

How can mould problems be prevented?

Discover various ways to protect your health, your furniture and your home by following this practical advice.

Nowadays, our homes can be extremely airtight – which is all well and good, as they shield us from the elements. Household moisture can cause mould, however, particularly in the wintertime when the windows are closed and the cold produces condensation.

Simply put, never let mould spread inside your home. It can cause respiratory problems and damage your home and furniture, to say nothing of the noxious odour it gives off.

The following pages review situations that most often lead to excessive moisture. Learn about how mould can grow in each room in a home and what you can do to avoid it.



DID YOU KNOW?

Each day, a family of four releases 10 to 50 litres of water vapour into their environment simply by breathing and carrying out day-to-day activities.