By phone or online				
Canoe and Kayak	8–14	Monday to Friday, 10 a.m. to noon or 1:30 p.m. to 3:30 p.m.	June 26 to August 19	2105 boul. Saint-Joseph	From \$50 - membership required	Lachine Racing Canoe Club League www.canoelachine.com 514 634-4402	Starts April 1 (see their website)				
Gymnastics	5–12	Monday to Friday, 7:30 a.m. to 5:30 p.m.	June 26 to August 18	Sainte-Anne College	\$185/wk Includes: Daycare	Lachine Gymnitours Club www.gymnitours.ca 514 639-6510	See their website				
Soccer	6–13	Monday to Friday,	June 26 to July 28	Dalbé-Viau Park	From \$90	Lachine SC Soccer Club www.lachinesoccer.com 514 942-7189	By mail 640 45e Avenue Lachine H8T 2M3				
Sailing	6–17	Monday to Friday, 9 a.m. to 4 p.m.	June 26 August 25	3045 boul. Saint-Joseph	Sailing dinghy \$230/wk., catamaran \$285/wk.	École de voile de Lachine www.voilelachine.com 514 634-4326	Online, by phone, or onsite				

## SERVICES · SUPPORT · LEADERSHIP



Au service des personnes ayant une déficience intellectuelle ou l'autisme

Serving people with intellectual handicaps or autism

# Serving people with intellectual disabilities or autism and their families

#### Serving the West Island as a charitable organization since 1958

WIAIH offers a range of recreational activities to help people with intellectual disabilities or autism become more independent and develop social skills. Participants have the choice of 19 different educational and recreational activities.

Our services are designed for individuals with moderate to severe intellectual disabilities or autism, ages 12 and up, who require specialized services. Our recreational activities aim to provide participants with a chance to have fun in a safe environment while learning to socialize with their peers in the community.

Want to volunteer with WIAIH? It's a rewarding experience! Give us a call.

Our brochures can be downloaded at www.wiaih.qc.ca.

For more information, contact:

514 694-7090

info@wiaih.qc.ca



# Breaking Social Isolation through Physical Activity

A lot of families can't afford recreational activities. This program aims to break the cycle of social isolation by offering free recreational access to those with low incomes.

#### **Packaging the Possibilities**

Lachine's Recreation Access Program provides lists of programs with spaces available so people can choose from a variety of activities. Our partners and Lachine's community organizations are responsible for contacting and informing the target clientele (low-income individuals and families),

while our municipal recreation partners agree to add an extra free spot to each of their classes.

A big thank you to our Lachine partners who decided to get involved!

Registration for the 2017 summer session is fully confidential and will be held on the following dates:

Wednesday, May 10, at:

Centre Fernand-Laprairie 183 des Érables, 1 p.m. to 7 p.m. www.lachine.ca

# ACTIVITÉS JEUNESSE

ACTIVITY	AGE	SCHEDULE	SESSION	LOCATION	COST PER SESSION	INFORMATION	REGISTRATION
Track & Field (introduction)	8–13	Wednesdays, 6 p.m. to 7:30 p.m.	Beginning of May to mid-August	– Dalbé-Viau Park	Residents: \$70 Non-residents: \$75	Lachine Track & Field Club  athletismelachine@videotron.ca	By email or on their website:
Competitive + Elite Track & Field	13–18	4 nights/wk. + one practice/wkd.	Beginning of May to mid-August	- Daibe-viau Fark	Residents: \$105 Non-residents: \$115	514 403-4543	www.athletismelachine.ca
Rowing	10 yrs.+	Varies	May to October	2801 boul. Saint-Joseph	Varies	Lachine Rowing Club www.avironlachine.ca 514 639-0006	By phone or Internet
Baseball	5–18	Weeknights and weekends	May to Sept.	Carignan, LaSalle and Dalbé-Viau parks	From \$75 to \$125	Ass. de baseball amateur de Lachine baseballlachine.com 514 634-3471, ext. 313	See their website
Kayak and Racing Canoe (introduction)	8–14	Monday to Friday, 10 a.m. to noon or 1:30 p.m. to 3:30 p.m.	June 26 to August 19	2105 boul.	Starting at \$50 + membership	Lachine Racing Canoe Club www.canoelachine.com 514 634-4402	See their website
Kayak and Racing canoe (competitive)	8 yrs+	Varies by category	May 15 to August 26	Saint-Joseph	Varies		
Hockey School	Novice to bantam	Varies	August 7 to 11	Pierre "Pete" Morin Arena	See their websitet	Lachine Hockey Association www.hockeylachine.com 514 634-2471 or 514 464-1630	See their website
Swimming: Preschoolers*	3–5 yrs. without a parent	Tuesday to Thursday and Saturday	June 27 to July 20, July 25 to Aug. 17, Saturday June 24	LaSalle Park or Kirkland Park	Residents: \$39.75 Non-residents: \$85.75	Borough of Lachine	Online under Recreation online. Opens May 16 at 6 p.m.
Swimming: Juniors (1–10)*	5–12 yrs.	and Saturday	to August 19				
Competitive Swimming (introductory)*	5–8 yrs. 9–10 yrs. 11+	Monday to Friday, 1 p.m. to 2 p.m. Monday to Friday, 2 p.m. to 3 p.m. Monday to Friday, 3 p.m. to 4:30 p.m.	June 26 to August 18	LaSalle Park	Child Res.: \$43/Non-res.: \$96/Teen res.: \$49.44/ non-res.: \$110.38	www.lachine.ca ou 311	Online under Recreation online. Opens May 16 at 6 p.m.

# ACTIVITÉS JEUNESSE

ACTIVITÉ		ÂGE	HORAIRE	SESSION	ENDROIT	COÛT PAR SESSION	INFORMATION I	NSCRIPTION
Swimming Ba Swimming Strokes*	sics*	12+	Tuesday to Thursday 6 p.m. to 7 p.m.	June 27 to July 20, July 25 to August 17		Residents (12–14 yrs.): \$34 Non-residents: \$80 Residents (15–17 yrs.): \$39.09 Non-residents: \$91.98	Borough of Lachine www.lachine.ca ou 311	Online under Recreation online. Opens May 16, 6 p.m
Swimming – Bronze Star		11+	Saturdays, from 9 a.m. to 10:30 a.m.	July 1 to August 12	LaSalle Park	Available online, via email, or by phone	Lachine Swim Club www.clubnatationlachine.com 438 821-6958	Available online,
Swimming – Bronze Medall	lion	13+	Saturdays, from 10:30 a.m. to 4 p.m.	July 1–29 (4 classes)				via email, or by phone
Soccer (Competitive I	eague)	9–18		May–Sept.		\$240 before April 1 \$270 after April 1	Lachine SC Soccer Club	
Soccer (récréatif)		4–6	6 p.m.	June-Sept.		\$140 before April 1 \$170 after April 1		See their website
	7–10		M	Lachine parks	\$150 before April 1 \$180 after April 1	514 639-3573	See (neir website	
		11–18		May–Sept.		\$160 before April 1 \$190 after April 1		
Sailing and Dr	y-Docking	6+	Varies	June 26 to August 25	3045 bou. Saint-Joseph	Varies	École de voile de Lachine www.voilelachine.com 514 634-4326	By phone or onsite

# ADULTS ACTIVITIES

ACTIVITY	SCHEDULE	SESSION	LOCATION	COST PER SESSION	INFORMATION	REGISTRATION
AquaFit for All	Tuesdays, noon to 12:30 p.m.			Available online,	Lachine Swim Club	
AquaFit for All	Thursdays 6:40 p.m. to 7:30 p.m.	June 27 to August 17	LaSalle Park	via email and over the phone	www.clubnatationlachine.com 438 821-6958	Online, by email or over the phone
Rowing	Varies	May to October (on the water) - November to April (indoors)	2801 boul. Saint-Joseph	Varies	Lachine Rowing Club www.avironlachine.ca 514 639-0006	By phone or on their website
Воссе	Mondays, 6:30 p.m.	May 9 to August 22	LaSalle Park	\$3/game + membership	Union des familles de Lachine Jean Boucher and Francine Jobin 514 634-4842	Onsite
Swimming Basics*	Tuesday to	June 27 to July 20, July 25 to August 17	LaSalle Park	Residents: \$49.44	Borough of Lachine www.lachine.ca ou 311	Online starting May 16 at 6 p.m.
Swimming: Strokes*	Thursday			Non-residents: \$110.38		
Petanque	Wednesdays, 7 p.m.	May 11 to August 24	LaSalle Park	\$3/game + membership	Union des familles de Lachine Denis Perras 514 634-4087	Onsite
Soccer (Competitive)	Starting at 8 p.m.	May to Sept.	Lachine parks	\$220 before April 1 \$250 after April 1	Lachine SC Soccer Club www.lachinesc.com 514 639-3573	See their website
Sailing and Dry-Docking	Private or group lessons – evenings, weekdays or weekends	June 26 August 25	3045 boul. Saint-Joseph	Private lessons: \$65/hr Group lessons: \$380	École de voile de Lachine www.voilelachine.com 514 634-4326	Online, over the phone or onsite

<sup>\*\*</sup>Online registration: if you don't have Internet access, you can book a computer at one of the following locations.

Saul-Bellow Library 3100 rue Saint-Antoine Lachine H8S 4B8 Saint-Pierre Library 183 rue des Érables Lachine H8R 1B1









See the full program at <u>www.350lachine.com</u>.
Follow us on <u>Facebook</u>!

For more information about the events, call 514-364-4490.

#### **History Day on Notre-Dame**

June 3, on Rue Notre Dame and in the surrounding area

Living Fresco: Imagine travelling up Rue Notre-Dame 100 years ago

# Saint Jean Baptiste Day (350th edition)

June 24, from 8 p.m. to 11 p.m., at the 34e avenue wharf

Les Cowboys fringants are the headliners for this year's concert

#### Canada Day

July 1, from 7:30 p.m. to 10 p.m. at Marina d'escale Park.

Karim Ouellet concert and fireworks

#### **Lachine Day**

From August 24 to 27 at LaSalle Park and along Saint-Louis Lake

Special theme for the 350<sup>th</sup> celebrations: Sports in Lachine.

#### **Lachine Street Theatre Festival**

From August 24 to 26 on Rue Notre Dame and along Lac Saint-Louis

For its 10th anniversary, the festival team is presenting over 100 weird and wonderful shows—for free!

# Celebration of Sport in Lachine and Canadiens Alumni Hockey Game

September 24 at the Pierre "Pete"
Morin Arena

# 350th Anniversary Celebrations Closer

December 9 at Saints-Anges Church With Les Boréades, Lachine's Choeur Ambiance choir, and many more











# FOR MONTRÉAL'S 375<sup>th</sup> ANNIVERSARY

# RAMMATION OF SIGNELLE

#### **Urban Sugar Shack**

April 16, 11 a.m. to 4 p.m. at LaSalle Park

Folk music, storytellers, musicians, maple taffy, coffee, and hot chocolate

#### Les petits ruisseaux font les grandes rivières

May 25, 7 p.m. to 9 p.m. at Marina d'escale Park.

A big outdoor concert with the participation of Lachine schools.

#### Cultivons nos racines!

September 30, 12 p.m. to 5 p.m., at Lachine's Public Market.

A series of workshops and presentations on the use of natural resources in North America since the pre-colonial days.

#### La Grande tournée du 375<sup>e</sup> de Montréal

June 9 from 5 p.m. to 11 p.m., June 10 from 9:30 a.m. to 11 p.m., June 11 from 9:30 a.m. to 5 p.m., at Marina d'escale Park, on neighbouring streets and lanes.

An old-fashioned outdoor fair and circus show, a giant picnic, an exhibition that grows, changes, and moves, a postcard from the uture, a block party, performance art in windows and doorways, a live TV show, an outdoor gournet tour, and a moving radio station.

#### On se voisine à Lachine

February 19: Saint-Pierre

June 4 (Parish party): Fort-Rolland District

September 16: Canal District

September 30: J. Emery-Provost District

Tributes to yesterday and today will be acted, played, and sung on balconies, street corners, and in parks in the neighbourhoods of Lachine.

#### **Nocturnes historiques**

On September 16, starting at sunset, in various locations on Boulevard Saint-Joseph.

A nighttime tour hosted by artists and local organizations recounting Lachine's history and, by extension, the history of Montréal.

# Roundtables

# CONCERT'ACTION LACHINE

Concert'Action Lachine is a roundtable for social, intersectoral, and multi-network development, with some fifty stakeholders (representatives from community groups, public and non-profit institutions, and businesses, and Lachine locals) who play an active role in Lachine's social development. The purpose of the roundtable is to identify local issues, drive concerted community action around social development issues, and facilitate information sharing and joint projects in Lachine.

A 2017–2022 Neighbourhood Plan has been adopted!

#### The plan focuses on 5 issues:

- · Improving local access to healthy food
- Improving strategies for reaching out to isolated and vulnerable populations
- Improving quality of life in Lachine's most vulnerable areas: Saint-Pierre, Duff-Court, and Lachine Est
- Increasing access to neighbourhood services and stores
- Improving academic success and integration into society and the workplace

Want to know more?

Visit their website, www.concertactionlachine.com or call 514-300-2045



The 50 yrs.+ Roundtable (Table de concertation des 50 ans et plus) is proud to present a brand new initiative for people 50 years and older living in Dorval–Lachine. The goal of the program is to improve the quality of life of people made vulnerable, fragile, or isolated by their living situation. The program aims to inform these people about the services and resources available to them and encourage, support, and help them take the first steps towards accessing these services and resources.

Many area partners work together to support the initiative, including the Borough of Lachine, the Montréal police force (SPVM), various community organizations, and the West Island University Health and Social Services Centre (CIUSSS-ODIM). Their joint efforts are aimed at informing people about this reality and offering personalized services through a network of "sentinels."

In a March 2015 portrait of the population produced by the Dorval–Lachine–LaSalle Health and Social Services Centre based on data from the 2011 census, there were 3,440 individuals who were 75 years or older living in the area. These statistics indicate that we need to work harder than ever to ensure that our older members of society remain healthy and active.

#### The program aims to:

- Address the problem of seniors' isolation and potentially fragile living situations in Dorval–Lachine
- Identify the people who are 50 years and older and in vulnerable living situations, establish meaningful connections with them in order to understand their needs and help them access the appropriate services
- Assess the needs of this clientele, determine their profile by sector, and make recommendations for service development
- Establish a network of volunteer sentinels trained to identify vulnerable people ages 50 years and older and point them towards appropriate services
- Inform community partners working with this population about the program.

For more nformation: Thurza Dufresne, ARH, Intervenante de milieu, Table des 50 et plus, Dorval-Lachine. 438-397-5272

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# Ressources for People with Disabilities





AlterGo is a group of one hundred or so organizations that offer sports or recreational activities on the Montréal island territory. Its mission is to support social inclusion of people with functional limitations by eliminating barriers to participation in recreation, sports, and culture. To achieve this goal, AlterGo uses four programs: training and expertise, financial support, awards and recognition, and concerted action and representation.

## Have you heard of PANAM organizations?

In 2012, City Council along with the nineteen Borough Councils adopted a policy recognizing PANAM (pan-Montréal) organizations. In adopting this policy, Ville de Montréal recognized the essential contribution of Montréal organizations working to develop and implement sports and leisure activities adapted to the specific needs of Montréalers with disabilities and functional limitations.

Twenty-five organizations applied and were accredited as PANAM organizations for 2016.

For the full list of recognized PANAM organizations, go to:

http://ville.montreal.gc.ca/portal/page? pageid=1576,102333616& dad=portal& schema=PORTAL



## **Universal Accessibility Program**

- A number of our community buildings are accessible (see Borough map)
- An FM assistive listening system has been installed at L'Entrepôt so that hearing-impaired guests can hear shows presented at the venue.
- A universal access circuit has been installed in the Borough Meeting Room at City Hall so that all residents can attend Borough Council meetings. This includes signage, an assistive listening system, access ramps, and accessible washrooms.

Recreational Services Tourism Companion Pass for free access to designated recreational sites. www.altergo.net (in French)

Disabled parking permits: 514-873-7620

Parking or drop-off zone in front of your residence: 514-868-5278

Québec Intercity Companion Card www.federationautobus. com/en/accompanying-card 418-522-7131, ext. 22 Online directory of recreational activities offered by AlterGo member organizations. <a href="https://www.altergo.ca">www.altergo.ca</a> (in French)

Directory of Montréal theatres and movie theatres equipped with assistive listening devices. www.adsmg.org (in French)

Publiphone – Interactive phone service with nearly 350 information guides (in French): 514-277-4401



Home document loans for Montréal library members: 514-872-2901

Free delivery of braille and audiobooks and multimedia documents: Grande Bibliothèque de Montréal, 514-873-4454

Directory of people with limited mobility – Montréal Fire Department: 514-872-3775

Programs for the Disabled and their Families Guide: www.ophq.gouv.qc.ca (in French), 1-800-567-1465

STM Companion Card: www.stm.info, 514-280-8211, ext. 4



Residential Adaptation Program: 1-800-463-4315

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A Bureau du citoyen 📙

1800 boulevard Saint-Joseph Lachine (Québec) H8S 2N4

Monday to Thursday: 8:30 a.m. to 5 p.m. Open Friday: 8:30 a.m. to 12 p.m.

Phone: 311 Fax: 514-634-8164 www.lachine.ca

Partially wheelchair accessible





B Bureaux de la Direction de la culture, des sports, des loisirs et du développement social 2901 boulevard Saint-Joseph Lachine (Québec) H8S 4B7

Phone: 514-634-3471, ext. 302 and 828 Fax: 514-634-8177

Monday to Friday: 8:30 a.m. to 10 p.m. Saturday and Sunday: 8:30 a.m. to 5 p.m. (closed on Sundays in the summer)

C Aréna Martin-Lapointe 183 rue des Érables H8R 1B1

514 634-3471, ext. 826

D Aréna Pierre Pete Morin 1925 rue Saint-Antoine H8S 1V5

🔳 Bibliothèque de Saint-Pierre 🔞 183 rue des Érables Lachine (Québec) H8R 1B1

F Bibliothèque Saul-Bellow 📜 🙆 3100, rue Saint-Antoine Lachine (Québec) H8S 4B8 514 872-5080

G Centre communautaire Albert-Gariépy

800, rue Sherbrooke Lachine (Québec) H8S 1H2 514 634-3471, poste 350

H Centre communautaire Saint-Pierre

69, avenue Saint-Pierre H8R 1P1

Centre de tennis Lachine 1500, rue Remembrance H8S 1W3

J Centre Fernand-Laplaine 183, rue des Érables H8R 1B1 K Chalet de la piscine du parc Michel-Ménard 1830 croissant Roy

L Chalet de la piscine du parc Kirkland 150 rue des Érables

M Chalet des piscines **du parc LaSalle** 475 10<sup>e</sup> Avenue

N Chalet du parc Carignan 4100 rue Provost

O Chalet du parc Dixie 257 54<sup>e</sup> Avenue

P Chalet du parc LaSalle 801 rue Saint-Antoine

<u>California de la lacción de la lacción de la lacción de lacci</u>

[salles de spectacle et d'exposition]
2901 boulevard Saint-Joseph H8S 4B7

R Maison du brasseur

2901 boulevard Saint-Joseph H8S 4B7

S Musée de Lachine 1 chemin du Musée Lachine (Québec) H8S 4L9 514 634-3478

T Port de plaisance 1800 chemin des Iroquois H8S 4J5 514 634-0646, ext. 414

U Salle polyvalente Curé-Piché 170 15° Avenue H8S 3L9

V Vieille brasserie 2801 boulevard Saint-Joseph H8S 4B7

# **Quartier Saint-Pierre**



#### Skate ramp/park Football Splash pad Wading pool Running track Basketball Volleyball X Baseball Tennis 90 **Parks** Bishop-Whelan Carignan Catherine-Soumillard Dalbé-Viau Dixie du Fort-Rolland Grovehill Kirkland Lakeside Academy \* \*\* LaSalle Meadowbrook Michel-Ménard **Paterson**

- \* Reservation required, other rooms are available to rent in various municipal buildings. Information: 514-634-3471, ext. 828 or 302.
- \*\* Slated to open June 2017.

Saint-Louis

# Health Challenge

Municipalities & families

# Let's get fit!

Sign up from March 30 to May 10, 2017 and tell your friends!

www.lachine.ca





## **Bike Paths**

Want to go walking, biking, or rollerblading? Lachine has three great paths, at René-Lévesque Park (3 km), Promenade Père-Marquette (1 km), and along Boulevard Saint-Joseph (3 km). Stop and have a bite at one of the many picnic areas along the paths. Rollerblade rentals and lessons are available at the entrance of René-Lévesque Park.



# COMMUNITY CORNER

Directory of resources, organizations, and partners, and other useful information







# **Emergency Numbers**

Police, firefighters, ambulance: 911 Info-santé (health line): 811 Neighbourhood police: 514-280-0108 Poison control: 1-800-463-5060 S.O.S. violence conjugale (domestic violence helpline): 514-873-9010 • 1 800-363-9010 Suicide Action Montréal: 514-723-4000

#### **DRINKING WATER REGULATIONS** (13-023)



As stated in Montreal's by-laws on the use of drinking water:

- · Watering by hand is permitted throughout the city at all times, as long as it isn't raining
- Watering with a portable sprinkler or soaker hose is authorized only on odd or even dates according to street address. and only between 8 p.m. and 11 p.m., as long as it isn't raining
- Watering with an automatic system is subject to the above conditions (odd/even dates) but must take place between 3 a.m. and 6 a.m.
- The following equipment is prohibited: automatic watering systems that aren't equipped with moisture sensors, and air-conditioning and refrigeration units that aren't equipped with water recirculation systems

For more information, dial 311 or visit Montréal's water service website: ville.montreal.gc.ca/eaudemontreal.

#### **PERMITS AND AUTHORIZATIONS**

For information on permits and authorizations, contact the Borough's permits and inspections division at 514-634-3471, ext. 296, or visit www.lachine.ca. Permits and authorizations are mandatory on all construction and renovation projects.

Permits and authorizations are as follows:

- o Tree felling
- o Balconies, porches, verandas
- o Outbuildings, garages, sheds
- o Certificate of special authorization
- o Demolition
- o Signs, billboards
- o Driveways
- o Fireplaces and stoves
- o New construction
- o Temporary occupancy of a public space
- o Pools



## **GARAGE SALES**

This year, garage sales are allowed on the following days:

- May 20, 21, and 22 (National Patriots' Day)
- June 10 and 11
- August 5 and 6
- September 9 and 10
- October 7, 8, and 9 (Thanksgiving)

No permit necessary.

Only organizations, associations, and other charitable institutions can hold garage sales, bazaars, and the like outside the designated days, and only with Borough authorization.

# Directory of Resources, Organizations, and Partners

#### **FOOD AND CLOTHING BANKS**

#### Carrefour d'entraide Lachine

1176 rue Provost

www.carrefourdentraide.org 514-634-3686, ext. 222 and 228

A sympathetic ear, referrals, second-hand clothing store, community and emergency cooking, food bank, recreational activities, popular education.

#### Meals on Wheels

Central Lachine: 514-634-1075 Western Lachine: 514-637-6805 Provides hot meals for the sick, disabled, and elderly.

Le Relais populaire de Lachine 740 rue Esther-Blondin 514-855-4232, ext. 9

Prepares meals for the disadvantaged, in cooperation with the school network.

#### **SENIORS**



#### Associations offering services, programs, and assistance:

#### The Tea Pot

2901 boulevard Saint-Joseph www.theteapot.org 514-637-5627

Educational, social, recreational, cultural, and community activities, community cooking, hot lunches, accompaniment, transportation, and home support.

#### Centre multi-ressources de Lachine

800 rue Sherbrooke, Suite 206 www.cmrl.ca

514 634-3658

Transportation and accompaniment, friendly calls and visits, safety check-ins, community activities, breakfast talks.

#### **Recreational Associations** (Seniors Clubs):

Club d'âge d'or de l'Annunziata 514-636-4544 Club d'âge d'or Le soleil de Lachine inc. 514-634-0219 Club d'âge d'or Saints-Anges 514-422-1075 Club d'âge d'or Saint-Pierre 514-365-6565 **Club social Or et Argent** 514-769-1883 Le Réveil de Lachine 514-634-8975

#### **VOLUNTEERING**

#### Volunteer West Island

1 rue de l'Église, Sainte-Anne-de-Bellevue www.volunteerwestisland.org

514-457-5445, ext. 222

#### Centre multi-ressources de Lachine

800 rue Sherbrooke, ext. 206 www.cmrl.ca

514-634-3658

#### **CHARITY**

#### La Guignolée de Lachine

2901 boulevard Saint-Joseph 514-634-3471, ext. 348 Annual food and coin drive for the less fortunate during the holiday season.

#### L'Oeuvre soupe maison (Lachine)

1170 rue Notre-Dame 514-469-9954

Provides three hot meals a week (Tuesdays, Wednesdays, and Thursdays) to the less fortunate. May to September. Registration required.

#### **Resurrection of Our Lord**

34 34e Avenue 514-637-2379 Food bank.

#### Society of Saint Vincent de Paul Saint-Pierre-aux-Liens

514-634-3471, ext. 334

Food bank for residents of Saint-Pierre.

#### **SERVICE CLUBS**

**Knights of Columbus of Lachine** 514 639-1776

**Knights of Columbus of Saint-Pierre** 514 364-3567

**Lions Club of Lachine** 514 639-6563

Club Optimiste Lachine Inc. 514 634-9253

**Club Optimiste Saint-Pierre Inc.** 514 365-0101

**Royal Canadian Legion Lachine Branch 85/90** 

514 637-8002

#### **CULTURAL ASSOCIATIONS**

**Airsom Prisme Multiethnic Community Centre** 414 rue Lafleur, Suite 1-10

LaSalle

www.airsomprisme.org (in French) 514 364-0939

New arrivals, referrals, social and linguistic integration, French classes, job search and workplace integration support, parent-child activities and outings.

#### **DIALOGUE**

#### Concert'Action Lachine

735 rue Notre-Dame

info@concertactionlachine.com www.concertactionlachine.com (in French) 514 300-2045

Enhances cooperation between social-development actors; supports and coordinates the community in order to improve the lives of residents with a view to 514 697-4730 social and sustainable development. With:

- · Lachine Borough's urban safety action committee (CASUAL) 514-634-3471, ext. 825
- · Lachine's intercultural reflection and action group (TRAIL)
- · Housing committee
- Education committee
- · Lachine food security working group (GTSAL)
- Dorval-Lachine seniors roundtable
- Lachine youth roundtable
- Dorval-Lachine early childhood roundtable

#### **CULTURE**

#### **Performing Arts**

**Choeur Ambiance Choir** 514 273-7306

**Concerts Lachine** 514 571-0012

Éclusiers de Lachine folk group 514 634-7526

Festival de théâtre de rue de Lachine street theatre festival

514 639-6403

Harmonie de Lachine wind band 514 636-2111

Les productions Multisens inc. 514 639-8019

#### **Visual Arts**

Les Pics-Bois sculpture workshop 514 634-3471, ext. 310

**Vision Photo Club** 

**Lachine Pottery Guild** 514 266-7315

Lachine Weavers' Guild 514 453-0752

**Visual Arts Association** (Société d'Arts Visuels en Direct) 514 634-4459

#### **History and Heritage**

**Lachine Historical Society** 514 634-9508

The Fur Trade at Lachine National **Historic Site** 514 637-7433

Pôle des Rapides (organizer of Lachine's 350th anniversary) 514 364-4490

**Lachine Canal National Historic Site** 514 283-6054

#### **ÉCO-QUARTIER LACHINE**

735 rue Notre-Dame www.grame.org 514 634-7205

GRAME is an organization that promotes environmental awareness among Lachine residents.

#### **EDUCATION**

#### Centres de la petite enfance

Childcare Centres (CPEs) **Lachine CPE** 

514 637-4323

Familigarde de LaSalle CPE 514 595-9955

Le Jardin des Frimousses

514 637-7733

La Petite Caserne

514 634-4787

**Les Petits Pierrots** 514 364-3993

#### **Primary Schools**

**Catherine-Soumillard** 

514 855-4231

Des Berges de Lachine 514 748-4662

Jardins-des-Saints-Anges 514 855-4200

Martin-Bélanger 514 595-2057

**Maple Grove** 

514 637-5868

Paul-Jarry 514 855-4201

Philippe-Morin 514 855-4233

**Très-Saint-Sacrement** 

514 855-4234

Victor-Thérien

514 855-4202

#### **Secondary Schools**

Collège Sainte-Anne (private) (also a CEGEP since 2011)

514 637-3571

Collège Saint-Louis 514 855-4198

École Dalbé-Viau 514 855-4232

Lakeside Academy

514 637-2505

#### **Vocational Training**

Centre d'éducation aux adultes de LaSalle, Boileau Building 514 855-4197

Lachine Centre de formation professionnelle

Dalbé-Viau Building 514 855-4185

La Rive Building 514 855-4189

#### POPULAR EDUCATION, **ADVOCACY**

ACEFSOM (Association d'économie familiale du Sud-Ouest de Montréal) 6734 boulevard Monk, Montréal

www.consommateur.gc.ca/acef-som 514 362-1771

Defending individual and collective rights for a better assessment of consumer choices.

Lachine-LaSalle housing committee

426 rue Saint-Jacques

logement.lachine-lasalle@videotron.ca 514 544-4294

Information and public awareness for renters in need, self-directed popular education, collective defence of rights, one-on-one support.

Social Accompaniment and Mentorship In Lachine:

750 rue Dawson, Suite 111, Dorval www.volunteerwica.com

514 631-9151

#### **EMPLOYMENT SERVICES**

Marquette CJE (Carrefour Jeunesse emploi)

735 rue Notre-Dame www.cjemarquette.qc.ca 514 634-0450

Employment programs and services for teens and young adults age 13 to 35.

Lachine CLE (Centre local d'emploi) 2740 rue Remembrance, Suite 70A 514 634-2425

**Economic and Community Development** Corporation (CDEC) for LaSalle/Lachine

735 rue Notre-Dame

www.cdec-lasallelachine.ca 514 469-0288

Employment and recruitment assistance, economic development, immigration, and local initiatives budget.

Association centre-ville de Lachine 1024 rue Notre-Dame 514 469-0288, ext. 236

The West Island of Montreal Chamber of Commerce

71870 boul. des Sources, Suite 106. Pointe-Claire info@ccoim.ca

514 697-4228

Montreal South-West Chamber of Commerce and Industry

410 avenue Lafleur, bureau 32, LaSalle www.ccisom.ca 514 365-4575

**South-West Montreal Job-Finding Club** (CRE Sud-Ouest de Montréal inc.)

7625 boul, Newman, LaSalle www.cresom.com

514 366-0660

**PME MTL West Island** 7300 autoroute Transcanadienne, Pointe-Claire 514 426-2888

Regroupement affaires Lachine inc. (R.A.L.I.) 735 rue Notre-Dame 514 639-4881

#### **FAMILIES**

Centre jeunesse de Montréal (DPJ - child protection agency) 4675 rue Bélanger, Montréal

www.centrejeunessedemontreal.qc.ca 514 593-3979

Batshaw Youth and Family Centre 191 place Frontenac, Pointe-Claire www.batshaw.gc.ca

514 935-6196 / 514 989-1885

Protection, support, and rehabilitation for child victims of abuse or negligence and for children with behavioural disorders.

Centre multi-ressources de Lachine 800 rue Sherbrooke, bureau 206

www.cmrl.ca

514 634-3658

Parent workshop on early childhood stimulation (0 to 2 years). Parent relief (6 months to 5 years). Growth and development activities (3 to 5 years). Social activities for adults.

#### Fondation de la Visite

www.delavisite.org 514 329-2800

Support and home visits for pregnant women and parents of newborns.

JAME (J'apprends avec mon enfant)

1201 rue Argyle, bureau 203

www.japprendsavecmonenfant.org 514 765-7686, ext. 7017

Promoting a love of reading at home and in schools.

**Big Brothers Big Sisters of West Island** 

www.bbbsofwi.org

514 538-6100

Union des familles de Lachine

800 rue Sherbrooke 514 634-4842

Cultural, sports, and social outings and activities.

#### **WOMEN**

Cercle de fermières de Lachine 514 639-3788

Cercle de fermières de Saint-Pierre 514 634-3471, poste 837

Le Parados inc.

514 637-3529

Support for women and families who are victims of domestic violence.

#### **YOUTH**

#### **Lachine Club Zone**

clubzonedelachine@gmail.com

Computer lab, music, games, and sports for west borough youth ages 12 to 17.

Club Optimiste Saint-Pierre inc. 514 365-0101

- Club Octogone (youth activities) 514 367-1228
- Lachine/Saint-Pierre Youth Bowling League
   514 367-0074

#### **Cumulus**

www.projetcumulus.ca 514 634-5774

Alcoholism and drug addiction (youth and school-aged children).

#### Squadron 686 Lachine-Dorval

www.escadron686.com

514 634-3888

#### **Girl Guides of Canada**

www.guidesquebec.ca 514 933-5839

Summerlea Scouts 514 639-0407

#### La Maison des Jeunes l'Escalier

de Lachine inc. 560 5° Avenue

www.mdjescalier.wix.com/mdj 514 637-0934

In Saint-Pierre:

#### La Caserne des Jeunes

59 avenue Saint-Pierre

lacaserne@hotmail.com

514 634-3471, ext. 822

School programs and interventions, extracurricular activities for children ages 8 to 12. Homework help (by request), activities, sports, outings, cooking workshops, social work

#### **Collective Community Services**

451 de l'Église, Verdun 514 937-5351

Activities and support aimed at community development for Greater Montreal's anglophone population, with a focus on mutual assistance, sharing, and solidarity.

#### **TRAC - Street Work/Community Action** 75 Sir Georges-Étienne-Cartier, Suite 212

75 Sir Georges-Etienne-Cartier, Suite 212 514 939-2122

T.R.A.C delivers general street-level services for people age 12–35. The organization provides

ongoing support in natural settings such as streets, parks, and schools to help people who are alienated from their social setting, and connects them with appropriate resources.

#### **PEOPLE WITH DISABILITIES**

# West Island Association for the Intellectually Handicapped

111 avenue Donegani, Pointe-Claire www.wiaih.qc.ca

514 694-7090

Social and cultural activities.

**AVA-TIL inc.** 387 40° Avenue www.avatil.org 514 634-8944

Integrated services for individuals with mild or borderline intellectual disabilities.

# Club des personnes handicapées du Lac-Saint-Louis

3195 rue Remembrance 514 634-0447

Accompaniment, adapted transportation, health clinics, tax preparation clinics, snow removal, wheelchair loans, meals, computers, board games, handicrafts.

PANAM

#### Corporation L'Espoir

55 avenue Dupras LaSalle

www.corporationespoir.org

514 367-3757

Adapted services for those with intellectual handicaps.

#### **HEALTH**

CLSC de Dorval-Lachine 1900 rue Notre-Dame

514 639-0660

Lachine Hospital 650 16e Avenue

514 637-2351

#### **MENTAL HEALTH**

#### Groupe d'entraide Lachine

1310 rue Notre-Dame 514 639-4941

Group meals; community cooking; supervised housing; social, recreational, and sports activities.

#### Oméga

www.omegacenter.org 514 631-2760

Day centre, open six days a week. Activities, outings, and special events.

# Parents et amis du bien-être mental du Sud-Ouest

www.pabemsom.org 514 368-4824

Services for the friends and loved ones of those suffering from mental illness.

#### Projet suivi communautaire

www.projetsuivicommunautaire.com 514 366-0891

Medium- and long-term one-on-one support for adults suffering from mental illness.

#### **PSYCHOLOGICAL SUPPORT**

#### **Groupe des Aidants du Sud-Ouest**

Dorval, Lachine, LaSalle et Verdun 206-8564 boulevard Newman LaSalle

www.aidantssudouest.org

514 564-3061

groupe desaid ants sudouest @video tron. ca

A sympathetic ear, information and referrals, psychosocial support, talks, and workshops among caregivers.

#### **Nova West Island**

www.novawi.org

514 695-8335

Palliative home care support and support groups for grieving children and adults. A number of volunteer opportunities

# These associations provide referrals to local resources:

# **Agoraphobics Anonymous** 514 368-0338

#### Al-Anon/Al-Ateen

www.al-anon-montreal.org 514 866-9803

#### **Alcoholics Anonymous**

www.aa-quebec.org 514 376-9230

Allô prof (in French) www.alloprof.gc.ca

#### ANEB Québec (anorexia and bulimia)

55 rue Dupras, LaSalle www.anebquebec.com

514 630-0907

514 527-3726

**Montreal Sexual Assault Centre** 

www.agressionsexuelle.com

514 934-4504

**Cocaine Anonymous** 

514 527-9999

Co-dependents Anonymous (DAA)

www.daa-quebec.org

514 990-4744

**Depressed Anonymous** 

514 278-2130

**Drugs: Help and Referrals** 

www.drogue-aidereference.qc.ca

514 527-2626

**Emotions Anonymous** 

www.emotifs-anonymes.org

514 990-5886

Gai Écoute - bilingual sexual orientation and gender identity helpline

www.gaiecoute.org/en

514 866-0103

**Gamblers Anonymous** 

www.gamblersanonymous.org

514 484-6666

Kids Help Phone

1 800 668-6868

KidsHelpPhone.ca

**Parents Anonymous** 

1 800 361-5085

**Narcotics Anonymous** 

www.naguebec.org

514 249-0555

Phobies-Zéro

www.phobies-zero.gc.ca

514 276-3105

S.O.S. violence conjugale -

domestic violence helpline

sosviolenceconjugale.ca

514 873-9010

**Suicide Action Montreal** 

www.suicideactionmontreal.org

514 723-4000

Montreal Island Seniors Roundtable

www.tcaim.org

514 286-8226

Tel-Aide

www.telaide.org

514 935-1101

Tel-Aînés

514 353-2463

Tel-Écoute

www.tel \_ecoute.org

514 493-4484

**Tel-Jeunes** 

www.teljeunes.com

1 800 263-2266

#### **SPORTS AND RECREATION**

Association "Art martial moderne" inc. (martial arts club)

www.artmartialmoderne.com

514 634-3471,ext. 355

Association de baseball amateur de Lachine inc. (amateur baseball association)

www.baseballlachine.com 514 634-3471, ext. 313

Association de basketball de Lachine

(basketball association)

514 634-0058

**Dixie Pool Association Inc.** 

(in season only)

www.piscinedixiepool.com

514 637-6149

Association du hockey sur glace de Lachine inc. (ice hockey association)

www.hockeylachine.com

514 634-2471

**Lachine Rowing** 

www.avironlachine.ca

514 639-0006

**Badminton Lachine inc.** 

www.badmintonlachine.com

514 634-3471, ext. 888

Centre de loisirs de Lachine

(recreational centre)

www.centre-de-loisirs-lachine.com 514 465-2635

- · Recreational activities for all
- Club Déclic Lachine
- Le Phoenix de Lachine day camps

**Western Lachine Recreation Centre Inc.** 

(in season only)

www.crlo-wlrc.ca

514 637-0703

**Lachine Track & Field Club** 

athletismelachine@videotron.ca

514 403-4543

Club de canoë de course de Lachine inc. (sprint canoe club)

www.canoelachine.com

514 634-4402

Club de croquet (croquet club)

514 634-0455

Club de curling de Lachine inc. (curling club)

www.lachinecurling.com

514 637-9521

Club de natation de Lachine (2007) (swim club)

www.clubnatationlachine.com

438 821-6958

Club de patinage artistique de Lachine (figure skating club)

www.cpalachine.com

514 634-0015

Le Marquette de Lachine inc. (raquetball club)

450 632-8905

Lachine SC Soccer Club

www.lachinesoccer.com 514 639-3573

... ...

**Lachine Gymnitours Club** 

www.gymnitours.ca 514 639-6510

Karaté-Do Lachine

calistru@videotron.ca 514 884-4899

L'École de voile de Lachine inc. (sailing school)

www.voilelachine.com

514 634-4326

Les pêcheurs et chasseurs sportifs du Lac-Saint-Louis inc. (sports fishing and hunting club)

514 634-3908

#### **NEIGHBOURHOODS**

# Saint-Pierre integrated urban revitalization committee

183 rue des Érables

www.revitalisationsaintpierre.blogspot.com 514 365-7000

Engages citizens, social and cultural stakeholders, and corporations. Supports activities and projects with the potential to improve resident quality of life and revitalize the neighbourhood.

# **Duff Court Neighbourhood Committee** (COVIQ)

1830 rue Duff Court 514 634-5055

Homework help, handicrafts, family workshops, community cooking, youth activities, intercultural interventions, parent relief, outings, tax preparation clinics, second-hand clothing store (intermittent).

#### **Canine Family of Lachine**



chiens.lachine.dogs@gmail.com 514 634-3471, ext. 517

Manages the dog park on rue Victoria (near 28e Avenue)

La P'tite maison du quartier Saint-Pierre 41 avenue Ouellette

41 avenue Ouellette 514 544-1319

«Bonne boîte, bonne bouffe» fruit-and-veggie boxes, coffee 'n' conversation, second-hand clothing store, drop-in daycare, popular education workshops, and monthly community cooking sessions.

#### Saint-Pierre Market

59 avenue Saint-Pierre 59saintpierre@gmail.com 514 439-3353

Neighbourhood grocery, emergency and community cooking, meeting and popular education space.

OBNL Regroupement de Lachine

735 rue Notre-Dame

Seven community organizations under the same roof.

# PRIVATE BUSINESSES OFFERING RECREATION SERVICES IN LACHINE\*

Art Premier

514 538-3755

www.artpremier.info

Cardio Plein Air

514 707-2050

www.cardiopleinair.ca

Centre musical de Lachine

L'Oreille Musclée

514 418-1511

www.loreillemusclee.com

Cubaritmo

514 639-6780

www.cubaritmo.ca

**Studio Avenue Dance School** 

514 300-5018

www.studioavenue.ca facebook.com/studioavenue.lachine

**Empire Fitness Lachine** 

514 886-3164 Empirefitnesslachine@gmail.com

Spinning Rossi 514 910-4240

Studio Panache

514 538-6599

www.studiopanache.ca
Swet Performance Entraînement

514 634-7938

Viveka Yoga

514 634-2200 www.vivekayoga.ca

\* If you'd like to be on this list, call us at 514-634-3471, ext. 302

# GOOD NEWS -RECREATION IN THE MAKING



#### **LASALLE PARK**

# Kirkland and Michel-Ménard Pools Are Being Refurbished!

As part of Montreal's aquatics program, the facilities will undergo maintenance and refurbishment in 2017:

#### **Kirkland Pool - Spring 2017**

Concrete repaired, pool painted.

#### Michel-Ménard Pool - Fall 2017

Pool basins, plumbing, and concrete deck will be refurbished and brought up to standard.

# LaSalle Park Baseball Stadium Refurbishment:

- The infield will be completely redone, including the drainage and irrigation system
- · Sportsfield-quality topsoil and grass will be installed
- The scoreboard will be replaced
- The entrance to the stadium will be renovated, street furniture will be installed, and new plants will be added
- · New fences will be installed

The stadium will be renamed Denis Boucher Stadium at the inauguration ceremony in June 2017.

#### **Tennis Courts**

Expected to re-open June 2017

- New schedule
- Open courts, individual lessons, group lessons, leagues



#### **Soccer Fields**

The soccer fields in Dalbé-Viau, Carignan, and Kirkland parks are getting a makeover.

Scheduled to open June 15.

# MANDATORY REGISTRATION OF DOGS AND CATS

Permits are mandatory for all dogs and cats in Montreal (see by-laws 16-060 and 16-065).

Pet registration forms are available online and at all city service locations • Phone: 311

#### **Animal Control By-Law**

Out of respect for all residents, the by-law establishes certain rules of conduct for dog owners.

- Dogs must be on a leash at all times (leashes must be at least 1.8 m, or 1.25 m for pit bulls) unless they are on a fenced property. (6 ft. minimum)
- At all times, your dog must wear an identification tag for the current year issued by the city. When pets run away, the identification tag often ensures their safe return home.
- Dog owners must pick up their pet's excrement using a bag and dispose of it properly.
- Dogs are generally prohibited in parks, playgrounds, and public spaces, except for the following locations:
  - o Promenade du Rail between 10° Avenue and 29<sup>th</sup> Avenue and between Rue Victoria and Rue William-MacDonald, from 6 a.m. to 11 p.m.
  - o The park on 55° Avenue at the corner of Highway 20, from 6 a.m. to 11 p.m.
  - o The park on rue Victoria at the corner of 40° Avenue, from 6 a.m. to 11 p.m.
  - o Stoney Point riverside park between 45° Avenue and 56° Avenue from 6 a.m. to 10 a.m. and 6 p.m. to 10 p.m. (April 16–October 14)
  - o The dog park at the corner of Rue Victoria and 28° Avenue
  - o The riverside area that runs along the pedestrian path, with the exception of René-Lévesque Park (October 15–April 15)

#### **Dog Parks**

Lachine has two dog parks. One is located on Rue Victoria near 28° Avenue. Access is for Famille Canine Lachine members only, as the group has been mandated by Lachine Borough to manage the park.

Open every day from 7 a.m. to 10 p.m. • Registration: 514-634-3471, ext. 517 <a href="mailto:chiens.lachine.dogs@gmail.com">chiens.lachine.dogs@gmail.com</a>

The other dog park is in Roger-Richer Park in Saint-Pierre.

Open every day from 7 a.m. to 10 p.m. • Everyone welcome

## **ÉCO-QUARTIER LACHINE**

Together with Lachine Borough, GRAME is responsible for the Éco-quartier program.

Contact Éco-quartier about:

- 3R-R initiatives (reduce, reuse, recycle, and reclaim)
- Cleanliness (neighbourhood clean-ups)
- Gardening
- Bringing nature into the city (tree distribution)

GRAME-Éco-quartier Lachine, 735 rue Notre-Dame • 514 634-7205

www.grame.org and www.Facebook.com/GRAME (in French)

Hours: • Monday, Tuesday, Thursday, and Friday, 10 a.m.-4 p.m.

• Wednesday 10 a.m.-8 p.m.

Spring is here! Éco-quartier Lachine is holding neighbourhood clean-ups on the riverbank on April 22 (Earth Day) and in Saint-Pierre on April 29. Sign up for a clean up or start your own with support from Éco-quartier; operation@grame.org 514-634-7205.

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## **COLLECTION SCHEDULE**



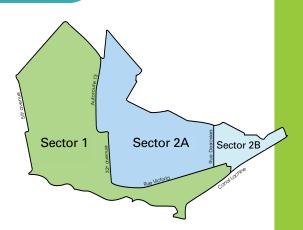
#### Recycling

- Sector 1: Mondays (all year)
- Sector 2: Thursdays (all year)



#### **Household Garbage**

- Sector 1: Fridays (all year)
- Sector 2: Tuesdays (all year)





#### **Oversized Items**

Oversized items are picked up on the first garbage day of each month (Friday for sector 1, Tuesday for sector 2). Please don't put electronics (TVs, computers, telephones, etc.) on the curb with your oversized items, they will not be collected. Two special collection days for electronics are held at the Borough technological centre, Centre technique de l'arrondissement, at 2200 rue Saint-Antoine on May 20–21 and October 7–8.



#### **Yard Trimmings**

Sector 2 B: Wednesdays, April 12–December 6

#### **PLEASE NOTE:**

- Plastic bags, even if they're biodegradable or compostable, cannot be used for yard trimmings. Please use paper bags or put them directly in garbage cans.
- To help reduce the spread of the emerald ash borer, branches are collected separately. To find out how to dispose of branches, dial 311.



## Moving Forward with Organic Waste Collection

Organic waste collection will be expanded in 2017. Last year organic waste was collected in the area west of 32° Avenue (sector 1).

This year we'll extend organic waste collection to the area east of 32° Avenue (sector 2A, shown in the above map). Saint-Pierre (sector 2B) will be added in the final expansion phase. Organic waste is collected every Wednesday (year-round).

Plastic bags, even if they're biodegradable or compostable, cannot be used for compost. Please use paper bags or newspaper or put compost directly in your brown bin.

