

WORKSHOPS DETAILS – ADULTS

Baladi

Instruction in various styles of baladi, a Middle Eastern dance that traces its origins to Egypt. This class is aimed at women of all ages.

Calligraphy

Instruction in cursive (italic), a style of handwriting that originated during the Renaissance, as well as in various aspects of "the art of fine writing": alphabets, quills (pens), inks, paper, colours, alphabet primers, embossing, layout, decoration. Cost of materials: approx. \$40.

Chair Yoga

Class adapted to people with physical limitations due to age, illness, a disability, an accident or merely a number of years of inactivity. This therapeutic yoga program is designed to improve or maintain your health. Participants must bring their own yoga mat.

Contemporary Painting (acrylic) – Levels 1 and 2

Instructions on the combination of colours and chromatic effects through the application of simple principles. Cost of material: approximately \$40.

Contemporary Painting (acrylic) – Levels 2 and 3

Learn principles of colour combinations and colour effects by experimenting with simple principles. These classes are for participants who already have a basic knowledge of contemporary painting and want to develop their personal expression as well as their creativity. Material: approximately \$45.

Contemporary Painting – Mixed Techniques – Levels 1 and 2

Instruction on colour-mixing principles and chromatic effects through experimentation. This course is intended for participants who already have basic knowledge of contemporary painting and who are intent on developing their personal expression skills and creativity. Cost of materials: approximately \$45.

Contemporary Painting – Mixed Techniques – Level 3

Instruction on contemporary painting techniques and on other media during a workshop that encourages personal artistic expression. Exploration of themes, and instruction on composition techniques, and on creating harmony with colours and shades. This course is intended for participants who have basic knowledge and techniques in contemporary painting. Cost of materials: approximately \$45.

Crochet and Knitting

Instruction in various crochet and knitting techniques, leading to the making of clothing and decorative items. Cost of materials: approx. \$25.

Drawing and Acrylic Painting – Levels 1 and 2

Instruction in and practice of various observational drawing and acrylic painting techniques (colour, contrast, composition and perspective). Cost of materials: approx. \$40.

Drawing and Modelling – Live models

Drawing workshop in 10 sessions using live models. Cost of 5\$/week plus modelling fees divided among all participants.

Icons – Egg Tempera

Instruction in a specific, antique type of painting using a technique whereby participants create a painting, which traditionally features religious themes, applied on a wooden board. Cost of materials: approx. \$50.

Illuminated letters

Instruction in the art of decorative letters. A trip back in time through the use of colour, paper, gouache and gold leaf. This art will offer participants a glimpse into the Celtic, Romanesque, Gothic, Humanist and modern historical periods. Cost of materials: approx. \$50.

Observational Drawing – Levels 1 and 2

Instruction in and practice of various observational drawing techniques.

Oil painting – Level I

Instruction on basic oil painting techniques. Among other things, participants will learn how to draw and paint landscapes and still-life nature. The instructor will introduce the materials and explain the roles of different solvents and varnishes. Participants will produce still-life nature works and landscapes inspired by modern masters. Cost of materials: approximately \$45.

Oil painting – Levels I and II

Instruction on basic oil painting techniques. The participants will learn, among other things, how to draw and paint landscapes and still-life nature. They will also learn the rules of composition based on sketches, and will work with oil to create a work. Still-life nature and landscapes will also be taught. Cost of materials: approximately \$45.

Oil painting – Level II

This course is intended for participants with basic oil painting knowledge and techniques. Participants will learn new drawing and composition techniques. Cost of materials: approximately \$45.

Oil painting– Level III

This course is intended for participants with basic oil painting knowledge and techniques. Participants will learn new drawing and composition techniques and will strive to expand and improve their skills with figurative compositions, portraits, and urban scenes. Different creative techniques will be explored including painting with spatulas, glaze, and different textures. Cost of materials: approximately \$45

Painting on porcelain

Customized classes to learn how to paint on porcelain. In perfecting the techniques of this ancient art, you will discover the pleasure of painting while adapting traditional models or even better, creating your own contemporary decors.

Pottery, Shaping, Turning, Ceramics

Instruction in various artisanal techniques that will allow participants to explore and practice with clay, in a workshop that favours creativity.

Sewing

Step-by-step instruction on how to sew an item of fashion, based on a commercial pattern and adapted to body shape. Students may also learn how to make decorative items for the home. Cost of materials: approx. \$25.

Stained Glass

Instruction in various steps leading to the creation of stained-glass pieces. Techniques in copper foiling, leading, painting on glass and fusing will be taught. Cost of materials: approx. \$35 for beginners.

Stone Carving

Instruction in basic stone carving techniques, inspired by Inuit art, in a workshop that favours creativity. Cost of materials: approx. \$35 for beginners.

Yoga

Class in traditional yoga, aimed at improving participants' health and fitness while encouraging relaxation. "Participants must bring their yoga mats.

Watercolor

Instruction in painting with watercolours, noted for their transparent quality. Cost of materials: approx. \$75 for beginners.

Wood Sculpting

Instruction in basic wood sculpting techniques. Cost of materials: approx. \$25.