APPLICATION FORM

SAINT-LAURENT / LETHBRIDGE 2019
2019 EXCHANGE TRIP

History

Saint-Laurent has been twinned with the City of Lethbridge in Alberta since 1967. Every year, an exchange trip is organized for the residents of the two communities. The participants' age group varies from year to year, and so sometimes the exchange trip is offered to 14-16-year-old teens and other times, to adults age 55 and over.

In 2019, 14-16-year-olds will have a chance to take part in this program.

Dates of exchange trips

Trip to Lethbridge:	June 26 to July 3, 2019
Trip to Saint-Laurent:	August 7-14, 2019

What does this exchange trip involve?

Participants from Saint-Laurent are first twinned with those from Lethbridge, based on their common interests.

The visitors stay at their twin's home for one week. The exchange begins with the Saint-Laurent delegation's stay in Lethbridge (June 26 to July 3, 2019), and is then followed by the Lethbridge participants' visit to Saint-Laurent (August 7-14, 2019).

During each of these weeks, group activities are organized to provide the visitors with an opportunity to get to know one another and discover the region. The program consists of both organized activities and free time. When no group activities are planned, the participants are entertained by their "twin". Two days of free time are scheduled during each stay.

Terms and conditions

- The participant must:
  - be a resident of Saint-Laurent
  - be aged between 14 and 16
  - be a Canadian citizen or permanent resident
  - be available June 26 to July 3 and August 7-14, 2019
  - be able to provide accommodations (bed in a private bedroom) to his or her twin

- The Borough of Saint-Laurent and the City of Lethbridge cover the costs of airplane tickets, public transportation, touring activities and meals during group excursions.

- One employee and one elected official from Saint-Laurent accompany the participants to Alberta and can be reached at any time in case of emergency.

- The selected participants are twinned with Lethbridge participants based on their interests.

- The exchange trip program includes physical activities and is recommended only for participants in good health.

- Residents who have already participated in an exchange trip are not eligible.

- Basic knowledge of English is necessary in order to participate in the exchange trip.

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- Age group: Teens ages 14 to 16
- Visit to Lethbridge: Wednesday, June 26 to July 3, 2019
- Visit to Saint-Laurent: Wednesday, August 7-14, 2019

GENERAL INFORMATION

Last name		First name
◯ Male ◉ Female	Date of birth	
School attended / Academic level		
Occupation		
Address		
Postal code	Telephone no.	Cellphone
Languages spoken		
Email		
Are you a Canadian citizen? ◯ Yes ◯ No / If not, what is your status?		

IN CASE OF EMERGENCY
Person to contact

Last name	First name
Telephone no.	Cellphone
Address	
Relationship to participant	

SÉCURITÉ

Has the candidate ever been in trouble with police or judicial authorities?	◉ Yes ○ No
If so, please specify:	
The Borough of Saint-Laurent will make sure that the adults living at the same address as the participant have no criminal record. The City of Lethbridge will conduct the same background checks of its own potential participants. If you agree to these background checks, please complete the section below. Refusal to provide this information will automatically disqualify exchange trip applicants.	
Names and dates of birth of all adults (over 18 years old) living at the same address as the participant:	

Male or female?	First name	Last name	Date of birth (dd/mm/yyyy)

HEALTH

The exchange trip program includes many physical activities and is recommended only for people who are in good health.
Are you able to walk for long periods of time and participate in outdoor activities? ☐ Yes ☐ No
Do you have a disability? ☐ Yes ☐ No If yes, please specify:
Do you suffer from allergies? ☐ Yes ☐ No If yes, please specify:
Do you follow a special diet? ☐ Yes ☐ No If yes, what type:
Do you have any other important information to give us about your health?

PREFERENCES AND INTERESTS

Your answers to the following questions will help us choose a "twin" for you with interests similar to your own.

What countries or provinces have you already visited?
Are you a member of any clubs or associations? If so, which ones?
What are your favourite leisure activities?
What types of outings do you prefer?
What types of music do you listen to?
What places or activities would you suggest that our visitors discover, in both Saint-Laurent and Greater Montréal?

LOGISTICS

Are you sure that you will be available for the dates scheduled for the exchange trip? • Lethbridge visit: June 26-July 3, 2019 • Saint-Laurent visit: August 7-14, 2019	☐ Yes	☐ No
Have you ever taken part in organized group trips?	☐ Yes	☐ No
Does your family have a closed bedroom to accommodate your visitor?	☐ Yes	☐ No
If not, what type of accommodations do you have to offer?		
Does your family have a car?	☐ Yes	☐ No
If not, how do you intend to get to the various meeting points (for example, to Borough Hall)?		
Do any children live with you? (If so, specify age and whether they are male or female.)		
Are there any smokers in your home? If yes, please specify:	☐ Yes	☐ No
Would you object to being twinned with a family that includes someone who smokes?	☐ Yes	☐ No
Are there any pet animals in your home? If yes, please specify:	☐ Yes	☐ No
At what telephone number(s) can we reach you in the days leading up to the departure? (for example: at your cottage, cellphone, etc.)		

MOTIVATION

Tell us in a few lines why you want to take part in this exchange trip.

CONSENTEMENT

I consent to having my personal information forwarded to the coordinators of the exchange trip between Saint-Laurent and Lethbridge. This information will be used to better match participants.	
Applicant name and signature	Date
Tutor or parent name and signature	Date

Please return this form <u>by 4:30 p.m. on Friday, May 17, 2019 at 4:30 p.m. at the very latest:</u>

By mail, in person or by email:
Saint-Laurent Borough Hall
c/o Michelle Jirava
Communications Officer
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